

Best Practices in Online Career Coaching

Laura Pasquini

Academic Counselor and
Instructor, Office for
Exploring Majors, University
of North Texas



Laura Pasquini Bio

Laura Pasquini is currently an academic counselor and instructor for the Office of Exploring Majors at the University of North Texas. She just completed her term as the Global Community for Academic Advising (NACADA) Technology in Advising Chair and now serves as the elected NACADA Commission and Interest Group Representative. For the past ten years, Pasquini has worked in higher education in a number of roles including advising, tutoring, residence life, study abroad, and career counseling and has worked internationally in Canada, France, UK and the US. Pasquini has an MS.Ed. in Teaching Foundations and is working on her Ph.D. in Applied Technology & Performance Improvement. She has written a number of publications and delivered presentations and webinars centered on learning technologies to engage students, staff, and faculty in higher education. Her research and application of scholarship include blended learning, social media engagement, and formal/informal learning, training, and development. A self-declared geek and self-taught techie, connect and share with Pasquini at <http://about.me/laurapasquini> or email her at Laura.Pasquini@unt.edu.

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Agenda

- How to Engage Students Online
- Finding Purpose for the Tools
- Current Practices for Online Coaching
- Challenge to Support
- Wrap Up: Q & A

<http://bit.ly/wiche13>

#wiche13

What expectations do our learners have for advising?



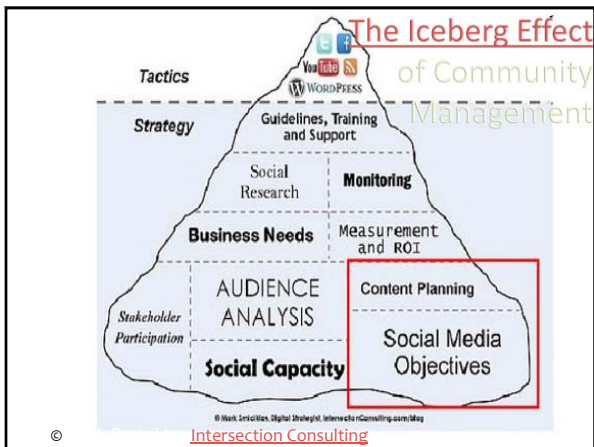
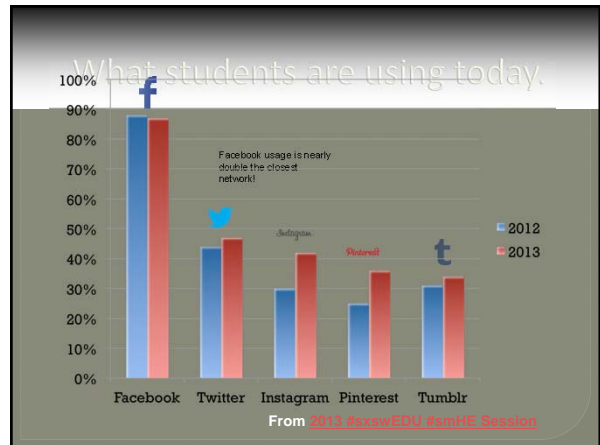
Technology gives our learners access to resources and increases the ability to track academic progress, connections to peers, and provides the opportunity to engage with other students in immersive learning experiences (Dahlstrom, de Boor, Grunwald & Vockley, 2012).


2012 ECAR Study from Educause



Web 2.0
 #SocialMedia
 Social Web
 New Media
 Transmedia
 Emerging Tech

Image c/o Luke Mahan





Social Media Definition:

“A virtual place where people share; everybody and anybody can share anything anywhere anytime” (Joosten, 2012, p. 6).

From [2013 #sxswEDU #smHE Session](#)

Why is Social Important

- 95.1% of 18- and 19-year-olds use social media, primarily Facebook on a daily basis (Salaway, et al., 2009)
- 96% of undergraduates reported using Facebook (Smith & Caruso, 2010)
- 43% of undergraduate use Twitter (Smith & Caruso, 2010)
- 90% use mobile devices to receive and send text messages (Smith, 2010), over 1600 a month (Neilson, 2010)
- 92% of college-aged students watch YouTube (Moore, 2011)

