

#### WHAT ARELEARNING STYLES?

LEARNING STYLES ARE UNIQUE TO EVERY PERSON



THEY ARE HOW YOU BEST LEARN NEW INFORMATION THEY ARE BASED ON YOUR STRENGTHS, WEAKNESSES, & PREFERENCES





THERE ARE MANY DIFFERENT EXPLANATIONS OF LEARNING STYLES

HERE ARE THE MOST COMMON



### VISUAL (SPATIAL)



LEARN FROM PICTURES, VIDEOS, GRAPHS, & BOOKS

STUDY TECHNIQUES:

USE PICTURES, COLOR, & DIAGRAMS IN NOTE TAKING

## AUDITORY (AURAL)



LEARN THROUGH LISTENING, SOUND, & MUSIC

STUDY TECHNIQUES:

INTEGRATE SOUND, RHYTHM, RHYME, & LYRICS TO MEMORIZE

# KINESTHETIC (PHYSICAL)



LEARN BEST THROUGH
HANDS-ON
INTERACTION &
PARTICIPATION

STUDY TECHNIQUES:

USE TOUCH, ACTION, & INTERACTION

### #4 VERBAL (LINGUISTIC)





LEARN BY WRITING & SPEAKING

STUDY TECHNIQUES:

READ ALOUD, HAND WRITING, & USE OF ACRONYMS

### #5 LOGICAL (MATHEMATICAL



LEARN THROUGH LOGIC, REASONING, & SYSTEMS

STUDY TECHNIQUES:

UNDERSTAND THE MEANING, REASONING, LINKS, & DETAILS BEHIND THE SUBJECT

#6

#### SOCIAL (INTERPERSONAL)



PREFERS TO LEARN IN A GROUP OR WITH OTHER PEOPLE

STUDY TECHNIQUES:

STUDY TECHNIQUE SEEK OPPORTUNITIES TO STUDY WITH #7

#### SOLITARY (INTRAPERSONAL)



PREFERS TO STUDY ALONE

STUDY TECHNIQUES:

WORK IN PRIVATE, BUT MAKE SURE & SEEK ASSISTANCE WHEN NEEDED

OTHERS

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