



**ASSOCIATE OF APPLIED SCIENCE NURSING PROGRAM
COURSE SYLLABUS**

**NURS 159: NURSING CARE OF INDIVIDUALS WITH MENTAL HEALTH
PROBLEMS**

**3 CREDITS (2 theory (30 hours) credits and 1 Clinical, Simulation, Skills
Lab, Testing (45 hours) credit)
Spring 2017**

GENERAL INFORMATION

A. INSTRUCTOR INFORMATION:

1. Theory Instructors:

Professor Mette, MSN, RN

753-2004 (Office)

tamara.mette@gbcnv.edu

Instructor Husbands, MSN, FNP-BC

753-2212 (Office)

michelle.husbands@gbcnv.edu

Clinical Instructors:

Professor Mette, MSN, RN
(Elko)

753-2004 (Office)

tamara.mette@gbcnv.edu

Instructor Husbands, MSN, FNP-BC
(Elko)

753-2212 (Office)

michelle.husbands@gbcnv.edu

Instructor Conton, MSN, RN
(Pahrump)

775-727-2010 (Office)

barbara.conton@gbcnv.edu

Instructor Rust, MSN, RN
(Winnemucca)

775-623-1823
Stacy.rust@gbcnv.edu

2. Office and Hours:

Professor Mette – Health Sciences Room 118
Mon, Wed, & Thurs 0930-1030
Thurs 1330-1530
(Also by appointment)

Instructor Husbands – Health Sciences Room 125
Tuesday & Thursday 0830-0930
Tuesday 1330-1630
(Also by appointment)

Instructor Conton – TBA
(Also by appointment)

Instructor Rust – Winnemucca Campus
Tuesday 0900-1100
Wednesday 1500-1600
Thursday 0900-1000 & 1500-1600
(Also by appointment)

We are available by email anytime Monday through Friday and you can expect a response within 24-48 hours (not including weekends and holidays).

B. COURSE INFORMATION:

Catalog Description: Provides for the acquisition and application of mental health nursing theory for safe, evidence-based, patient-centered, holistic nursing care for diverse patients experiencing common acute and chronic mental health disorders and treatment modalities. Includes the application of the concepts of caring, clinical reasoning, quality improvement, communication, and teamwork, considering legal and ethical responsibilities of the nurse when working with patients with mental health disorders.

Two credits theory, one credit clinical. Offered spring semester only.

Prerequisites: Admission to the Nursing Program.

1. **Schedule:**

Theory:

IAV Classroom: Tuesday 0930 – 1145

Testing: IAV Classroom designated Thursdays

Clinical/Simulation: Monday, Wednesday, & Friday, as assigned
and as indicated on Clinical Schedule

COURSE OUTCOMES:

COURSE OUTCOMES	MEASUREMENTS
1. Apply mental health nursing concepts to provide safe, quality, evidence-based, patient-centered nursing care in a variety of healthcare environments to diverse patients experiencing common acute and chronic mental health disorders.	Process Recording Cinema Project Mental Health Facility Teaching Plan/Culture of Safety Assignment ATI Review Modules ATI Real Life Modules and Written Assignment Hearing Voices Simulation TBL Quizzes Course Exams
2. Demonstrate clinical reasoning to make patient-centered care decisions for diverse patients experiencing common acute and chronic mental health disorders.	Cinema Project ATI Real Life Modules and Written Assignment Mental Health Facility Teaching Plan/Culture of Safety Assignment Article Summary on Errors In Class Priority Patient Situations TBL Quizzes Course Exams
3. Participate in quality improvement processes to improve patient care.	Group Project Resource Identification TBL Quizzes ATI Real Life Modules and Written Assignment Mental Health Facility Teaching Plan/Culture of Safety Assignment

