

KPDR-0510 Truck Driving/Class "A" CDL

Welcome to Salt Lake Community College's (SLCC's) School of Applied Technology Professional Truck Driving Program. This class is intended to help prepare you for passing the pre-trip, backing and driving skills tests you will need to pass in order to obtain your CLASS "A" CDL License.

Course Description

This course consists of 9 milestones (units of instruction) that cover basic and advanced operating practices, defensive driving, inspections, life skills and essential activities such as trip planning, map reading, hours of service and cargo handling.

Competencies:

Students will be able to:

- Identify qualifications for a commercial drive license.
- Demonstrate vehicle systems and inspections.
- Apply safe driving practices. (Shifting, Backing, Speed and Space Management)
- Use interpersonal communication skills, public relations, and job seeking skills.
- Apply Regulatory requirements for commercial drivers. (Hours of Service, Whistleblower, Driver Health and wellness)
- Implement defensive driving techniques in all types of driving conditions.
- Utilize Road Atlas and Logbook skills to pre-plan a trip.
- Identify safe handling of cargo and hazardous materials.
- Pass CDL Pre-trip, Backing, and Road tests according to State and Federal standards.

Assessment

To demonstrate competency, all assignments must be submitted and all quizzes must be passed with an 80% or higher. At the end of the course you take the Final Road Exam for License that you must pass before you will be rated with an MC as your grade for the course.

JJ Keller Videos on Demand

You will be accessing video links via JJ Keller Videos on Demand. Make sure to follow the instructions on the help page, [Videos Won't Play? \(Links to an external site.\)](#)[Links to an external site.](#)

How to Navigate this Course:

In the left navigation bar, there is a Course Tools menu. It provides information about what tools you need for the course, and how to navigate in Canvas.

Course materials are organized into modules (milestones). In each milestone there is a list of items that need to be completed. Each item must be completed before moving on to the next item on the list. All assignments must be

submitted, and all quizzes must be passed with 80% or better. All the instructions to complete the assignments are included. If there are any questions about the instructions, please speak with your instructor.

To start this course, please **read and print** the [Course Syllabus](#). The course syllabus will provide information on what is expected from you about your conduct and completion of the course. After you have read the syllabus, start on Milestone 1. You must complete Milestone 1 before moving on to the next section.

Start the course with the first item in Milestone 1 by click the link below. You can also click on the **Modules** link in the left navigation bar.

[Milestone 1](#)

[Milestone 6](#)

[Milestone 2](#)

[Milestone 7](#)

[Milestone 3](#)

[Milestone 8](#)

[Milestone 4](#)

[Milestone 9](#)

[Milestone 5](#)

Vehicle Inspection Video

Watch the video by clicking the play button.

Vehicle Inspection

This video covers what you will need to know about vehicle inspection for the Utah commercial driver's license.

CDL Road Test Video

Watch the video by clicking the play button.

CDL Road Test

This video covers what you will need to know about /CDL road test for the Utah commercial driver's license.

Basic Control Skills Backing Video

Watch the video by clicking on the play button.

Basic Control Skills (Backing)

This video covers what you will need to know about basic control skills (backing) for the Utah commercial driver's license.

Daily Driving Progress Reports

You will receive a daily progress report on your driving from your instructor. This feedback is intended to help you improve your performance as you progress through the course. Please make sure that you read your instructor's comments and act on them accordingly. You can communicate with your instructor through the reports.

