

# LEARNING STYLES

## WHAT ARE LEARNING STYLES?

LEARNING STYLES ARE UNIQUE TO EVERY PERSON

THEY ARE HOW YOU BEST LEARN NEW INFORMATION

THEY ARE BASED ON YOUR STRENGTHS, WEAKNESSES, & PREFERENCES

THERE ARE MANY DIFFERENT EXPLANATIONS OF LEARNING STYLES  
HERE ARE THE MOST COMMON

### #1 VISUAL (SPATIAL)



LEARN FROM PICTURES, VIDEOS, GRAPHS, & BOOKS

**STUDY TECHNIQUES:**

USE PICTURES, COLOR, & DIAGRAMS IN NOTE TAKING

### #2 AUDITORY (AURAL)



LEARN THROUGH LISTENING, SOUND, & MUSIC

**STUDY TECHNIQUES:**

INTEGRATE SOUND, RHYTHM, RHYME, & LYRICS TO MEMORIZE

### #3 KINESTHETIC (PHYSICAL)

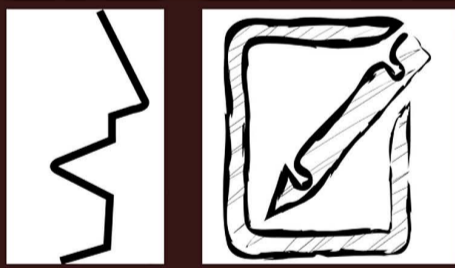


LEARN BEST THROUGH HANDS-ON INTERACTION & PARTICIPATION

**STUDY TECHNIQUES:**

USE TOUCH, ACTION, & INTERACTION

### #4 VERBAL (LINGUISTIC)

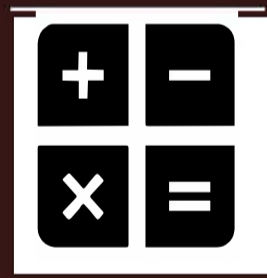


LEARN BY WRITING & SPEAKING

**STUDY TECHNIQUES:**

READ ALOUD, HAND WRITING, & USE OF ACRONYMS

### #5 LOGICAL (MATHEMATICAL)



LEARN THROUGH LOGIC, REASONING, & SYSTEMS

**STUDY TECHNIQUES:**

UNDERSTAND THE MEANING, REASONING, LINKS, & DETAILS BEHIND THE SUBJECT

### #6 SOCIAL (INTERPERSONAL)



PREFERS TO LEARN IN A GROUP OR WITH OTHER PEOPLE

**STUDY TECHNIQUES:**

SEEK OPPORTUNITIES TO STUDY WITH OTHERS

### #7 SOLITARY (INTRAPERSONAL)



PREFERS TO STUDY ALONE

**STUDY TECHNIQUES:**

WORK IN PRIVATE, BUT MAKE SURE & SEEK ASSISTANCE WHEN NEEDED