Tech 101-A Self Awareness

Unit 1-1: Assessing Core Values

STUDY GUIDE

1. Review supporting articles
   - Included YouTube video: [https://www.youtube.com/watch?v=Kz__qGJmTMY](https://www.youtube.com/watch?v=Kz__qGJmTMY)

2. Take assessment on Core values

3. Identify top 10 Core Values per the pdf

4. Filter down to top three

5. Create a personal mission statement based from core values (using above three values)
   - Includes using three top core values into a three sentence summary – like a job description on the top of a resume
   - Examples are:

6. Identify the core values of specific companies in your industry by reviewing company mission statements.

7. Write a reflective response on how your core values will assist you when working in industry.
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