Daily Progress Reports

[Daily Progress Report - Day 01](#)

[Daily Progress Report - Day 02](#)



[Daily Progress Report - Day 03](#)

[Daily Progress Report - Day 04](#)

[Daily Progress Report - Day 05](#)

[Daily Progress Report - Day 06](#)

[Daily Progress Report - Day 07](#)

[Daily Progress Report - Day 08](#)

[Daily Progress Report - Day 09](#)

[Daily Progress Report - Day 10](#)

[Daily Progress Report - Day 11](#)

[Daily Progress Report - Day 12](#)

[Daily Progress Report - Day 13](#)

[Daily Progress Report - Day 14](#)

[Daily Progress Report - Day 15](#)

[Daily Progress Report - Day 16](#)

[Daily Progress Report - Day 17](#)

[Daily Progress Report - Day 18](#)

[Daily Progress Report - Day 19](#)

[Daily Progress Report - Day 20](#)

[Daily Progress Report - Day 21](#)

[Daily Progress Report - Day 22](#)

[Daily Progress Report - Day 23](#)

[Daily Progress Report - Day 24](#)

[Daily Progress Report - Day 25](#)

[Daily Progress Report - Day 26](#)

[Daily Progress Report - Day 27](#)

[Daily Progress Report - Day 28](#)

[Daily Progress Report - Day 29](#)

[Daily Progress Report - Day 30](#)

[Daily Progress Report - Day 31](#)

[Daily Progress Report - Day 32](#)

Backing Progress Reports

You will receive a backing progress report on your backing techniques from your instructor. This feedback is intended to help you improve your performance. Please make sure that you read your instructor's comments and act on them accordingly. You can communicate with your instructor through the reports.

Daily Progress Reports

[Backing Progress Report
- Attempt 01](#)

[Backing Progress
Report - Attempt 02](#)

[Backing Progress Report
- Attempt 03](#)

[Backing Progress
Report - Attempt 04](#)

[Backing Progress Report
- Attempt 05](#)

[Backing Progress
Report - Attempt 06](#)

[Backing Progress Report
- Attempt 07](#)

[Backing Progress
Report - Attempt 08](#)

[Backing Progress Report
- Attempt 09](#)

[Backing Progress
Report - Attempt 10](#)

Milestone 1 Introduction

In this Milestone, you will be required to know and understand what is expected from you in this course. You will be learning to drive a very large vehicle which places a great burden of responsibility on you.

When you have completed **Milestone 1**, you should be able to:

- Identify course objectives, testing and grading methods.
- Describe the qualification for a commercial driver license.
- Identify professional behaviors required of professional drivers.

As you read through each chapter in your manual pay particular attention to special features designed to help you better understand.

- **Objectives:** Objectives are listed at the beginning of each chapter. They provide clear direction to students as to what they should understand when they have completed the chapter.
- **Introduction:** It gives a summary of the content that will be covered in the chapter and the key concepts and topics that will be taught.
- **Color Blocks: "Traffic Lights"**
 - **RED** "STOP!" draw the students' attention to the most serious safety concerns.
 - **YELLOW** "CAUTION!" highlights information on concepts or techniques that, for reasons of safety, require the student to exercise caution when putting them into practice.

- GREEN "GO!" highlights information that helps make students ready to go once they have a clear understanding.
- **Other help items:**
- Chapter Summary
- Key Terms
- Supplemental Learning Activities

You must complete all items in Milestone 1 before you will be able to access Milestone 2.

Milestone 1 Checklist

Instructions:

Follow the checklist for correct sequence for completing each assignment. You will be required to pass each test with 80% or higher. The next text is locked until previous one is passed with 80% or higher.

Milestone 1 - Registration and Orientation

First day of class students should have the following:

- Course Packet: Packet includes Adams, Alice (2006, Trucking: Tractor - Trailer Driver Handbook/Workbook 4rd Edition, Log Book, Atlas, FMCSR Handbook
- Pen or pencil and notebook

Read the instructions in the Assignment Checklist. Everything will be found by clicking on Modules on the left navigation. Look under the listed Milestone for each items.

Assignment:

1. Present to the instructor the following items:

- Commercial Driver Instruction Permit (CDIP)
- D.O.T Medical Card
- D.O.T Drug Test Form

2. Read: *KPDR 0510 Truck Driving/Class "A" CDL Course Syllabus*.

3. Take the Truck Driving/Class "A" CDL Course Syllabus Quiz.

4. Read Chapter 2 found in the course text and view Chapter 2 presentation.

5. Read Chapter 1 found in the course text and view Chapter 1 presentation.

6. Take Module 1 Exam.

7. Check with your instructor to make sure that you have completed this milestone, then go on to Milestone 2 Basic Vehicle Systems and Inspections.

