

RRCC CHEO Course Map

Course Name: NUA 101 Nurse Aide Health Care Skills
Date: 9/2015
Course Objectives / Competencies: <ol style="list-style-type: none"> 1. Form a relationship, communicate and interact competently on a one-to-one basis with patients/residents. 2. Demonstrate sensitivity to patients'/residents' emotional and mental health needs. 3. Assist patients/residents in attaining and maintaining independence. 4. Exhibit behavior that supports and promotes patients'/residents' rights 5. Demonstrate observational and documentation skills needed in the care of patients'/residents' health, physical condition and well-being. 6. Demonstrate fundamental competency in basic skills for patient/resident care in a lab setting. 7. Demonstrate principles of OSHA in all manual skills. 8. Explain general concept of HIPAA and relate it to nurse aide practice. 9. Acquire beginning knowledge and skill related to end of life care. 10. Demonstrating an awareness of the Colorado Nurse Aide Practice Act.

Course Materials (Text, Edition and any other publisher items)

Textbooks: *Nursing Assistant: A Nursing Process Approach* by Hegner, Barbara R., Acello, Barbara, Caldwell, Esther. Basics Ed., Thomson Learning, Inc., Canada.

Unit or Module #	CCNS Competency	Unit/Module Activities: Learner Interaction & Engagement	Unit/Module Assessments & Rubrics	Publish to OER
Module 1	1, 2, 4, 5, 6, 7, 8, 10	Online Module Activities: OSHA PowerPoint Training Privacy and Security/HIPAA Training Video Consumer Rights Lecture Video Communication Lecture Video Environmental and Nursing Assistant Safety Lecture Video Emergencies PowerPoint Training Abuse Prevention PowerPoint Training Link to Colorado Department of Human Services Elder Abuse Reporting and Training	Online Discussion and Response Grading Rubric Face-to-Face Skills Lab participation points	OSHA PowerPoint Training Privacy and Security/HIPAA Training Video Link to Consumer Rights Lecture Video Link to Communication Lecture Video Link to Environmental and Nursing Assistant Safety Lecture Video Emergencies PowerPoint Training Abuse Prevention PowerPoint Training Link to Colorado Department of Human

Unit or Module #	CCNS Competency	Unit/Module Activities: Learner Interaction & Engagement	Unit/Module Assessments & Rubrics	Publish to OER
		<p>Link to Required Clinical Paperwork</p> <p>Link to Required Certificate Graduation Procedures</p> <p>Online Discussions in LMS:</p> <p><i>a. For this first post introduce yourself to your classmates. Tell us why you are taking this course. What are your short-term and long-term goals in health care. Where would you like to be with your healthcare career in 5 years? How about in 10 years? Also, take a moment after you finish your discussion posts to click on your name on the upper right of your screen. Click on 'profile' and add a picture so we can get to know you!</i></p> <p>Assignments:</p> <p>Watch three lecture recordings online.</p> <p>Read Units 3, 7, 14, and 42 in your textbook.</p> <p>Complete HIPAA video and test</p> <p>Complete OSHA video and test</p> <p>Review clinical requirements</p> <p>Skills Lab:</p> <ul style="list-style-type: none"> • Complete paperwork: skills lab class expectations • Provide and discuss “Colorado Nurse Aide Candidate Handbook”. • Collect all paperwork: immunization records, CPR cards, physician statement, and copy of driver's license (make your own personal copies of all documents) • Students are to go to student life desk and have NUA ID made, provide copy to instructor • Sign up for clinical placement <p>Skills Lab Practice:</p> <ul style="list-style-type: none"> • Hand Hygiene • Dressing Client with Affected Right Arm • Measure and Record Urinary Output 		<p>Services Elder Abuse Reporting and Training</p> <p>Link to Required Clinical Paperwork</p> <p>Link to Required Certificate Graduation Procedures</p>

