

Home Care Aide Student Syllabus



Week 1: Welcome

- ✓ Roles and responsibilities
- ✓ Time keeping
- ✓ Communication and documentation
- ✓ Cultural diversity
- ✓ Client rights - HIPAA
- ✓ Infection control
- ✓ Safety and Body Mechanics
- ✓ Resume Development

Week 2: Test

- ✓ Mental Health First Aid (8 hour class)
- ✓ Recognizing and response to basic emergencies
- ✓ Introduction to the human body
- ✓ CPR/First Aide
- ✓ Maintaining a clean and safe work environment
- ✓ Common conditions affecting the home care client
- ✓ Body mechanics - Transfer techniques and mobility
- ✓ Personal Care Skills
- ✓ Dealing with adverse behaviors

Week 3: Test

- ✓ Dealing with adverse behaviors, continued
- ✓ Special needs of aging populations
- ✓ Personal Care Skills, continued - Skin care
- ✓ Common conditions affecting the home care client
- ✓ Death and dying
- ✓ Nutrition and Hydration

Week 4: Review GRADUATION!

- ✓ Personal Care Skills, continued
- ✓ Review of Skills
- ✓ Complete skills checklist
- ✓ Final Exam - Comprehension knowledge and examination
- ✓ Workplace skills
- ✓ Employment opportunities and career growth
- ✓ Employer visits