	TBL Quizzes Course Exams
4. Begin to engage in teamwork with members of the interprofessional team, the patient, and the patient's support persons when managing patient care.	Mental Health Facility Teaching Plan/Culture of Safety Assignment Cinema Project Process Recording ATI Real Life Modules and Written Assignment Role Play Legal and Ethical in Class TBL Quizzes Course Exams
5. Begin to apply management, legal, ethical, and professional guidelines in the care of diverse patients experiencing common acute and chronic mental health disorders.	In Class Gaming Cinema Project ATI Real Life Modules and Written Assignment Process Recording Hearing Voices Simulation Mental Health Facility Teaching Plan/Culture of Safety Assignment In-Class Role Play and Discussion TBL Quizzes Course Exams
6. Use information management principles, techniques, and systems, and patient care technology in the care of diverse patients experiencing common acute and chronic mental health disorders.	Informational Videos ATI Skills Modules ATI Real Life Modules and Written Assignment TBL Quizzes Course Exams

METHOD OF INSTRUCTION:

Lecture, discussion, in-class activities, a process recording, a student self-assessment, small group work, Team-Based Learning, videos, selected reference and text readings, written assignments, computer assisted learning programs, and community-based clinical experiences will be utilized.

Team-Based Learning (TBL) is a structured form of small-group learning that emphasizes student preparation out of class and application of knowledge in class. For TBL to be effective, students are required to review content prior to

class, take an individual exam at the beginning of each class, and be an active member within a group during discussion and response to the same exam. Most class days will start with TBL testing, although this is up to the discretion of the instructor. Class content will be available within modules on WebCampus. TBL points will be worth 5% of the final grade. **Students will receive a Notification of Unsatisfactory Student Progress for earning less than a 76% on three (3) TBL individual quizzes.**

THEORY EVALUATION:

Evaluation of student progress will be the successful completion of the course outcomes this will be evaluated with module examinations. Five (4) examinations and a comprehensive final will be given. Questions will be based on utilization of critical thinking skills and application of knowledge acquired in this, as well as previous courses. Questions may be multiple-choice, fill in the blank, choose all correct answers, or other alternate formats as applicable. The cinema project counts as 100 points toward the theory portion of the student's grade and will be completed as a group project with up to 5-6 students per group. Team-based Learning quizzes will count for 5% of the total course grade.

An ATI exam will be given at the end of the course to evaluate student progress and performance. The ATI exam will also serve as an evaluation tool to address any areas of content gaps in course content and correlate with areas of content that were well supported in the course. This exam will account for 10% of the total course grade.

CLINICAL EVALUATION:

Clinical evaluation is done mutually by student and instructor throughout the semester and in a summative evaluation at the end of the clinical rotation. Post-clinical discussion following **each** clinical experience will be used to help determine your clinical standing (see rubric). Actual clinical performance will be used to determine clinical competency and the ability to generalize and transfer theory outcomes to the clinical settings. **Safe clinical practice and demonstration of personal and associate degree nursing practice attributes at the second semester level are mandatory for progression in the program.**

ATI Real Life Clinical Reasoning Scenarios:

Clinical Reasoning Scenarios provide students with the opportunity to practice clinical reasoning skills. Students experience lifelike clinical situations through the use of video and other forms of rich media. Clinical decision points are

integrated with video segments, requiring students to identify the response the nurse should make. Student choices direct the path of the experience so that each student experiences the consequences of their decisions. Students are required to complete each assigned scenario at a “satisfactory” level or higher.

REQUIRED MATERIALS:

- ❖ Townsend, M.C., (2015). *Psychiatric Mental Health Nursing- Concepts of Care in Evidence-Based Practice*. (8th Ed.). Philadelphia, PA: FA Davis.
- ❖ FA Davis Plus for students (this is part of the resources you received with your book)
- ❖ ATI online resources and *RN Mental Health Nursing Content Mastery Series Review Module* text

**Please plan to use the Drug book, and Lab & Diagnostic book, and Nursing Diagnosis Book of your choice. You also may find it helpful to use your Fundamentals, Med/Surg, and Pharmacology books as references.

REQUIRED VIDEOS:

- ❖ Should I Live, Should I Die? Understanding Borderline Personality Disorders (43 minutes).
- ❖ The Addictive Personality (25 minutes).
- ❖ How Mad Are You? A Search for Insanity. Hidden in Plain Sight: Looking for Mental Illness (50 minutes).
- ❖ How Mad Are You? A Search for Insanity. Clinical Impressions: Identifying Mental Illness (51 minutes).

