Skills Prep

Tina Jones is a pleasant, 28-year-old African American woman who presented to the emergency department for evaluation of a right foot injury and is admitted for IV antibiotics. She is now admitted to your unit for care.

Learning Objective

Practice nursing skills and documentation with Tina Jones. Continue to work on your communication skills and developing your physical assessment skills

Getting Ready

1. Immobility often leads to numerous complications for a patient. Based on Tina’s health history and medical orders, what are two interventions you could implement to decrease complication due to immobility?
2. Based on what you know about Tina, what would you be alert for when assessing her vital signs?
3. You are taking Tina’s vitals, the temperature reading you get is in Celsius. How will you convert it to Fahrenheit?
4. Tina is a Type II Diabetic according to her health history. List three (3) lab values you would always want to monitor when caring for this type of patient? Why?

1.

2.

3.

1. Tina may request to have her blood glucose checked. Explain how you would complete this procedure?
2. As the nurse, you will often need to administer different kinds of medications. What are the Six Rights of Administration that you should always follow?

1. 4.

2. 5.

3. 6.

1. Tina also has a wound to her foot. List four (4) things you need to be sure to document on concerning Tina’s wound.

1.

2.

3.

4.

Print Screen Shot of Lab Pass

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Skills Prep – Answer Key

Learning Objective

Practice nursing skills and documentation with Tina Jones. Continue to work on your communication skills and developing your physical assessment skills

Getting Ready

1. Immobility often leads to numerous complications for a patient. Based on Tina’s health history and medical orders, what are two interventions you could implement to decrease complication due to immobility?

PT/OT consult

Assistive devices

Repositioning

Increase Fluid intake

1. Based on what you know about Tina, what would you be alert for when assessing her vital signs?

Family history of Hypertension

Fever showing a sign of infection

Elevated Heart Rate or Reparations indicating pain

1. You are taking Tina’s vitals, the temperature reading you get is in Celsius. How will you convert it to Fahrenheit?

°C  x  9/5 + 32 = °F

1. Tina is a Type II Diabetic according to her health history. List three (3) lab values you would always want to monitor when caring for this type of patient? Why?
   1. Blood Glucose—to see if their glucose in their blood is too low, too high, or in the range it should be.
   2. HgbAc1—this helps to determine your average blood glucose over an 8 to 12 week period. It measures the glucose concentrations in the blood.
   3. Fasting Glucose- to see what your blood sugar is before you have any food in your system.
   4. Urinalysis- to check for ketone’s and protein
2. Tina may request to have her blood glucose checked. Explain how you would complete this procedure?
   1. Wash hands
   2. Remove test strip from container
   3. Place test strip in meter
   4. Cleanse finger with alcohol
   5. Poke preferably side of finger with lancet
   6. Squeeze finger gently until drop of blood forms
   7. Touch test strip to blood
   8. The meter will read blood glucose
   9. Record results.
3. As the nurse, you will often need to administer different kinds of medications. What are the Six Rights of Administration that you should always follow?

1. Right Person 4.Right Dose

2. Right Drug 5. Right Route

3. Right Time 6. Right Documentation

1. Tina also has a wound to her foot. List four (4) things you need to be sure to document on concerning Tina’s wound.

1. size

2. location

3. color/stage/drainage

4. Odor/No odor documented

5. Condition of the wound

6. Pain level of wound

7. Signs and Symptoms of infection

Print Screen Shot of Lab Pass

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