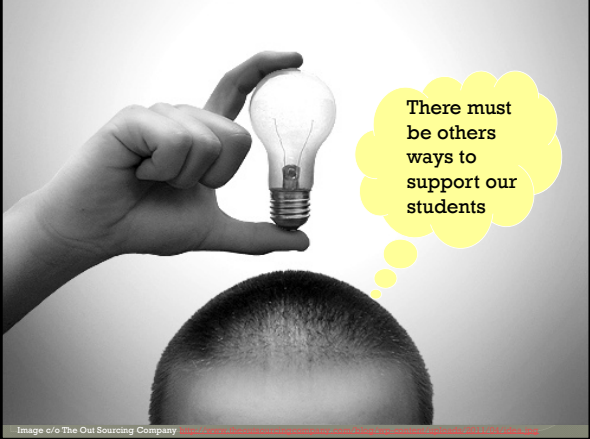
From [2013 #sxswEDU #smHE Session](#)

“Focus on connecting with the people, and the tools will all make sense.”



~Chris Brogan

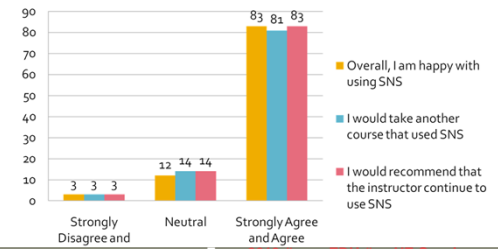
Flickr photo c/o [ReddLumper](#)



There must be others ways to support our students

Image c/o The Out Sourcing Company

I like social media for learning

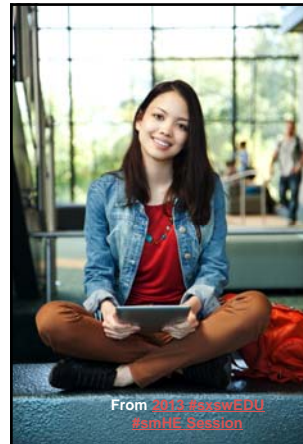
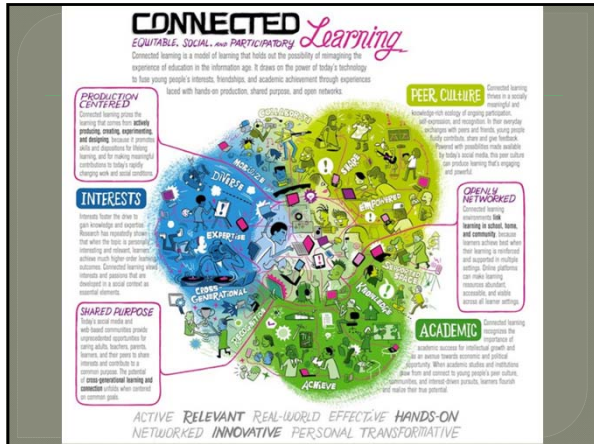


Response	Overall, I am happy with using SNS	I would take another course that used SNS	I would recommend that the instructor continue to use SNS
Strongly Disagree and	3	3	3
Neutral	12	14	14
Strongly Agree and Agree	83	81	83

From [2013 #sxswEDU #smHE Session](#)

“Students experience an increasing need for connectivity and digital access to excel beyond the higher education learning environment. They must access and interact with information, learning materials, and colleagues from around the globe.”

[Implications for use of technology in advising 2011 NACADA National Survey](#)



"I want reviews on colleges from real live students who go to them."

"I want to see fun things about going to school there, school news, advice from current students. I'd much rather see it on their social media site than have it clog my e-mail."

"I would love to see more links to students that currently go to the college. If I had any questions, I think they would answer more truthfully than say, an admissions counselor."

"Real information. Less fluff."

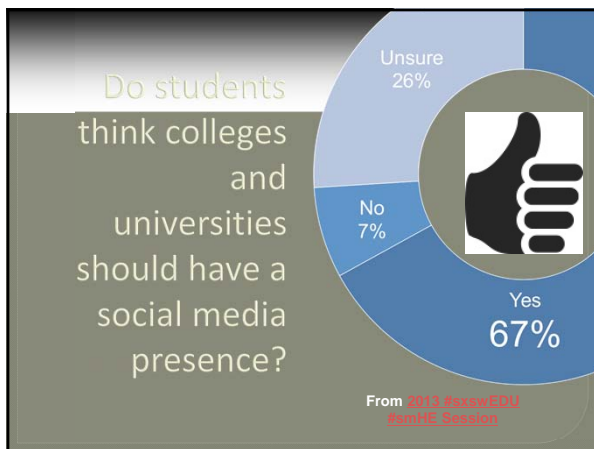
What students said

From 2013 #askWEDU #smHE Session

It's not about the technology, it's all social

Tanya Joosten (@tjoosten) Larry Johnson,

Start the Conversation



facebook.com

- You choose your friends
- Network
- A very social space - family, friends, etc.
- You choose "Likes"
- Users share content
- Groups & messages
- Fan Pages
- Updates on wall
- Newsfeed