All required videos are streamlined into WebCampus and are listed under assignments for Required Videos.

GRADING POLICY AND CRITERIA:

Course grade will be based on a **percentage** of the total possible points of theory and clinical assignments according to the following scale:

100 - 94.00 =	A	76.00 =C (needed to pass)
93.99-90.00 =	A-	75.99-70.00 = C-
89.99-87.00 =	B+	69.99-67.00 = D+
86.99-84.00 =	B	66.99-64.00 = D
83.99-80.00 =	B-	63.99-60.00 = D-
79.99-77.00 =	C+	Below 60.00 = F

Course work **must** be completed with an average of 76% or better in both the theory and clinical portions to pass the course. Clinical grades will be averaged into your final grade and count for 25% of your overall course grade.

If you receive less than a 76% on a clinical or theory (other than exams) assignment, you must resubmit a revised version that meets assignment criteria to pass. The original grade will not change after resubmission.

Late theory and clinical assignments will be worth 50% of the actual grade. If an assignment is more than one week late, a zero will be given for the assignment but submission of the assignment is still required.

The instructors will make all attempts to have work graded and returned to student within 7 working days from submission date. Please allow more time for larger papers or projects.

If you do not complete the course and do not formally withdraw by the drop deadline, your instructor will automatically assign you a grade of "F".

For full semester courses in the spring, the drop deadline is **Monday, April 3, 2017**

ASSESSMENT	TOTAL GRADE
Theory 60% of course grade	
Module 1 Exam	100 points
Module 2 Exam	100 points
Module 3 Exam	100 points
Module 4 Exam	100 points
Cinema Presentation	100 points
ATI Quizzes and journaling (4 total worth 10 points a piece)	40 points

Comprehensive final Exam 10% of course grade	
ATI Testing Final Exam and Remediation	100 points
Team Based Learning Quizzes 5% of course grade	Points vary
Total Theory Points	640+ points
Clinical 25% of course grade	
Informational Mental Health Video Assignment 4 total worth 10 points a piece	40 points
Process Recording Simulation	100 points
Hearing Voices Simulation	20 points
Mental Health Facility Teaching Plan/Culture of Safety Assignment	50 points
Neurocognitive/Depression Assessment Assignment	60 points
Post Clinical Discussion	25 points
Elko Clinic Post-Clinical Discussion posting (Elko)	60 points (E)
ATI Real Life Clinical Reasoning Scenarios 3 scenarios, 60 points each (Pahrump & Winnemucca) 2 scenarios, 60 points each (Elko)	180 points (P & W) 120 points (E)
Total Clinical Points	475 points
Total Points	1115+ points

Students must receive an average of 76% in theory and clinical grades, and pass all pass/fail graded assignments and activities in order to successfully pass the course.

ATI FINAL EXAM INFORMATION:

This 70-item test offers an assessment of the basic comprehension and mastery of mental health nursing principles including:

- Basic concepts in mental health nursing (assessment, legal and ethical principles, therapeutic communication, therapeutic nurse-client relationship, anxiety and defense mechanisms, mental health nursing in diverse populations, therapeutic and safe environment)
- Nonpharmacological therapy of mental disorders
- Pharmacological therapy of mental disorders

- Nursing care of clients who have various mental disorders

The student has 70 minutes to complete the assessment.

Please see “NURS 159 Final Grading Policy”

DOSAGE CALCULATION TEST:

See NURS 158 Syllabus

ATTENDANCE POLICY:

Students are expected to attend all classroom, lab, and clinical hours.
(See Student Handbook)

STUDENT CONDUCT:

Great Basin College considers academic honesty one of its highest values. A student who obtains academic credit for work that is not the product of his or her own effort is being dishonest and undermining the academic integrity of the college. Students are expected to be the sole authors of their work. Use of another's ideas must be accompanied by specific citation and reference. In addition, a learner may not submit the same work for credit in more than one course. The disciplinary consequences of plagiarism and other forms of academic dishonest include non-acceptance of work submitted, a failing grade in the course, and/or or other disciplinary action as outlined in Great Basin College's Student Conduct Policy.

