Tech 101-A Self Awareness

Unit 1-4: Self-Directed Learning

STUDY GUIDE

1. Review course structure.

2. Study chart on the Stages of Development in Becoming a Self-Directed Learner found at:

3. Review the handout on the Self Directed Learning 4 Step Process. Write a reflective journal on how the self-directed learning process could benefit you not only in your studies, but in your future career (in industry).


6. Review the “Seven Agreements in SDL” found at http://www.selfdirectedlearning.com/index.php/becoming-self-directed/activity-6-the-seven-agreements-in-self-directed-learning. Perform the activities found under each agreement and submit to your instructor.

7. Answer questions on Self-Directed Learning Worksheet and submit to instructor for assessment.

8. Take Self-Directed Learning Quiz (in lab) and submit to instructor.

9. Create a learning contract and submit to instructor. Meet with instructor to discuss goals/values outlined in the contract and decide if they are achievable or if they may need revision.
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