

FOOD ITEM	VOLUME	SERVING SIZE
<i>Milk/Coffee/Shake</i>	<i>240 ml</i>	<i>1 cup</i>
<i>Jell-O/Ice Cream/Sherbet</i>	<i>120 ml</i>	<i>½ cup</i>
<i>Puddings/Popsicles</i>	<i>90 ml</i>	<i>6 ozs</i>
<i>Iced Tea</i>	<i>360 ml</i>	<i>12 ozs</i>
<i>Juices</i>	<i>120 ml</i>	<i>½ cup</i>
<i>Creamer</i>	<i>30 ml</i>	<i>1 oz</i>
<i>Soup/Broth</i>	<i>180 ml</i>	<i>6 ozs</i>
<i>Orange</i>	<i>90 ml</i>	<i>1 Each</i>
<i>Grapefruit/orange section</i>	<i>90 ml</i>	<i>½ cup</i>

FLUID RESTRICTION GUIDELINES

FLUID LIMIT	AMOUNT PER TRAY
<i>1000 ml and Under</i>	<i>120 ml or ½ cup</i>
<i>1000 ml - 1500 ml</i>	<i>240 ml or 1 cup</i>
<i>1501 ml – 2000 ml</i>	<i>300 ml or 1 cup + 60 ml</i>
<i>2001 ml - 2500 ml</i>	<i>480 ml or 2 cups</i>
<i>Over 2500 ml</i>	NO LIMIT

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Healthcare Careers Work! (HCW) is sponsored by a \$2.3 million grant from the U.S. Department of Labor, Employment & Training Administration. TAACCCT Grant #TC- 26488-14-60-A-13. Southern Regional Technical College is an equal opportunity employer and will make adaptive equipment available to persons with disabilities upon request.

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