Develop an Identity



Do you like spam? Students don't either. What is your office brand? What information do you need to convey to students? Start with these questions, and then add in personality and variety.

@julieclarsen



There's a Meme for That

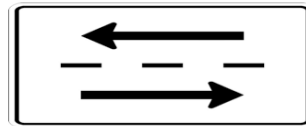


BRACE YOURSELVES

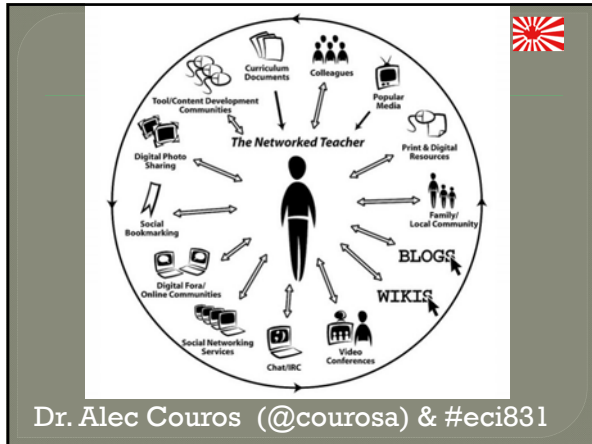


ONE WAY

- Notifications
- News source
- Noise



- Conversation
- Emphasize quality over quantity
- Mutually beneficial



Principles of Connectivism

George Siemens (<http://www.connectivism.ca/>):

- Being connected
- Learning from others
- Connecting information
- Various online interaction
- Diverse opinions & ideas
- Capacity to know more
- Nurturing connections
- On-going learning
- Making choices & decisions

Sense of Belonging

Communities of Practice

Problem solving
Requests for information
Seeking experience
Reusing assets
Coordination and synergy
Discussing developments
Documentation projects
Visits
Mapping knowledge and identifying gaps

<http://www.ccsenet.org/learn/>
Wenger, 2006

The Power of the Hashtag

#hashtags

What is a hashtag good for?

Give & Get Support



Develop a Community



Follow: #AcAdv & @AcAdvChat

 **@KloseyWilliams**
Kaitlin

@AcAdvChat I'm looking forward to returning to the @#acadv chat! Woo hoo!

 **@gregsobie**
Greg Sobiech

Was great to have an #acadv chat today...so glad you're back - and just in the nick of time! #refocused #motivated #invigorated

 **@KellyJBailey**
Kelly J. Bailey

And once again, @AcAdvChat becomes the most valuable pro dev I get! Thanks for the resources, #acadv pals!

Low Impact:

Read chat transcripts

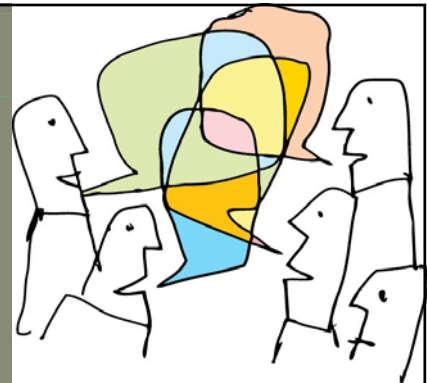
Medium Impact:

Set up a Twitter account
Search for #_____ hashtag
Post advising-related content as you wish
"Lurk" during a chat time

High Impact:

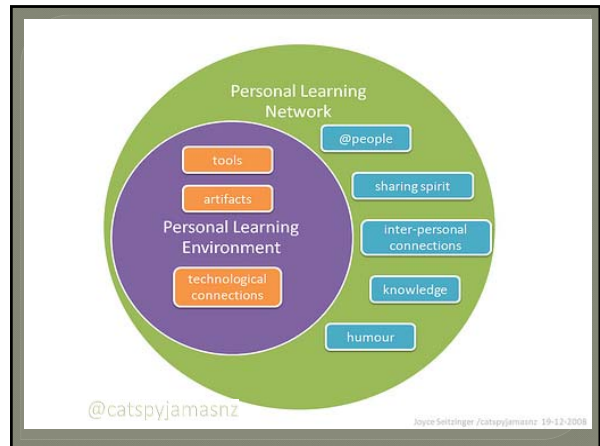
Set up a Twitter account
Search for #_____ hashtag
Chime in with your thoughts/opinions/experiences during a chat time
Connect with peers beyond Twitter Chats

Do you have something to talk about?