Unit or Module #	CCNS Competency	Unit/Module Activities: Learner Interaction & Engagement	Unit/Module Assessments & Rubrics	Publish to OER
		<ul style="list-style-type: none"> Denture Care 		
Module 2	1, 2, 3, 4, 5, 6	<p>Online Module Activities:</p> <ul style="list-style-type: none"> Ethical and Legal Issues Lecture Video Cultural Sensitivity Lecture Slides Infection Lecture Video Infection Control Lecture Video Patient Safety and Positioning Lecture Video The Patient’s Mobility: Transfer Skills Lecture Video The Patient’s Mobility: Ambulation Lecture Slides <p>Online Discussions in LMS:</p> <ol style="list-style-type: none"> Please review the following web pages and review each of the tabs. Discuss 3 things you learned from the module. Also discuss how pre-conceived ideas about race, ethnicity and culture could impact your role as a CNA and the care that you provide to patients. http://www.pbs.org/race/000_General/000_00-Home.htm Watch the video and using your text for terms and definitions discuss the issues of neglect and malpractice in health care. Please discuss how the ethical issues in the video pertain to neglect and malpractice, and what role you will have as a Certified Nurse Aide in preventing issues with neglect and malpractice. Please give specific explanations and information provided in the video in your discussion. http://www.pbs.org/wgbh/pages/frontline/life-and-death-in-assisted-living/ <p>Assignments:</p> <ul style="list-style-type: none"> Watch lecture recordings/PowerPoint slides online in D2L. (Units 4, 11, 12, 13, 15, 16, and 17) Read Units 4, 11, 12, 13, 15, 15, 16 and 17 in your textbook. Participate in the module discussions <p>Skills Lab #1 Test</p> <ul style="list-style-type: none"> Hand Hygiene 	<p>Online Discussion and Response Grading Rubric</p> <p>Face-to-Face Skills Lab participation points</p> <p>Module multiple-choice and true/false quiz</p>	<p>Link to Ethical and Legal Issues Lecture Video</p> <p>Link to Cultural Sensitivity Lecture Slides</p> <p>Link to Infection Lecture Video</p> <p>Link to Infection Control Lecture Video</p> <p>Link to Patient Safety and Positioning Lecture Video</p> <p>Link to The Patient’s Mobility: Transfer Skills Lecture Video</p> <p>The Patient’s Mobility: Ambulation Lecture Slides</p>

Unit or Module #	CCNS Competency	Unit/Module Activities: Learner Interaction & Engagement	Unit/Module Assessments & Rubrics	Publish to OER
		<ul style="list-style-type: none"> • Dressing Client with Affected Right Arm • Measure and Record Urinary Output • Denture Care <p>Skills Lab #2 Practice</p> <ul style="list-style-type: none"> • Transfer From Bed to Wheelchair Using Transfer Belt • Counts and Records Radial Pulse • Donning and Removing PPE • Provide Mouth Care 		
Module 3	1, 2, 3, 4, 5, 6	<p>Online Module Activities:</p> <p>Community Health Care Role of Nursing Assistant Lecture Video</p> <p>On the Job: Being a Nursing Assistant Lecture Video</p> <p>Pulse Lecture Video</p> <p>Respiration and Blood Pressure Lecture Video</p> <p>Measuring Height and Weight Lecture Video</p> <p>Online discussion in LMS:</p> <ol style="list-style-type: none"> a. Read the article from the Journal of Advanced Nursing (http://www.ncbi.nlm.nih.gov/pubmed/21831131). Discuss the impact the perception of time as a barrier or facilitator and how that perception impacts patient care. Also discuss how this research study will impact the care you provide in your future role as a Certified Nurse Assistant. b. View the CNA Resume PowerPoint found in the course content for this week. Using the information provided as a guideline, create your own resume that you could use to seek employment upon completion of your certification. Submit the completed resume for a grade in the Dropbox section of this course. <p>Assignments:</p> <p>Watch lecture recordings/PowerPoint slides online in D2L. (Units 1, 2, 18, 19, 20, and 21)</p>	<p>Online Discussion and Response Grading Rubric</p> <p>Face-to-Face Skills Lab participation points</p> <p>Module multiple-choice and true/false quiz</p>	<p>Link to Community Health Care Role of Nursing Assistant Lecture Video</p> <p>Link to On the Job: Being a Nursing Assistant Lecture Video</p> <p>Link to Pulse Lecture Video</p> <p>Link to Respiration and Blood Pressure Lecture Video</p> <p>Link to Measuring Height and Weight Lecture Video</p>