1-1 Syllabus Review Quiz

Instructions

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

Chapter02.pdf

[Download Chapter02.pdf](#) (1.42 MB)

Chapter01.pdf

[Download Chapter01.pdf](#) (2.31 MB)

1-2 Milestone 1 Exam

Instructions

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

Milestone 2 Introduction

What does it take to be able to drive a commercial motor vehicle (CMV)? You don't just jump in the truck and drive. There are procedures that you must follow to keep you and everyone around you safe.

When you have completed **Milestone 2**, you should be able to:

- Identify course objectives, testing and grading methods.
- Describe the qualification for a commercial driver license.
- Identify professional behaviors required of professional drivers.

As you read through each chapter in your manual pay particular attention to special features designed to help you better understand.

- **Objectives:** Objectives are listed at the beginning of each chapter. They provide clear direction to students as to what they should understand when they have completed the chapter.
- **Introduction:** It gives a summary of the content that will be covered in the chapter and the key concepts and topics that will be taught.
- **Color Blocks: "Traffic Lights"**
 - **RED** "STOP!" draw the students' attention to the most serious safety concerns.
 - **YELLOW** "CAUTION!" highlights information on concepts or techniques that, for reasons of safety, require the student to exercise caution when putting them into practice.

- **GREEN** "GO!" highlights information that helps make students ready to go once they have a clear understanding.
- **Other help items:**
- Chapter Summary
- Key Terms
- Supplemental Learning Activities

You must complete all items in Milestone 2 before you will be able to access Milestone 3.

Milestone 2 Checklist

Instructions:

Follow the checklist for correct sequence for completing each assignment. Your instructor will e-mail you videos which will help you understand each chapter. You will be required to pass a test for each video in sequence as the next test is locked until previous one is passed with 80% or higher.

Assignment Checklist:

1. Read Chapter 3 found in the course text and view Chapter 3 presentation.
2. Watch **Air Brakes - Master Driver** (24 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
3. Read Chapter 4 and view Chapter 4 presentation.
4. Read Chapter 7 text and view the Chapter 7 presentation.
5. View the video, **Injury Prevention for Drivers** (25 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
6. View the video, **Right Turns/Left Turns/Intersections** (33 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
7. Read Chapter 6 found in the course text and view Chapter 6 presentation.
8. Read Chapter 10 and view Chapter 10 presentation.
9. View the video, **Coupling & Uncoupling - Master Driver** (26 minutes) and take the exam that follows the video.
10. View the video, **Vehicle Inspections Tractor Trailers** and take the exam that follows the video.
12. Take Milestone 2 Exam.

Chapter03.pdf

[Download Chapter03.pdf](#) (2.09 MB)

2-1 Air Brakes - Master Driver Video Quiz

Instructions

Read each question carefully and choose the best answer

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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Chapter04.pdf

[Download Chapter04.pdf](#) (2.96 MB)

Chapter07.pdf

[Download Chapter07.pdf](#) (1.76 MB)

2-2 Injury Prevention for Drivers Video Quiz 1

Instructions

Read each question carefully and choose the best answer

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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2-3 Injury Prevention for Drivers Video Quiz 2

Instructions

Read each question carefully and choose the best answer

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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2-4 Right Turns/Left Turns/Intersections Video Quiz

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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Chapter06.pdf

[Download Chapter06.pdf](#) (1.97 MB)

Chapter10.pdf

[Download Chapter10.pdf](#) (2.1 MB)

2-5 Coupling Uncoupling - Master Driver Video Quiz

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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2-6 Vehicle Inspections Tractor Trailers Video Quiz

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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2-7 Milestone 2 Exam

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

Milestone 3 Introduction

On the road, communication is extremely important. You need to make clear what your intent to others is while driving, backing, or parking your CMV.