<http://bitly.com/TwitterChatSchedule>

Consider Learning Styles



Revolution or Evolution on Campus?

Social Media is about Relationships

Video created by @Ekutsko & @equalman

ExploringMajors's channel

Browse videos

- University of North Texas
- Learning Styles & Preferences
- Study Skills
- Goal Setting
- Reading & Researching
- Learning & Researching
- Online Learning
- Information Literacy
- Writing Management
- Researching a Job
- Career Exploration
- Your Management

Presentations & Document Sharing

slideshare.net

slideshare

Office for Exploring Majors, University of North Texas

HELLO! I am... Discovering My Career

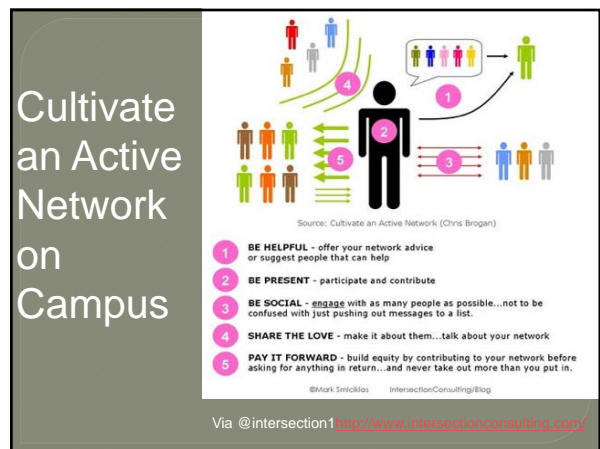
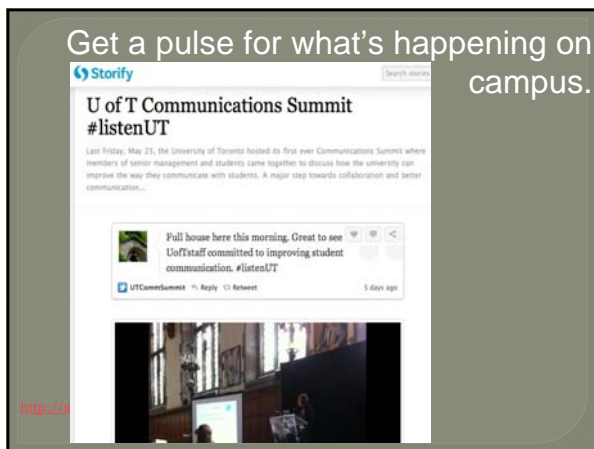
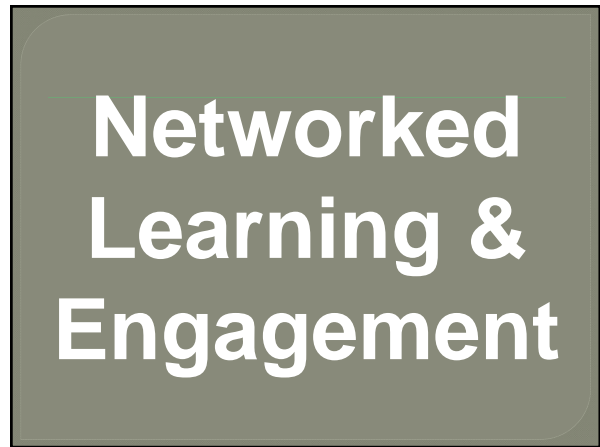
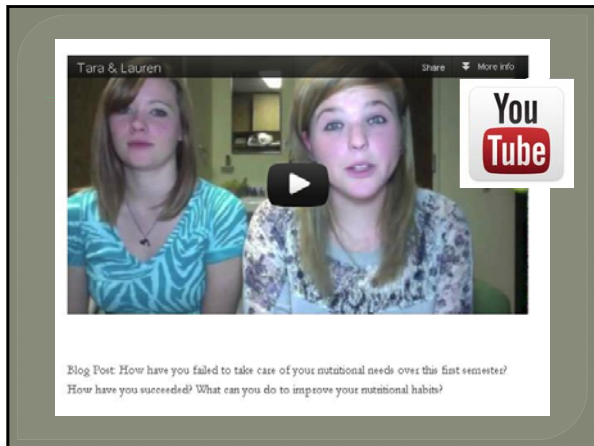
44 Downloads
2 Followers