Unit or Module #	CCNS Competency	Unit/Module Activities: Learner Interaction & Engagement	Unit/Module Assessments & Rubrics	Publish to OER
		<p>Read Units 1, 2, 18, 19, 20, and 21 in your textbook.</p> <p>Participate in the module discussions</p> <p>Skills Lab #2 TEST:</p> <ul style="list-style-type: none"> • Transfer From Bed to Wheelchair Using Transfer Belt • Counts and Records Radial Pulse • Donning and Removing PPE • Provides Mouth Care <p>Skills Lab #3 Practice:</p> <ul style="list-style-type: none"> • Assist to Ambulate Using Transfer Belt • Provide Catheter Care for Female • Feed Client Who Cannot Feed Self • Apply One Knee-High Elastic Stocking 		
Module 4	2, 3, 4, 5, 6	<p>Online Module Activities:</p> <p>Medical Terminology/Body Organization Lecture Video</p> <p>Classification of Disease Lecture Video</p> <p>Patient Bathing Lecture Video</p> <p>Urinary Elimination Lecture Video</p> <p>Gastrointestinal Elimination Lecture Slides</p> <p>Body Systems Function activity due in to Dropbox</p> <p>Body Systems Structures activity due in to Dropbox</p> <p>Abbreviation Matching activity due in to Dropbox</p> <p>Assignments:</p> <p>Watch lecture recordings/PowerPoint slides online in D2L. (Units 5, 6, 24, 26, and 27)</p> <p>Read Units 5, 6, 24, 26, and 27 in your textbook.</p>	<p>Activities submitted into Dropbox</p> <p>Face-to-Face Skills Lab participation points</p> <p>Module multiple-choice and true/false quiz</p>	<p>Link to Medical Terminology/Body Organization Lecture Video</p> <p>Link to Classification of Disease Lecture Video</p> <p>Link to Patient Bathing Lecture Video</p> <p>Link to Urinary Elimination Lecture Video</p> <p>Gastrointestinal Elimination Lecture Slides</p> <p>Link to Body Systems Function activity</p> <p>Link to Body Systems Structures activity</p> <p>Link to Abbreviation Matching activity</p>

Unit or Module #	CCNS Competency	Unit/Module Activities: Learner Interaction & Engagement	Unit/Module Assessments & Rubrics	Publish to OER
		<p>Complete online activities and submit to Dropbox.</p> <p>Skills Lab #3 Test:</p> <ul style="list-style-type: none"> • Assist to Ambulate Using Transfer Belt • Provide Catheter Care for Female • Feed Client Who Cannot Feed Self • Apply One Knee-High Elastic Stocking <p>Skills Lab #4 Practice:</p> <ul style="list-style-type: none"> • Range of Motion for One Shoulder • Passive Range of Motion for One Knee and Ankle • Provide Foot Care One Foot • Measure and Records Blood Pressure 		
Module 5	2, 3, 4, 5, 6	<p>Online Module Activities:</p> <p>Cognitive Impairment and Related Conditions Lecture Slides</p> <p>Caring for Bariatric Patients Lecture Slides</p> <p>Integumentary System Lecture Slides</p> <p>Cardiopulmonary System Lecture Slides</p> <p>Caring for Patients with Disorders of the Sensory Organs Lecture Slides</p> <p>Online Discussion in LMS:</p> <p><i>a. Discuss challenges caring for patients with cognitive impairment such as Alzheimer's. Discuss how the disease process can impact the patient but also friends, families and caregivers. Discuss your role as a nurse aide when working with patients and families with Alzheimer's? Review the website for the National Institute on Aging and watch the video: Grandpa: Do You Know Who I Am? http://www.nia.nih.gov/alzheimers/alzheimers-project-hbo-videos</i></p> <p><i>b. Review the pdf file and print for a resource. Discuss the challenges and barriers when caring for a patient with sensory system impairment, and any solutions to the barriers when providing care. Name two specific tips to promote communication with patients with hearing impairment or are deaf. http://www.cdss.ca.gov/cdssweb/entres/forms/english/pub391.pdf</i></p>	<p>Online Discussion and Response Grading Rubric</p> <p>Face-to-Face Skills Lab participation points</p> <p>Module multiple-choice and true/false quiz</p>	<p>Cognitive Impairment and Related Conditions Lecture Slides</p> <p>Caring for Bariatric Patients Lecture Slides</p> <p>Integumentary System Lecture Slides</p> <p>Cardiopulmonary System Lecture Slides</p>

