

# Climbing wooden poles

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Class: ELT 201 \_\_\_\_\_ Date: \_\_\_\_\_

Test #: \_\_\_\_\_ Results: \_\_\_\_\_

Carefully read each question, and circle the letter next to the correct answer.

1. A fall arrest belt functions as a \_\_\_\_\_.
  - a. Positioning lanyard
  - b. Pole cinching system
  - c. Body belt
  - d. Fall restraint
  
2. A device used as a secondary safety belt when climbing over obstructions is a \_\_\_\_\_.
  - a. Fall arrest belt
  - b. Fall restraint belt
  - c. Positioning lanyard
  - d. Body belt
  
3. Gaff guards protect the \_\_\_\_\_.
  - a. Gaffs
  - b. Climber
  - c. Boots
  - d. Fasteners

4. Tools must never be carried in your belt \_\_\_\_\_.
  - a. Directly over the hip bone
  - b. On the fall arrest belt
  - c. On your shoulder
  - d. Directly behind the spine
  
5. Climbing equipment should be inspected \_\_\_\_\_.
  - a. Weekly
  - b. Monthly
  - c. Yearly
  - d. Before each use
  
6. Why is it important to “sound” a pole (strike it with a hammer) before climbing?
  - a. To determine its age
  - b. To check the softness of its shell
  - c. To determine if the core is solid
  - d. To determine if it is firmly set in the ground
  
7. What is the most important measurement on a body belt?
  - a. D-size
  - b. Length
  - c. Width
  - d. Diameter
  
8. The rescue of an injured, incapacitated, or unconscious worker, who must be secured and safely lowered to the ground is \_\_\_\_\_.
  - a. Pole top rescue
  - b. Bucket rescue
  - c. First aid
  - d. Cardiopulmonary resuscitation

9. Before climbing a pole you must \_\_\_\_\_.

- a. Visually inspect it
- b. Sound it
- c. Make sure it is stable
- d. All of the above

10. A properly rated rope of at least one half inch in diameter that is used to secure and lower an injured worker during a pole top rescue is \_\_\_\_\_.

- a. A p-line
- b. A bull rope
- c. A fall arrest line
- d. A rescue line