When you have completed **Milestone 3**, you should be able to:

- Identify course objectives, testing and grading methods.
- Describe the qualification for a commercial driver license.
- Identify professional behaviors required of professional drivers.

As you read through each chapter in your manual pay particular attention to special features designed to help you better understand.

- **Objectives:** Objectives are listed at the beginning of each chapter. They provide clear direction to students as to what they should understand when they have completed the chapter.
- **Introduction:** It gives a summary of the content that will be covered in the chapter and the key concepts and topics that will be taught.
- **Color Blocks: "Traffic Lights"**
 - **RED** "STOP!" draw the students' attention to the most serious safety concerns.
 - **YELLOW** "CAUTION!" highlights information on concepts or techniques that, for reasons of safety, require the student to exercise caution when putting them into practice.
 - **GREEN** "GO!" highlights information that helps make students ready to go once they have a clear understanding.
- **Other help items:**

- Chapter Summary
- Key Terms
- Supplemental Learning Activities

You must complete all items in Milestone 3 before you will be able to access Milestone 4.

Milestone 3 Checklist

Instructions:

Follow the checklist for correct sequence for completing each assignment. Your instructor will e-mail you videos which will help you understand each chapter. You will be required to pass a test for each video in sequence as the next test is locked until previous one is passed with 80% or higher.

Assignment Checklist:

1. Read Chapter 8 found in the course text and view Chapter 8 presentation.
2. Read Chapter 9 and view Chapter 9 presentation.
3. View the video, **Backing** (18 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
4. View the video, **Backing Techniques** (21 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
5. Read Chapter 14 found in the course text and view Chapter 14 presentation.
6. View the video, **Distracted Driving** (18 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
7. View the video, **Road Rage - Extreme 7 Minute Solutions** (10 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
8. View the video, **Safety Issues - Master Driver** (24 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
9. Read Chapter 15 and view Chapter 15 presentation.
10. Read Chapter 16 and view Chapter 16 presentation.
11. View the video, **Fixed Object Collisions - Driver Training Series** (27 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
12. View the video, **Speed & Space MGMT - Master Driver** (16 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
13. Read Chapter 17 and view Chapter 17 presentation.
14. View the video, **Speed & Space Management - EYE ON** (37 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
15. Take Milestone 3 Exam.

Chapter08.pdf

[Download Chapter08.pdf](#) (2.52 MB)

Chapter09.pdf

[Download Chapter09.pdf](#) (1.81 MB)

3-01 Backing Video Quiz

Instructions

Read each question carefully and choose the best answer

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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3-02 Backing Techniques - Master Driver Video Quiz

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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Chapter14.pdf

[Download Chapter14.pdf](#) (1.42 MB)

3-03 Distracted Driving Video Quiz 1

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.

2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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3-04 Distracted Driving Video Quiz 2

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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3-05 Road Rage - Extreme Seven-Minute Solutions Video Quiz

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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3-06 Safety Issues - Master Driver Video Quiz

Instructions

Read each question carefully and choose the best answer

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).

3. When you have answered all the questions, click the **Submit** button.

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Chapter15.pdf

[Download Chapter15.pdf](#) (1.61 MB)

Chapter16.pdf

[Download Chapter16.pdf](#) (1.49 MB)

Chapter17.pdf

[Download Chapter17.pdf](#) (1.59 MB)

3-07 Speed Space Management - Master Driver Video Quiz

Instructions

Read each question carefully and choose the best answer

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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3-08 Speed Space Management - EYE ON Video Quiz

Instructions

Read each question carefully and choose the best answer

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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3-09 Fixed Object Collisions - Driver Training Series Video Quiz

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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3-10 Milestone 3 Exam

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

Milestone 4 Introduction

Interacting with others is important whether you are diving or not. Maintaining a positive relationship through good communication skills is important. These same skills can help you when applying for a job as a professional driver.