CIVILITY POLICY:

Great Basin College states: “messages, attitudes, or any other form of communication deemed outside the bounds of common decency/civility as judged by common standards of classroom behavior (determined as they would in a regular classroom by the instructor) will not be tolerated.”

At GBC, students are expected to assist in maintaining a class environment that is conducive to learning. It is required that students conduct themselves in a manner that does not disrupt the teaching or learning atmosphere. All classroom participants have the responsibility to maintain classroom and online discussions that are civil and not disruptive

by being courteous and using respectful language. This courteous behavior continues beyond the classroom to any community interactions as a GBC nursing student.

Be an engaged learner and encourage your fellow students to do so as well.

For more information see *the “Rules and Conduct and Procedures”* section of the GBC catalog.

CAMPUS SECURITY:

GBC is committed to the safety of our students and has a duty to promote awareness and prevention programs for violence on campus under the Jeanne Clery Act as well as the Campus SaVE (Sexual Violence Elimination Act) and VAWA (Violence Against Women Act), which are amendments to Clery. Acts of violence include, but are not limited to, sexual assault, domestic violence, dating violence, and stalking. Acts of violence can occur on the physical campus or centers of GBC in addition to field placement sites, clinical practice settings, and other places where college or class activities occur. As well, the online environment at GBC is considered a GBC site. If you experience any incidence where your safety has been threatened or violated, or if you feel threatened or harassed, immediately report this to me, any center director, faculty, or staff member, or directly to the Director of Environmental Health, Safety & Security([775.753.2115](tel:775.753.2115)) or the Vice President for Student Services([775.753.2282](tel:775.753.2282)).

ADA STATEMENT:


Great Basin College is committed to providing equal educational opportunities to qualified students with disabilities in accordance with state and federal laws and regulations, including the Americans with Disabilities Act of 1990 and Section 504 of the Rehabilitation Act of 1973. A qualified student must furnish current verification of disability. The Director of Services for Students with Disabilities (Julie G. Byrnes) will assist qualified students with disabilities in securing the appropriate and reasonable accommodations, auxiliary aids and services. For more information or further assistance, please call 775.753.2271.

COURSE SCHEDULE:

All attempts will be made to maintain the posted theory and clinical schedule. However, please note that in the event of an unforeseen emergency or circumstances beyond our control, faculty may schedule class and/or clinical times on other days as a means to ensure every opportunity for students to successfully complete the course. The faculty also may make changes to the syllabus at any time throughout the semester. All attempts will be made to inform the students of any changes in a timely manner when possible.

WEEK	SUBJECT	ASSIGNMENTS
Tuesday, January 24th Prof. Mette & Inst. Husbands Inst. Husbands	Course Orientation <u>Introduction to mental health concepts</u> <u>Townsend:</u> <ul style="list-style-type: none"> Chapter 2 Mental Health/Mental Illness Chapter 4 Concepts of Psychobiology 	<u>Module One</u> No TBL testing today
Tuesday, January 31st Prof. Mette	<u>Introduction to mental health concepts</u> <u>Townsend:</u> <ul style="list-style-type: none"> Chapter 5 Ethical and Legal Issues Chapter 6 Cultural and Spiritual concepts 	<u>Video</u> How Mad Are You? A Search for Insanity. Hidden in Plain Sight: Looking for Mental Illness (50 minutes).
Tuesday, February 7th		<u>Module One Exam</u> In Classroom
Tuesday, February 14th Inst. Husbands	<u>Mental Health Therapeutic Approaches</u> <u>Townsend:</u> <ul style="list-style-type: none"> Chapter 10 Therapeutic Groups 	<u>Module Two</u> <u>Video</u>

