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LNO	LEARNING OBJECTIVES AND LECTURE TOPICS	CORRESPONDING ASSIGNMENTS/SKILL CHECKS
	 Course Learning Objectives Describe and apply basic principles of how fiber optics work Work safely with materials used for fiber optic routing, installation, assembly, cleaning and testing Handle fiber optic material to protect the cables from damage during assembly, routing and installation, cleaning and testing Route and install fiber optic assemblies with proper routing, protection, tying, support, slack, and drip loops Inspect and evaluate fiber optic termini for cleanliness and damage Clean fiber optic termini Determine your light loss budget and test fiber optic cables 	
	Course Topics • Fiber Optic Familiarization • Fiber Optic Assembly	
	 Fiber Optic Routing and Installation Fiber Optic Inspection and Evaluation Fiber Optic Cleaning Fiber Optic Testing 	
1	Session Learning Objectives	1.1-2 Activity 1 : Q & A Review (20-30 min)
	 Describe and apply basic principles of how fiber optics work 1.1. Identify your Engineering Authority 1.2. Identify general requirements for working with fiber optics 1.3. Describe fiber optic transmission principles 1.4. Define common fiber optic terms 1.5. List fiber optic handling procedures 	Homework No homework assignments are required, but it would be beneficial for students to review the student manual—reading over that day's notes and looking over the notes for the next session, so they are better prepared for and have some familiarity with the coming content.
	1.6. Identify fiber optic assemblies1.7. List safety hazards associated with fiber optics	(Note: This class has "Exercises" and "Activities." The



		y with Materials used for fiber optic routing, , assembly, cleaning and testing	main difference is length. Exercises are complex projects that take hours and Activities are thirty minute review periods or brief tasks that teach one relatively straightforward, hands-on skill.)
	Session Topics		
	o Intr	oduction	
		Transmission principles	
	o Fibe	er Optic Familiarization	
		Terms & Definitions	
		 Authority (Controlling document) 	
		What is it?	
		History	
		Material Handling	
		 Assembly Identification 	
		Do's and Don'ts	
		Personal Safety	
		 Fiber Optic Hazards – Safety 	
2	Session Learning Ob	pjectives	3.1-3.4 Exercise 1: Assemble Fiber Optic Cables (1.5
-	2. Work safely wit	th materials used in fiber optic assembly	hours)
	3. Handle fiber optic material to protect the cables from damage during assembly, routing and installation, cleaning and testing		2, 3.1-3.4 Activity 2: Q & A Game (20-30 min)
	3.1. Inse	ert fiber optic termini into connector / inserts.	
	3.2. Rer	move fiber optic termini from connector / inserts.	Homework
		semble fiber optic cable connectors.	No homework assignments are required, but it would be beneficial for students to review the student manual—
	3.4. App	oly bundle ties.	reading over that day's notes and looking over the notes
			for the next session, so they are better prepared for and
	Session Topics		have some familiarity with the coming content.
	o Safe	•	and some same and some some some some some some some some
		terial Handling	
	o Ass	embly	
		 Installation of Fiber Optic Termini into 	



	Connectors	
	Connectors	
	 Removal of Fiber Optic Termini from 	
	Connectors	
	■ Build up of Connector	
3	Session Learning Objectives	4.2 Activity 3: Adhesive Tying Practice (10 min)
	Work safely with materials used for fiber optic routing and installation.	4.2 Activity 4: Plastic Tie Installation Practice (10 min)
	4. Route and install fiber optic assemblies with proper routing,	4.2 Activity 5 : Tying a clove hitch knot (10 min)
	protection, tying, support, slack, and drip loops	
	4.1. Properly handle fiber optic material during routing	4.2 Activity 6: Tying fiber optic bundles to other wire
	and installation to prevent damage during the installation	bundles with String ties (10 min)
	process.	
	4.2. Properly route and install fiber optic assemblies with	4.1-4.4 Exercise 2: Installation and Routing Practice (1.5
	routing, protection, tying, support, slack and drip loops.	hours)
	4.3. Properly install connector receptacles.	
	4.4. Properly mate connectors.	2, 4.1-4.4 Activity 7: Q & A Game (20-30 min)
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	Session Topics	
	o Safety	
	 Material Handling 	
	 Bundle Tying 	
	• Protection	
	Lock Stitch	
	Panduit's	
	Tape Tie	
	o 4 Activities	
	o Support	
	■ Drip loop	
	■ Slack	
	 Practice per Quality Requirements 	
	 Routing and Installation 	



	 Routing Requirements 	
	Slack	
	Drip Loop	
	Clamping	
	 Protection 	
	Installation of Connector Receptacles	
	Session Learning Objectives	5.1-5.2 Exercise 3: End Face Examination (1.5 hours)
4	 Work safely with materials used for examining and cleaning fiber optic assemblies Inspect and evaluate fiber optic termini for cleanliness and damage 	
	 5.1. Properly handle fiber optic material to protect the cables from damage during the examining and cleaning process. 5.2. Inspect and properly evaluate fiber optic termini for cleanliness and damage. 	
	Session Topics	
	o Safety	
	 Material Handling 	
	 Continuity testing 	
	 Inspection and Evaluation 	
	Cleanliness	
	Damage	
	 Inspection review 	
5	Session Learning Objectives	6.1-6.4 Exercise 4 Cleaning Practice (1.5 hours)
	6. Clean fiber optic termini	
	6.1. Properly clean fiber optic termini	
	6.2. Examine fiber optic end faces	
	6.3. Evaluate fiber optic end faces	
	6.4. Reevaluate fiber optic end faces	



	6.5.	Mate connectors used with fiber optic cables	
	Session Topics		
	0	Cleaning Procedures, Termini End Face Cleaning	
		Clean Blast	
		Dry Swab	
		Wet Swab	
		Pen	
	0	Alignment Sleeve	
		Inspection	
		Cleaning	
6	Session Learni	ng Objectives	7.1-7.2 Exercise 5: Testing (1 hour)
"	7. Determine	your light loss budget and test fiber optic cables	
	7.1.	Test fiber optic light loss	Activity 8: Q & A Game & Final Review (20 -30 min)
	7.2.	Properly perform an optical loss test	
			Final Exam: (1.5 hours)
	Session Topics		
	0	Light Loss Testing	
		Budget	
		■ Set up	
		Process	
	0	Testing Review	
	0	Final Review	