When you have completed **Milestone 4**, you should be able to:

- Identify course objectives, testing and grading methods.
- Describe the qualification for a commercial driver license.
- Identify professional behaviors required of professional drivers.

As you read through each chapter in your manual pay particular attention to special features designed to help you better understand.

- **Objectives:** Objectives are listed at the beginning of each chapter. They provide clear direction to students as to what they should understand when they have completed the chapter.
- **Introduction:** It gives a summary of the content that will be covered in the chapter and the key concepts and topics that will be taught.
- **Color Blocks: "Traffic Lights"**

- **RED** "STOP!" draw the students' attention to the most serious safety concerns.
- **YELLOW** "CAUTION!" highlights information on concepts or techniques that, for reasons of safety, require the student to exercise caution when putting them into practice.
- **GREEN** "GO!" highlights information that helps make students ready to go once they have a clear understanding.
- **Other help items:**
- Chapter Summary
- Key Terms
- Supplemental Learning Activities

You must complete all items in Milestone 4 before you will be able to access Milestone 5.

Milestone 4 Checklist

Instructions:

Follow the checklist for correct sequence for completing each assignment. Your instructor will e-mail you videos which will help you understand each chapter. You will be required to pass a test for each video in sequence as the next test is locked until previous one is passed with 80% or higher.

Assignment Checklist:

1. Read Chapter 24 found in the course text and view Chapter 24 presentation.
2. View the video, **Accident Procedures - Master Driver** (22 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
3. View the video, **At the Scene - Extreme 7 Minute Solution** (10 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
4. Read Chapter 33 and view Chapter 33 presentation.
5. Read Chapter 5 and view Chapter 5 presentation.
6. Read Chapter 36 and view Chapter 36 presentation.
7. View the video, **Roadside Inspections: A Driver's Guide** (23 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
8. View the video, **CSA: Know the Basics** (47 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
9. Take Module 8 Exam.

Chapter24.pdf

[Download Chapter24.pdf](#) (2.14 MB)

4-1 Accident Procedures - Driver Training Series Video Quiz

Instructions

Read each question carefully and choose the best answer

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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4-2 At the Scene - Extreme Seven-Minute Solutions Video Quiz

Instructions

Read each question carefully and choose the best answer

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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Chapter33.pdf

[Download Chapter33.pdf](#) (1.6 MB)

Chapter05.pdf

[Download Chapter05.pdf](#) (1.2 MB)

Chapter36.pdf

[Download Chapter36.pdf](#) (1.32 MB)

4-3 Roadside Inspections A Drivers Guide - CSA Video Quiz

Instructions

Read each question carefully and choose the best answer

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.

2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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4-4 Roadside Inspections A Drivers Guide - Vehicle Inspections Video Quiz

Instructions

Read each question carefully and choose the best answer

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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4-5 Roadside Inspections A Drivers Guide - Roadside Inspections Video Quiz

Instructions

Read each question carefully and choose the best answer

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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4-6 CSA Know the BASICS Video Quiz 1

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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4-7 CSA Know the BASICS Video Quiz 2

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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4-8 Milestone 8 Exam

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

Milestone 5 Introduction

You are driving for a company that asks you to break the rules. You keep accurate logs on your driving. What should you do?

When you have completed **Milestone 5**, you should be able to:

- Identify course objectives, testing and grading methods.
- Describe the qualification for a commercial driver license.
- Identify professional behaviors required of professional drivers.

As you read through each chapter in your manual pay particular attention to special features designed to help you better understand.

