# MoHealthWINs

# Course Objectives

**Building Maintenance**

**Course Objectives**: Upon successful completion of this course students should be able to:

1. Recognize and control safety hazards, conditions and unsafe acts.
2. Demonstrate the proper method of lifting.
3. Understand safety and health rules (OSHA).
4. Know the different types of personal protective equipment (PPE).
5. Be familiar with Chemical hazards, classifications and effects of exposure.
6. Recognize tool safety and proper tool usage.
7. Know the proper way to handle material safely and recognize their potential hazards.
8. Know machine guarding, keys points of hazards and lockout/tag out process (LOTO).
9. Understand electrical safety and how injuries can occur.
10. Demonstrate CPR practices **(CPR Certification)**
11. Know the basic safety rules and hazards of working with electrical grounding.
12. Know the causes of fires and types of extinguishers.
13. Understand ergonomics and recognize the health injuries.
14. Know safe work practices.

# Obtain OSHA certification.

1. Understand Infectious control and cleaning
2. Lawn Maintenance Fundamentals
3. Selection and use of chemicals
4. Emergency Procedures
5. Basic Spill Clean-up
6. Bloodborne pathogens
7. MSDS knowledge
8. Priming/Painting
9. Proper Use/Care of Equipment (brooms, mops, buffers, vacuums)
10. Bathroom Cleaning and Maintenance
11. Floor Maintenance (tile, vinyl, carpet)
12. Clearing Snow from Sidewalks
13. Fix Leaking faucets, joining pvc and other pipe, installing sink, vent traps, snake a sink)
14. Toilet repair
15. Replacing glass pane
16. Caulking windows
17. Repair wall framing/door casing
18. Door Repair
19. Locks (changing)
20. Sweat pipes
21. Basic Electrical (replug extension cords, replace light switches, replace receptacle)
22. Changing Light ballast/bulbs
23. Minor HVAC Maintenance
24. Minor Water Heater Maintenance
25. Resume writing
26. Interviewing skills
27. Basic Math skills
28. Basic Computer skills
29. Setting up conference rooms
30. Refilling air dispensers in bathrooms
31. Cleaning waste baskets/trash
32. Cleaning furniture
33. Cleaning windows and blinds

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