

RNSG 1920.837 - Theoretical and Technical Foundations for Nursing Practice (version 201003L)

Standard Institutionally Developed College: Southern Regional Technical College

EDGE Compatible: No

Pre-requisites: All Required

Program Admission
BIOL 2113 - Anatomy and Physiology I (201003L)
BIOL 2113L - Anatomy and Physiology Lab I (201003L)
ENGL 1101 - Composition and Rhetoric (201003L)
MATH 1111 - College Algebra (201003L)




Co-requisites: All Required

BIOL 2117 - Introductory Microbiology (201003L)
BIOL 2117L - Introductory Microbiology Lab (201003L)
RNSG 1911.837 - Health Assessment through the Lifespan (201512L)
RNSG 1931.837 - Introduction to Nursing Principles of Pharmacy (201512L)

Course Description

This course is designed to facilitate the acquisition of foundational concepts, knowledge, and essential psychomotor skills related to providing nursing care to a variety of clients experiencing transitions of health status. The following concepts are introduced and integrated throughout subsequent courses: wellness and health promotion; caring; communication and collaboration; ethical and legal implications; cultural diversity; the teaching/learning process; notification; pharmacology; life transitions; the nursing process and critical thinking; and roles of the associate degree nurse.

Course Length

	Minutes	Contact Hour	 Semester Credit	WLU
Lecture:	2250	45		
Lab 2:	1500	30		
Lab 3:	2250	45		
Total:	6000	120	5	
<hr/>				
Semester Credit Hours:			5	183.75
Breakout Detail of Lab 3:				
 Practicum/Internship:	0	0		
 Clinical:	2250	45		

Competencies

Lab 3 time is broken out in detail in the Practicum/Internship and Clinical columns.

Order	Description	Lecture	Lab2	Lab3	Total Minutes	Semester Credit Hrs	Practicum/ Internship	Clinical
1	Theoretical Foundations of Nursing	350	150	0	500		0	0
2	Introduction to Basic Nursing Practice	400	400	0	800		0	0
3	Psychological Aspects of Basic Nursing Practice	500	300	0	800		0	0
4	Physiological Aspects of Basic Nursing Practice	500	300	0	800		0	0
5	Physiological Aspects of Basic Nursing Practice	500	350	0	850		0	0
6	Clinical Experience	0	0	2250	2250		0	2250
	Totals for Course RNSG 1920.837 - Theoretical and Technical Foundations for Nursing Practice (version 201003L):	2250	1500	2250	6000	5	0	2250

Learning Outcomes

Theoretical Foundations of Nursing

Order	Description	Learning Domain	Level of Learning
1	Identify initial (personal) definition of nursing, components and concepts of holistic nursing practice, caring, health, and the client and environment.	Cognitive	Knowledge
2	Describe the historical background of the nursing profession.	Cognitive	Comprehension
3	Describe the importance of nursing codes & standards of practice as guidelines for providing nursing care.	Cognitive	Comprehension
4	Identify the roles of the associate degree nurse within the scope of nursing practice in diverse health care settings.	Cognitive	Knowledge
5	Describe the philosophy and the current scope of practice of the Associate Science Registered Nurse according to the SRTC's A.S.N. program.	Cognitive	Comprehension
6	Discuss the utilization of effective & appropriate communication techniques when providing nursing care.	Cognitive	Comprehension
7	Apply effective verbal and nonverbal communication techniques. .	Cognitive	Application

Order	Description	Learning Domain	Level of Learning
8	Utilize basic professional communication for problem solving.	Cognitive	Application
9	Relate Maslow's Hierarchy in care to the nursing care of diverse clients.	Cognitive	Analysis
10	Discuss ways to apply evidence based practice.	Cognitive	Comprehension

Introduction to Basic Nursing Practice

Order	Description	Learning Domain	Level of Learning
1	Identify components of the nursing process.	Cognitive	Knowledge
2	Apply the nursing process to various client situations.	Cognitive	Application
3	Discuss various forms of documentation and their applications to the nursing process.	Cognitive	Comprehension
4	Develop self-awareness regarding possible pre-conceptions and biases related to various cultures and ages.	Cognitive	Application
5	Discuss the interaction of growth, development and culture upon provision of nursing care.	Cognitive	Comprehension
6	Discuss and review legal and ethical practices in nursing.	Cognitive	Comprehension
7	Describe characteristics of critical thinking skills used in nursing practice.	Cognitive	Comprehension
8	Discuss principles to follow in the appropriate delegation of client care activities.	Cognitive	Comprehension

