



Massage Therapy & Bodywork Program

Become a Licensed Massage Therapist



Licensed Massage Therapists

are able to perform Massages for Relaxation, Symptom Relief, Injury Prevention and Doctor Prescribed Massage. This Entry Level Massage and Bodywork Program offers an introduction to career opportunities and successful practices in the Massage Profession. Training will involve preparing for work in the Hospitality Industry, the Health Care Industry and Private Practice.

Course content will include:

Massage Theory and Principles, Professional Practice, Ethics, The Therapeutic Relationship, Anatomy, Physiology, Kinesiology, Pathology, Basics of Pharmacology, Assessment and Documentation, Massage Movements, Body Mechanics, Palpation, Treatment Planning, Business and Career Development.

Upon completion of 750 Hours

students will be required to perform massages in the student clinic. Employment opportunities may be found in Clinics, Home Care, Rehabilitation Centers, Medical Offices, Hospitals, Chiropractic Offices, Private Practice, Spas, Medical Spas, Cruise Ships, on Location Chair Massage.

This program will prepare students

to take the MBLEx exam, allowing students to apply for a New Jersey state license.

Program Schedule

September 29, 2015 – June 29, 2016

Monday – Thursday, 9am – 2pm

100 Hour Clinic to be completed by August 12, 2016



NCBTMB Approved Program

[National Certification Board for Therapeutic Massage & Bodywork]

Learn more - raritanval.edu/massage

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Program Schedule

MSGE 110: **Massage Therapy Fundamentals**

[350 Hours]
Sept 29 - Dec 22

MSGE 120: **Massage and Bodywork Intermediate**

[400 Hours]
Jan 4 - June 29

MSGE 280: **Massage Clinic**

[100 Hours]
July 5 - Aug 12

Massage Therapy Fundamentals

MSGE 110: 350 hours

In this introduction, learn basic skills and techniques for massaging clients. Anatomy and physiology is covered with an emphasis on skin, skeletal, muscular, circulatory and nervous systems, along with their diseases and disorders. A major component of this course is the lab where you practice massage on other students and master professional communication skills. Lastly, learn about sole proprietorship, franchise, clinics, and medical and specialty massage opportunities.

Massage and Bodywork Intermediate

MSGE 120: 400 hours

Build on the fundamental techniques, classwork, and skills with training in medical massage, pathologies, treatment planning, and working in the healthcare industry. Hospital based massage is introduced and begin servicing actual clients in the school clinic.

This course prepares students to successfully pass the Massage and Bodywork Licensing Exam (MBLE), for NJ state licensing.

Prerequisite: Massage Therapy Fundamentals

Massage Clinic

MSGE 280: 100 hours

The career-oriented practicum provides students with hands-on experience in spa, medical, and wellness settings. Students hone their skills, safe practices, and professional demeanor by working alongside professional massage therapists.

Students must earn a minimum of a C (70%) or higher in each required course for the program for successful completion.