	<ul style="list-style-type: none"> Chapter 12 Milieu Therapy Chapter 16 Anger/Aggression Management 	How Mad Are You? A Search for Insanity. Clinical Impressions: Identifying Mental Illness (51 minutes).
Tuesday, February 21st Prof. Mette	<u>Mental Health Therapeutic Approaches</u> Townsend: <ul style="list-style-type: none"> Chapter 11 Family Interventions Chapter 13 Crisis Intervention 	<u>ATI Learning System RN</u> Communication <i>practice</i> test & 10 journaled questions. <i>Submit online.</i>
Tuesday, February 28th		<u>Module Two Exam</u> In Classroom
Tuesday, March 7th Inst. Husbands	<u>Nursing Care in Mental Health</u> Townsend: <ul style="list-style-type: none"> Chapter 24 Schizophrenia 	<u>Module Three</u> Cinema Project Group: Schizophrenia
Friday, March 10th	Schizophrenia	Real Life™ Clinical Reasoning Schizophrenia scenario due
Tuesday, March 14th Prof. Mette	<u>Nursing Care in Mental Health</u> Townsend: <ul style="list-style-type: none"> Chapter 23 Substance-Related and Addictive Disorders 	<u>Module Three</u> Cinema Project Group: Substance Abuse/Addiction <u>Videos</u> The Addictive Personality (25 minutes).

Friday, March 17th	Alcohol Abuse	Real Life™ Clinical Reasoning Alcohol Abuse scenario due
March 20- 25	<u>SPRING BREAK!</u>	<u>HAVE FUN AND RELAX!!!</u>
		
Tuesday, March 28th Prof. Mette	<u>Nursing Care in Mental Health</u> <u>Townsend:</u> <ul style="list-style-type: none"> • Chapter 27 Anxiety Disorders • Chapter 26 Bipolar Disorders 	<u>ATI Learning System RN</u> Mental Health 1 practice test & 10 journaled questions. <i>Submit online.</i> Cinema Project Group: OCD Cinema Project Group: Anxiety, Manic, Hypomania, Bipolar Disorders
Monday, April 3rd 0930-1130		<u>Module Three Exam</u> Room TBA
Tuesday, April 4th Prof. Mette	<u>Townsend:</u> <ul style="list-style-type: none"> • Chapter 17 Suicidal Clients 	<u>Module Four</u> Cinema Project Group: Depression

Guest Speaker Jan Bassier - 1030	<ul style="list-style-type: none"> Chapter 25 Depressive Disorders 	
Tuesday, April 11th Inst. Husbands	<u>Nursing Care in Mental Health</u> <ul style="list-style-type: none"> Chapter 28 Trauma- and Stressor-Related Disorders Chapter 38 Military Families 	<u>Module Four</u> Cinema Project Group: Trauma- and Stressor-Related Disorders
Tuesday, April 18th Inst. Husbands	<u>Nursing Care in Mental Health</u> <u>Townsend:</u> <ul style="list-style-type: none"> Chapter 22 Neurocognitive Disorders Chapter 34 The Aging Individual 	<u>ATI Learning System RN</u> Mental Health 2 Practice test & 10 journaled questions. <i>Submit online.</i>
Thursday, April 20th 1300-1500		<u>Module Four Exam</u> Room TBA
Tuesday, April 25th Prof. Mette	<u>Nursing Care in Mental Health</u> <u>Townsend:</u> <ul style="list-style-type: none"> Chapter 31 Eating Disorders 	<u>Module Five</u>
Friday, April 28th	Anxiety disorder	Real Life™ Clinical Reasoning Anxiety Disorder scenario due
Tuesday, May 2nd Inst. Husbands Billie Crawford – 10:30	<u>Nursing Care in Mental Health</u> <u>Townsend:</u>	<u>ATI Learning System RN</u> Mental Health Final & 10 journaled questions. <i>Submit online.</i>

	<ul style="list-style-type: none"> Chapter 35 Survivors of Abuse and Neglect. Chapter 37 Bereaved Individual 	
Monday, May 8th	ATI Practice Assessment	Due by 11:59 PM
Tuesday, May 9th Inst. Husbands	<u>Nursing of Special Populations</u> <u>Townsend:</u> <ul style="list-style-type: none"> Chapter 32 Personality Disorders 	Cinema Project Group: Personality Disorder <u>Videos</u> Should I Live, Should I Die? Understanding Borderline Personality Disorders (43 minutes).
Tuesday, May 16 th Finals Week	ATI Proctored Final Exam: Time: 0930-1200	Computer Lab Remediation due May 18 th by 5 pm!
FIRST	YEAR	DONE!



SUCCESS!!