

RNSG 1940.837 - Life Transitions I: Introduction to Promotion of Health (version 201003L)

Course Title Course Development Learning Support

Life Transitions I:
Introduction to Promotion of Health Institutionally Developed No
College: Southern Regional Technical College

Course Description

This first adult health course is designed to prepare associate degree nursing students to provide nursing care utilizing concepts and skills introduced in the foundational course (RNSG 1920). Nursing care that promotes healthy transitions for clients experiencing variations of health status related to gastrointestinal, respiratory, musculoskeletal, neurological, cardiovascular, and psychosocial functions is included. Special consideration is given to the care of the elderly and clients during the operative period. Critical thinking skills are utilized to meet the bio/psychosocial, developmental, cultural, and spiritual needs of the client. Emphasis is placed on the application of the roles of associate degree nursing practice. The student will gain knowledge in the system of classification/prototypes of drugs according to body systems.

Pre-requisites

Pre-requisites: All Required

RNSG 1911.837 - Health Assessment through the Lifespan (201512L)
RNSG 1920.837 - Theoretical and Technical Foundations for Nursing Practice (201003L)
RNSG 1931.837 - Introduction to Nursing Principles of Pharmacy (201512L)

Co-requisites

Co-requisites: All Required

RNSG 1950.837 - Life Transitions II: Promotion of Mental Health (201003L)
RNSG 2910.837 - Life Transitions III: Obstetrics (201003L)

Course Length

	Minutes	Contact Hour	Semester Credit	WLU
Lecture:	2250	45		
Lab 2:	1500	30		
Lab 3:	4500	90		
Total:	8250	165	6	
Semester Credit Hours:			6	228.75
Breakout Detail of Lab 3				
Practicum/Internship	0	0		
Clinical	4500	90		

Competencies & Outcomes

Order	Description	Lecture	Lab 2	Lab 3	Total Min	Credit Hrs	Pract Intern	Clinical
1	Management of Perioperative Patients	150	100	500	750	0	0	500
Order	Description					Learning Domain	Level of Learning	

	1	Demonstrate care for the perioperative client.					Psychomotor	Guided Response	
	2	Demonstrate nursing care for clients experiencing signs and symptoms of commonly occurring complications, shock, & hemorrhage.					Psychomotor	Guided Response	
	3	Demonstrate managing the pain of the perioperative client.					Psychomotor	Guided Response	
	4	Develop age-related teaching/learning strategies for the perioperative client.					Cognitive	Application	
2		Problems of Tissue Perfusion: Management of Patients with Problems of the Hematologic System	150	100	500	750	0	0	500
	Order	Description					Learning Domain	Level of Learning	
	1	Relate assessment of the hematologic system to commonly occurring disorders.					Cognitive	Analysis	
	2	Discuss nursing implications for selected diagnostic testing, medications, and/or treatments prescribed for hematologic disorders.					Cognitive	Comprehension	
	3	Develop early recognition skills of the signs and symptoms of impending complications.					Cognitive	Application	
3		Management of Clients with Fluid, Electrolyte and Acid-Base Imbalances	200	200	500	900	1	0	500
	Order	Description					Learning Domain	Level of Learning	
	1	Compare and Contrast laboratory data related to fluid and electrolyte imbalances. (Review Module 4 from 1920)					Cognitive	Evaluation	
	2	Demonstrate care to clients receiving medications for fluid and electrolyte imbalances.					Psychomotor	Guided Response	
4		Management of Clients: Digestion, Nutrition, & Elimination; Renal/Urinary System & Excretion	450	200	500	1150	1	0	500
	Order	Description					Learning Domain	Level of Learning	
	1	Integrate methods for prevention and early detection of nosocomial lower Urinary Tract Infections (UTIs).					Cognitive	Synthesis	
	2	Demonstrate care of clients with gastrointestinal (GI) Disorders.					Psychomotor	Guided Response	
	3	Instruct clients experiencing diagnostic procedures and bowel preps.					Cognitive	Application	
	4	Recognize and act upon critical factors that require immediate attention.					Cognitive	Analysis	
	5	Discuss and apply nursing implications for selected diagnostic testing, medications, and/or treatments prescribed for digestive disorders					Cognitive	Application	
5		Management of Clients: Regulation and Metabolism & the Endocrine	250	400	500	1150	1	0	500