Psychological Aspects of Basic Nursing Practice

Order	Description	Learning Domain	Level of Learning
1	Identify developmental changes in sleep and rest patterns.	Cognitive	Knowledge
2	Identify and implement measures to prevent threats to sleep and rest related to bed rest, age, health status, or inadequate self-care.	Cognitive	Knowledge
3	Discuss common stressors and reactions to stressors of illness, loss, grief, hospitalization and unmet needs in clients.	Cognitive	Comprehension
4	Relate the concepts of stress and adaptation to health and illness transitions.	Cognitive	Analysis
5	Discuss nursing interventions to promote positive self-concept and stress adaptation during hospitalization and loss/grief issues.	Cognitive	Comprehension
6	Discuss the interrelatedness of human needs, sexuality, spirituality and health/wellness.	Cognitive	Comprehension
7	Implement identified preventive and restorative nursing measures to enhance well-being in the elderly population.	Cognitive	Application

Order	Description	Learning Domain	Level of Learning
8	Identify nursing interventions related to physiological, cognitive, and psychosocial changes of aging.	Cognitive	Knowledge
9	Discuss components of pain management.	Cognitive	Comprehension

Physiological Aspects of Basic Nursing Practice

Order	Description	Learning Domain	Level of Learning
1	Apply knowledge of bowel and bladder function to the needs of well and immobilized clients.	Cognitive	Application
2	Identify developmental changes in bowel and bladder functioning.	Cognitive	Knowledge
3	Assess clients for bowel and bladder status.	Cognitive	Evaluation
4	Identify and implement measures to prevent threats to elimination related to bed rest, age, health status, or inadequate self-care.	Cognitive	Knowledge
5	Identify basic problems of fluid and electrolyte problem.	Cognitive	Knowledge
6	Describe the teaching/learning concepts associated with providing client care.	Cognitive	Comprehension
7	Assess a client's readiness to learn new information and skills.	Cognitive	Evaluation
8	Describe methods to evaluate interventions designed to maintain and promote client safety.	Cognitive	Comprehension

Physiological Aspects of Basic Nursing Practice

Order	Description	Learning Domain	Level of Learning
1	Explain factors contributing to conditions of risk for common nutritional problems.	Cognitive	Comprehension
2	Describe the roles of major nutrients in health and illness.	Cognitive	Comprehension
3	Support corrective or preventive dietary measures for common health problems, based upon the food pyramid and USDA dietary recommendations.	Cognitive	Evaluation
4	List nursing interventions, which promote dietary compliance in clients on therapeutic diets.	Cognitive	Knowledge
5	Describe nursing responsibilities for clients receiving enteral feedings and total parenteral nutrition.	Cognitive	Comprehension
6	Identify nutrients in food that are essential to our health and well being.	Cognitive	Knowledge
7	Calculate Kcalories in macronutrients.	Cognitive	Application

Clinical Experience

Copyright/Licensing

Copyright Owner: Southern Regional Technical College

Except where otherwise noted, these materials are licensed Creative Commons Attribution 4.0

This work is licensed under a Creative Commons Attribution 4.0 International License.

Except where otherwise noted, this content by Southern Regional Technical College is licensed under the Creative Commons Attribution 4.0

International License. To view a copy of this license, click <https://creativecommons.org/licenses/by/4.0/>

Healthcare Careers Work! (HCW) is sponsored by a \$2.3 million grant from the U.S. Department of Labor, Employment & Training Administration. TAACCCT Grant #TC- 26488-14-60-A-13. Southern Regional Technical College is an equal opportunity employer and will make adaptive equipment available to persons with disabilities upon request.

This workforce product was funded by a grant awarded by the U.S. Department of Labor's Employment and Training Administration. The product was created by the grantee and does not necessarily reflect the official position of the U.S. Department of Labor. The U.S.

Department of Labor makes no guarantees, warranties, or assurances of any kind, express or implied, with respect to such information, including any information on linked sites and including, but not limited to, accuracy of the information or its completeness, timeliness, usefulness, adequacy, continued availability, or ownership.