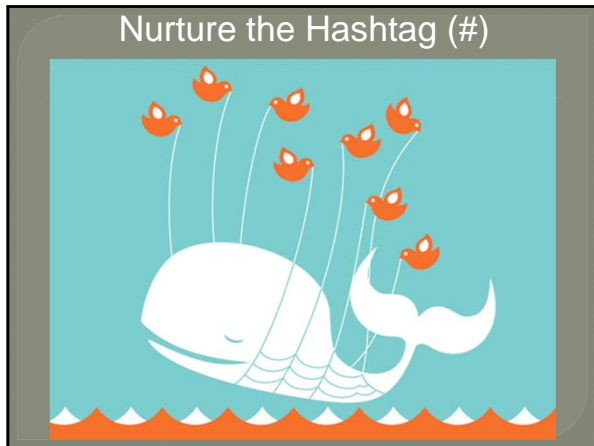
Denise, TX, United States
Education
exploringmajors.unrt.edu
940-565-2452

The Office for Exploring Majors is the home for all students who are undecided about their major. The designation of undecided is recommended for students who are exploring possible majors. Trained academic counselors are available to assist undecided students with clarifying academic interests, determining career goals, and selecting majors.

Twitter Facebook

Discover your career workshop 21 views





Jake
@JB_UGST

what is the best thing about your major?
what makes you want to do it? #ugstJOUR

Student Panel Q & A

Camara McCowan
@CamUGST

What is the most challenging part of your major? #ugstJOUR

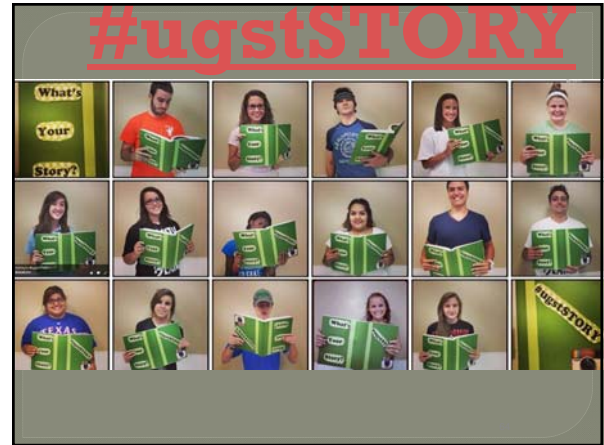


melody evans
@melodyhereUNT

I may forget how 2 take perfect notes but I'll never forget the importance of a group of friends trying 2 achieve a goal together.
#ugstJOUR

Reply Retweet Favored Storify Buffer More

Digital Story Telling



Live Tweets to take Notes

Samantha Petty
@SammysUNT

"Happiness is a terrible word to use" -Rainn Wilson #ugstSTORY it's a choice you make on a daily basis to be filled w/ gratitude ☐ #amen

Brendin Axtman
@starsfan24

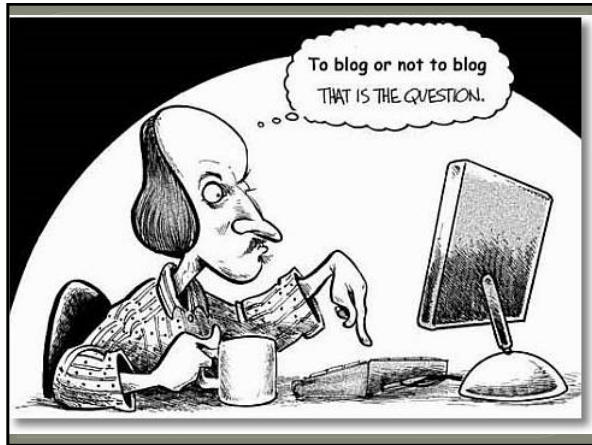
Live each day to the fullest because you never know when it will be over.
#ugstSTORY

