Tech 101-A Self Awareness
Module 1: Course Structure

1. Core Values (possible timeline)

   - Review linked documents
   - Take Core values assessment
   - Identify top 10 core values
   - Filter 10 values to top 3 values/ use decision matrix or pairing methods
   - Create a personal Missions statement
   - Find similar company mission statement

   Exam /Lab /Project

2. Learning Styles (possible timeline)

   - Review supporting documentation
   - Identify student learning styles via assessment provided
   - Review learning styles used in classroom
   - Create a plan to update learn styles to align with classroom

   Exam/Lab/Project

3. Critical Thinking/ Problem Solving (possible timeline)

   - Review cognitive portion of Blooms taxonomy
     - Remembering
     - Understanding
     - Applying
     - Analyzing
     - Evaluating- identify Unit 3- test strategy
     - Creating- identify Unit 4- project

   - Review Problem solving processes
     - Review Plan-do check-act
     - 8 D's
     - (optional) FMEA's

   Exam/Lab/Project

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4. Becoming a Self-Directed Learner (possible timeline)

- Lassi
- The Four Step Process
- Applying Strategies and Monitoring the Progress
- Evaluating your Learning
- Time Management

Exam/Lab/Project

5. Coping with Anxiety

- Definition of anxiety (including test anxiety)
- Case study analysis
- Coping mechanisms

Exam/Lab/Project

6. Diversity (possible timeline)
- Review conduct policy at HFC
- Review no tolerance policy
- Review rights and policy in industry
- Quiz on reviews Final

Exam/Lab/Project

7. Final (possible timeline)
- Review info from prior Units
    - Core values
    - Learning Styles
    - Critical Thinking
    - Self-Directed Learning
    - Coping with Anxiety
    - Diversity
- Take Final

Exam/Lab/Project

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