Unit or Module #	CCNS Competency	Unit/Module Activities: Learner Interaction & Engagement	Unit/Module Assessments & Rubrics	Publish to OER
		<p>Assignments:</p> <p>Watch lecture recordings/PowerPoint slides online in D2L. (Units 31, 32, 35, 36, and 38)</p> <p>Read Units 31, 32, 35, 36, and 38 in your textbook.</p> <p>Skills Lab #4 Test:</p> <ul style="list-style-type: none"> • Range of Motion for One Shoulder • Passive Range of Motion for One Knee and Ankle • Provide Foot Care One Foot • Measure and Records Blood Pressure <p>Skills Lab #5 Practice:</p> <ul style="list-style-type: none"> • Count and Record Respirations • Assist with use of Bedpan • Position on Side 		
Module 6	2, 3, 4, 5, 6	<p>Online Module Activities:</p> <p>Surgical Patients Lecture Slides</p> <p>Musculoskeletal System and Nervous System Lecture Slides</p> <p>Endocrine System Lecture Slides</p> <p>Caring for OB/Neonates Lecture Slides</p> <p>Rehabilitation and Restorative Services Lecture Slides</p> <p>Online Discussion in LMS:</p> <p><i>a. Go to the link provided under the National Diabetes Education Program and review the publication "4 Steps to Manage Your Diabetes for Life". Under the information provided in Step 3 "Learn how to live with diabetes" discuss how this information will impact your role as a Nurse Aide in an institutional setting (Nursing Home or Hospital) and if working as a home health aide, especially with a patient receiving insulin. Specifically what is your role for caring for patients with diabetes including tasks, documentation, and reporting to the nurse?</i></p> <p>http://ndep.nih.gov/publications/PublicationDetail.aspx?PubId=4</p>	<p>Online Discussion and Response Grading Rubric</p> <p>Face-to-Face Skills Lab participation points</p> <p>Module multiple-choice and true/false quiz</p>	<p>Surgical Patients Lecture Slides</p> <p>Musculoskeletal System and Nervous System Lecture Slides</p> <p>Endocrine System Lecture Slides</p> <p>Caring for OB/Neonates Lecture Slides</p> <p>Rehabilitation and Restorative Services Lecture Slides</p>

