

# Hygiene and Dress in the Workplace

REMEMBER! You are the FACE of a company!



The dress code for healthcare is unique and has its own set of standards. Often you will be working closely with patients and clients, so it is important to be aware of your appearance. From scrubs to business attire, it is crucial to be neat and clean!



Unsure what the dress code is? Speak with your supervisor!

## Helpful Tips

If you have facial hair-keep it trimmed & clean

All tattoos must be covered

Avoid smoking in your scrubs & uniform. Smoke has the same effect as perfumes & cologne & will linger

Use breath mints, gum, & brush your teeth

Wear comfortable & clean closed toe shoes

Make sure your name badge is visible at all times

Body jewelry must be covered

Don't over do it on the perfumes & cologne. 1-2 spritz will do

## DID YOU KNOW

Science has proven that often you cannot smell your own body odor. When you are subject to a bad smell for a period of time, you become used to it.



Be sure to shower & use antiperspirant EVERYDAY!!



@beckrhoades

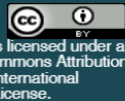


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