Helen's physical and chemical exam results are recorded in the requisition below. Please scroll down to complete this lesson being sure to answer all the test questions (then check answer) as you go through it. When you are done, download a copy of the report form, fill in the microscopic exam results and either hand it in (if you are on campus) or upload it (if you are online).

| Routine Urinalysis |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Patient Name: Helen Humphries |  |  | ID Number: NA |  |  |  |  |
| Collected: 9/24/15 11:00 am |  |  | Received: 9/24/15 11:04 am |  |  |  |  |
| Macroscopic (Physical) Exam |  |  |  |  |  |  |  |
| Color Yellow |  |  |  | Clarity Cloudy | Specific Gravity by Refractometer |  |  |
| Chemical Exam |  |  |  |  |  |  |  |
| Glucose negative |  | Bilirubin negative |  | Ketones negative | SpecificGravity1.010 |  | Blood negative |
| pH 6.0 |  | Protein negative |  | Urobilinogen 0.2 | Nitrite positive |  | Leukocytes large |
| Circle the abnormal dipstick results |  |  |  |  |  |  |  |
| Microscopic Exam |  |  |  |  |  |  |  |
| Low Power Exam - Casts |  |  |  |  |  |  |  |
| Hyaline |  |  | Granular |  | Waxy | Broad |  |
| RBC/Hemoglobin |  |  | WBC |  | Epithelial Cell | Fatty |  |
| High Power Exam |  |  |  |  |  |  |  |
| Squamous Epi <br> None occ small mod large TNTC |  |  | Transitional Epi <br> None occ small mod large TNTC |  |  | Renal Tubular Epi None occ small mod large TNTC |  |
| RBC |  |  | WBC |  | Present | BacteriaOcc small mod large |  |
| Sperm Absent | Present |  | Crystals |  |  | Other |  |

Click here to download a copy of this report form

## Helen Humphries Low Power Examination (10x)

Observe the following 10 low power fields(numbered 1-10) to determine your low power microscopic results.
Field \# 1


Show/hide comprehension question...

Value: 1
A1: Please identify the upside down $L$ in the blue box.
a. mucus
b. squamous epithelial cell
c. hyaline cast
d. WBC cast
e. artifact

Field \#2:


Show/hide comprehension question...
Value: 1
A2: Identify the object running diagonally through the green circle
O a. mucus
O b. fatty cast
O c. hyaline cast
od. transitional epi
O. fiber artifact

Field \#3


Show/hide comprehension question..

Value: 1

$$
\begin{aligned}
& \text { A4: A. Do you see any casts in the green square? } \\
& \text { O. a. yes } \\
& \text { b. no } \\
&
\end{aligned}
$$

Show/hide comprehension question...

Value: 1

| A4: B. How many do you see? |
| :--- |
| O a. 1 |
| O b. 2 |
| O c. 3 |
| O d. 4 |
| O. more than 4 |

$\square$

Field \#4


Show/hide comprehension question...
Value: 1

$$
\begin{aligned}
& \text { A5: What is the large item you see in the yellow box (I am not referring to } \\
& \text { the edge of the well at the bottom)? } \\
& \text { O a. hyaline cast } \\
& \text { b. waxy cast } \\
& \text { c. granular cast } \\
& \text { d. broad cast } \\
& \text { e. artifact }
\end{aligned}
$$

Field 5:


Field 6


Field 7


Field 8: (z-stack)


Field 9 10x Z2


Field 10 10x z3 Click Here to see the focusing video of this Z-stack


Please complete the low power report and then move on to the high power images and questions.
Show/hide comprehension question...

Value: 1
A. Do you see any casts in this video? If so, how many?

> O a. No, 0
> O b. 1
> O c. 2
> O d. 3-4

O e. 5 or more

Check Answer

## Show/hide comprehension question.

Value: 1
After viewing the 10 low power fields, what would you report for the number of casts seen in Helen Humphries' urine specimen?

O a. None seen
O b. 0-1
O c. 1-4
O d. 3-5
O e. 6-10
O f. 10-20
O g. greater than 20

Helen Humphries High Power Examination (40X)
Identify each of the following selected images:
Show/hide comprehension question...
Value: 1
A1: What are the 2 cells shown below?
O. a. 1 WBC and 1 RBC

Ob. 2 renal tubular epithelial cells
Oc. 2 RBC
Od. 2 WBC
Oe. 2 starch granules
$\qquad$


Show/hide comprehension question...

Value: 1
In the image below there is a faint line going from the bottom right of the image to the top left. Do you think you need to focus all the way out to see this image?
O. yes

Ob. no


Show/hide comprehension question...
Value: 1
A3: In the image below, what would you identify this cell as even though it is blurry?

O a. renal tubular epi
Ob. transitional epi
O c. squamous epi
O d. WBC
Oe. Hyaline cast


## 10 High Power Fields

Carefully observe and count the items in each high power field to complete the lab report on Helen Humphries. Answer each question as it appears and check answer before you move on.
Field 1 Z3: Click here to see the video of this Z-stack.
Please notice how the cells that are not in focus will come in focus as the fine adjustment knob is moved up and down. Make sure to count all cells even though they may be out of focus in some planes but in focus in others.


Field $2 \mathrm{z1}$ Cick here to focus up and down on this z-stack.


Show/hide comprehension question...
Value: 1
What term would you use to describe the amount of bacteria present on this field?

O a. none
Ob. occasional
Oc. small
O d. moderate
O e. large

Field 3:


Field 4


Field 5 and 6

Page 1


Field 7 and 8


## Field 9 and 10



Show/hide comprehension question
Value: 1
After observing the 10 high power fields, what would you report for the number of WBC present?

O a. None
O b. 0-2
O c. 2-5
O d. 5-10
O e. 10-25
O f. $25-50$
O g. $50-100$
$\qquad$

Show/hide comprehension question...
Value: 1
Did you see WBC clumps?
On. yes
Ob. no

## Show/hide comprehension question...

## Value: 1

What would you report for squamous epithelial cells?

## O a. none

Ob. occasional
O c. small
O d. moderate
O e. large

Check Answer

Show/hide comprehension question...
Value: 1
Please select which of the following you would report as present in this urine specimen. You may select all, some or none.
[mark all correct answers]
$\square$ a. amorphous urates
$\square$ b. amourphous phosphates
$\square$ c. renal tubular epithelial cells
$\square$ d. transitional epithelial cells
$\square$ e. crystals
$\square$ f. sperm
$\square$ g. yeast
$\square$ h. mucus

Please complete the microscopic report on the Helen Humphries lab report form (above) and either upload it or hand it in during class.

After finishing this lesson, complete the form below:


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All pictures are available for OER use. Module export is also available in ePub format.
The case study lesson provides z-stack photos created using a Panoptiq digital microscope
and step by step process for urine analysis. Access to video is in process with a ongoing
Panoptiq company partnership.
```