Jade Marriott
@JadeMarriot4

Reality Check with the crew! #ugstSTORY
pic.twitter.com/64bVYFA3u6

2 RETWEETS 1 FAVORITE

5:00 PM - 26 Sep. 13



Blogs

- Easy to writing and edit
- Integration of other tools
- Short posts – bullets with links
- Dynamic content
- Embed photos, video & presentations
- Reflective learning
- Exploration of ideas
- Comments & sharing with community

UTSC Academic Advising & Career Centre

Hello! Welcome to our blog. We are here to help guide your academic and career journey at UTSC.

THURSDAY, APRIL 18, 2013

Final Exams and Graduation

Hi UTSC-ers!

Because final examinations are on full gear, I will make this blog post short.

EXAM GOODS

Smoothie
This handy snack requires no refrigeration. It's easy to take on the go.

chocolate
Make it more enjoyable in my situation.

refined sugar
Shouldn't they be very sweet and happy that on the inside just on the inside?

First, just a quick reminder to double check your exam schedule to see if you have the right room number and time of your exams. You can check that here. Second, I'm

FACEBOOK.COM/UTSCACC

Like Us on Facebook

YOUTUBE.COM/UTSCACC

Our YouTube videos

WWW.UTSC.UTORONTO.CA/AACC

Visit our website

UCRS 1000 at UNT

Last Tumblr Post: #13 - First Semester In Review

Can you believe it? You are almost finished your first semester at UNT. YAY!



Critical Thinking

Kenneth Casati
An interesting paper about the reliability of the Myers-Briggs Type Indicator survey I found while messing around on the internet.
<http://www.indiana.edu/~jstahk/HMMWebsite/item/articles/develop/rebit.pdf>
www.indiana.edu

Like Comment Unfollow Post Share 3 October 2011 at 12:10


Laura Pasquini Interesting article, Kenneth. Thanks for sharing... let's chat about this in class when we review the MBTI today. Cheers!
6 October 2011 at 12:20 Like

Kenneth Casati Can't tell if I'm in trouble or not haha
6 October 2011 at 13:11 Like +1

Laura Pasquini Negative. Not in trouble. It's good that you are thinking critically about things. Thanks!
6 October 2011 at 13:19 Like

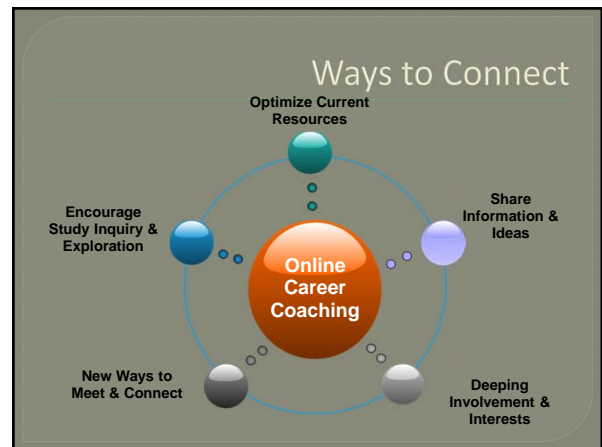
Kenneth Casati Haha well that's a relief.
6 October 2011 at 13:20 Like +1

Reflection




When I was calculating my hours I got 156hrs and I know how I spent them, but my question is where did those 12 hrs go from the whole week? I try not just waste time, but there is 12 unknown hours that I am not aware of. But maybe I could use my 12 hours to be more social or more active on campus, but before I do that I have to find them and organize them so I know when it is happening. But in the long run most of my time goes to either sleep or doing homework. If I had to modify it I would probably decrease my sleep just so I could study more and have more time for homework. But in real world situation I would really wouldn't want to do that because I have 8 am classes every day except on Thursdays and since I didn't listen to people when they told me they were killers I am now a grandma and I knock out by 12:30am just so I am in

Be Involved.



Impacts for Coaching Delivery

- Connect to students
- Current resources
- Academic support in multiple ways
- Out of the box ideas
- Purposeful & intentional career coaching



The Direction for Online Support



- Share experiences for effective online advising delivery
- Get involved & contribute to initiatives
- Review some key digital/online advising resources
- Introduce online advising projects examples
- Connect you to some savvy online academic advisors