System

Order	Description	Learning Domain	Level of Learning
1	Demonstrate care of clients with type 1 and type 2 diabetes mellitus (DM).	Psychomotor	Guided Response
2	Instruct clients on health promotion activities related to self management of diabetes mellitus (DM).	Cognitive	Application
3	Collaborate with diabetes educator and/or dietitian in planning care for a client with diabetes mellitus (DM).	Cognitive	Synthesis
4	Discuss and apply nursing implications for selected diagnostic testing, medications, and/or treatments prescribed for the metabolic and endocrine system	Cognitive	Application

6 **Management of Clients: Oxygenation & the Respiratory Tract** 300 300 500 1100 0 0 500

Order	Description	Learning Domain	Level of Learning
1	Demonstrate care for the client with commonly occurring respiratory disorders.	Psychomotor	Guided Response
2	Implement preventive methods to reduce complications for the client at-risk for respiratory problems.	Cognitive	Application
3	Instruct client on health promotion activities to reduce negative outcomes.	Cognitive	Application
4	Discuss and apply nursing implications for selected diagnostic testing, medications, and/or treatments prescribed for respiratory disorders	Cognitive	Application

7 **Management of Clients: Cardiac Output and Tissue Perfusion & the Cardiovascular System** 300 200 500 1000 0 0 500

Order	Description	Learning Domain	Level of Learning
1	Demonstrate the care of clients with coronary vascular diseases and complications from heart disease.	Psychomotor	Guided Response
2	Identify relevant teaching that promotes healthy behaviors regarding heart health.	Cognitive	Knowledge
3	Implement understanding of early signs and symptoms of critical complications of heart disease.	Cognitive	Application
4	Discuss and apply nursing implications for selected diagnostic testing, medications, and/or treatments prescribed for cardiovascular disorders	Cognitive	Application

8 **Management of Clients: Mobility & the Musculoskeletal System; Sensation & the Sensory System** 300 0 500 800 0 0 500

Order	Description	Learning Domain	Level of Learning
1	Demonstrate the care of clients with musculoskeletal disorders.	Psychomotor	Guided Response

2	Instruct clients on methods to promote mobility.	Cognitive	Application
3	Implement prevention methods to reduce the complications of immobility.	Cognitive	Application
4	Establish goals with client to ensure pain management in the client with musculoskeletal disorders.	Psychomotor	Guided Response
5	Demonstrate the care of clients with vision problems.	Psychomotor	Guided Response
6	Understand diagnostic procedures.	Cognitive	Comprehension
7	Instruct clients regarding treatments of vision disorders.	Cognitive	Application
8	Demonstrate the care of clients with hearing problems.	Psychomotor	Guided Response
9	Understand diagnostic procedures.	Cognitive	Comprehension
10	Instruct clients regarding treatments of hearing disorders.	Cognitive	Application
11	Discuss and apply nursing implications for selected diagnostic testing, medications, and/or treatments prescribed for musculoskeletal and sensory disorders	Cognitive	Application

9 **Management of Clients: The Nervous System (CNS & PNS)** 150 0 500 650 1 0 500

Order	Description	Learning Domain	Level of Learning
1	Describe the significance of physical assessment to the diagnosis of neurologic dysfunction.	Cognitive	Comprehension
2	Describe diagnostic tests used for assessment of suspected neurologic disorders and the related nursing implications.	Cognitive	Comprehension
3	Describe specific nursing needs of clients with varied neurologic disorders.	Cognitive	Comprehension
4	Use the nursing process as a framework for care of the client with altered level of consciousness and seizure precautions.	Cognitive	Application
5	Identify the early and late clinical manifestations of increased intracranial pressure.	Cognitive	Knowledge
6	Identify the risk factors for cerebrovascular disorders and related measures for prevention.	Cognitive	Knowledge
7	Identify causes, clinical manifestations, and medical management of various types of cerebrovascular disorders.	Cognitive	Knowledge
8	Use the nursing process as a framework for care of a client recovering from an ischemic stroke.	Cognitive	Application
9	Identify teaching/learning needs of the client and significant others that will be participating in the home care of the stroke client.	Cognitive	Knowledge
10	Discuss and apply nursing implications for selected diagnostic testing, medications, and/or treatments prescribed for nervous disorders	Cognitive	Application

Competency Totals:	Lecture 2250	Lab 2 1500	Lab 3 4500	Total Min 8250	Cred Hrs 6	Pract Intern 0	Clinical 4500
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