Unit or Module #	CCNS Competency	Unit/Module Activities: Learner Interaction & Engagement	Unit/Module Assessments & Rubrics	Publish to OER
		<p>b. <i>Discuss the principles of rehabilitation from your text in unit 41, and how the principles will impact your role as a Nurse Aide? Discuss how you will provide care to patients following the “keys to success” discussed in your text.</i></p> <p>Assignments:</p> <p>Watch lecture recordings/PowerPoint slides online in D2L. (Units 29, 37, 39, 40, and 41)</p> <p>Read Units 29, 37, 39, 40, and 41 in your textbook.</p> <p>Skills Lab #5 Test:</p> <ul style="list-style-type: none"> • Count and Record Respirations • Assist with use of Bedpan • Position on Side <p>Skills Lab #6 Practice:</p> <ul style="list-style-type: none"> • Perineal Care for Female • Measure and Record Ambulatory Weight • Modified Bed Bath 		
Module 7	2, 3, 4, 5, 6	<p>Online Module Activities:</p> <p>Admission/Transfer/Discharge Lecture Slides</p> <p>Nutrition and Fluids Lecture Slides</p> <p>NUA in Home Health Care Lecture Slides</p> <p>Online Discussion in LMS:</p> <p>a. <i>Review the Nurse Aide Practice Act on the Department of Regulatory Agencies website. Discuss how this document impacts your scope of practice in the state of Colorado, and under what authority you will practice when you pass your state certification exam. Discuss anything else you learned from this document and how it will impact your practice as a Nurse Aide?</i></p> <p>http://cdn.colorado.gov/cs/Satellite/DORA-Reg/CBON/DORA/1251631690394</p> <p>b. <i>Review the dietary guidelines brochure produced by the U.S Department of Agriculture and use these guidelines and your textbook to discuss the following:</i></p> <p>-Dietary guidelines for patients on a “regular” diet</p>	<p>Online Discussion and Response Grading Rubric</p> <p>Face-to-Face Skills Lab participation points</p> <p>Module multiple-choice and true/false quiz</p>	<p>Admission/Transfer/Discharge Lecture Slides</p> <p>Nutrition and Fluids Lecture Slides</p> <p>NUA in Home Health Care Lecture Slides</p>

Unit or Module #	CCNS Competency	Unit/Module Activities: Learner Interaction & Engagement	Unit/Module Assessments & Rubrics	Publish to OER
		<p>-Safety considerations for patients on mechanically altered diets and special diets -Why it is important to document food intake http://www.cnpp.usda.gov/Publications/DietaryGuidelines/2010/DG2010Brochure.pdf</p> <p>Assignments: Watch lecture recordings/PowerPoint slides online in D2L. (Units 22, 28, and 34) Read Units 22, 28, and 34 in your textbook.</p> <p>Skills Lab #7 Test:</p> <ul style="list-style-type: none"> • Perineal Care for Female • Measures and Record Ambulatory Weight • Modified Bed Bath <p>Practice for FINAL SKILLS TEST</p>		
Module 8	2, 3, 4, 5, 6, 9	<p>Online Module Activities:</p> <p>Observation and Reporting Lecture Video Meeting Basic Human Needs Lecture Video Comfort and Pain Lecture Video General Comfort Measures Lecture Slides Caring for the Emotionally Stressed Lecture Slides Death and Dying Lecture Slides</p> <p>Online Discussion in LMS:</p> <p>a. <i>Discuss your thoughts on this video and how the ideas presented in the video will impact your role as a Nurse Aide?</i> http://www.ted.com/talks/peter_saul_let_s_talk_about_dying.html</p> <p>b. <i>Discuss what has been most impactful about this course? Also discuss if the course has altered your short or long term goals? What is next...?</i></p> <p>Assignments: Watch lecture recordings/PowerPoint slides online in D2L. (Units 8, 9, 10, 25, 30, and 33)</p>	<p>Online Discussion and Response Grading Rubric Face-to-Face Skills Lab participation points Module multiple-choice and true/false quiz Skills Lab Final test</p>	<p>Link to Observation and Reporting Lecture Video Link to Meeting Basic Human Needs Lecture Video Link to Comfort and Pain Lecture Video General Comfort Measures Lecture Slides Caring for the Emotionally Stressed Lecture Slides Death and Dying Lecture Slides</p>

Unit or Module #	CCNS Competency	Unit/Module Activities: Learner Interaction & Engagement	Unit/Module Assessments & Rubrics	Publish to OER
		Read Units 8, 9, 10, 25, 30, and 33 in your textbook. SKILLS LAB FINAL!!!		