- **Objectives:** Objectives are listed at the beginning of each chapter. They provide clear direction to students as to what they should understand when they have completed the chapter.
- **Introduction:** It gives a summary of the content that will be covered in the chapter and the key concepts and topics that will be taught.
- **Color Blocks: "Traffic Lights"**
 - **RED** "STOP!" draw the students' attention to the most serious safety concerns.
 - **YELLOW** "CAUTION!" highlights information on concepts or techniques that, for reasons of safety, require the student to exercise caution when putting them into practice.
 - **GREEN** "GO!" highlights information that helps make students ready to go once they have a clear understanding.
- **Other help items:**
 - Chapter Summary
 - Key Terms
 - Supplemental Learning Activities

You must complete all items in Milestone 5 before you will be able to access Milestone 6.

Milestone 5 Checklist

Instructions:

Follow the checklist for correct sequence for completing each assignment. Your instructor will e-mail you videos which will help you understand each chapter. You will be required to pass a test for each video in sequence as the next test is locked until previous one is passed with 80% or higher.

Assignment Checklist:

1. Read Chapter 28 found in the course text and view Chapter 28 presentation.
2. View the video, **Hours of Service** (42 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
3. Read Chapter 34 and view Chapter 34 presentation.
4. View the video, **Alcohol & Drug Testing: What Drivers Need to Know** (24 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
5. View the video, **Drivers, Drugs & Drinking** (20 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
6. View the video, **Driver Fatigue - 7 Minute Solutions** (9 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
7. Read Chapter 35 and view Chapter 35 presentation.
8. View the video, **CMV Driver Basics** (42 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
9. Read Chapter 12 and view Chapter 12 presentation.

10. Read Chapter 13 and view Chapter 13 presentation.

11. Take Module 4 Exam.

Chapter28.pdf

[Download Chapter28.pdf](#) (1.27 MB)

5-1 Hours of Service Video Quiz 1

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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5-2 Hours of Service Video Quiz 2

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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Chapter34.pdf

[Download Chapter34.pdf](#) (1.54 MB)

5-3 Alcohol & Drug Testing: What Drivers Need to Know Video Quiz

Instructions

Read each question carefully and choose the best answer

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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5-4 Driver Fatigue - Seven Minute Solutions Video Quiz

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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Chapter35.pdf

[Download Chapter35.pdf](#) (1.29 MB)

5-5 CMV Driver Basics Video Quiz

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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Chapter12.pdf

[Download Chapter12.pdf](#) (1.84 MB)

Chapter13.pdf

[Download Chapter13.pdf](#) (1.7 MB)

5-6 Milestone 4 Exam

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

Milestone 6 Introduction

You see a crazy driver in an automobile who is playing chicken with a fellow CMV driver. You know this will lead to a bad accident. You apply your defensive driving techniques to help keep yourself and other drivers safe while on the road.

When you have completed **Milestone 6**, you should be able to:

- Identify course objectives, testing and grading methods.
- Describe the qualification for a commercial driver license.
- Identify professional behaviors required of professional drivers.

As you read through each chapter in your manual pay particular attention to special features designed to help you better understand.

- **Objectives:** Objectives are listed at the beginning of each chapter. They provide clear direction to students as to what they should understand when they have completed the chapter.
- **Introduction:** It gives a summary of the content that will be covered in the chapter and the key concepts and topics that will be taught.
- **Color Blocks: "Traffic Lights"**
 - **RED** "STOP!" draw the students' attention to the most serious safety concerns.
 - **YELLOW** "CAUTION!" highlights information on concepts or techniques that, for reasons of safety, require the student to exercise caution when putting them into practice.
 - **GREEN** "GO!" highlights information that helps make students ready to go once they have a clear understanding.
- **Other help items:**
 - Chapter Summary
 - Key Terms
 - Supplemental Learning Activities

You must complete all items in Milestone 6 before you will be able to access Milestone 7.

Milestone 6 Checklist

Instructions:

Follow the checklist for correct sequence for completing each assignment. Your instructor will e-mail you videos which will help you understand each chapter. You will be required to pass a test for each video in sequence as the next test is locked until previous one is passed with 80% or higher.

Assignment Checklist:

1. Read Chapter 18 found in the course text and view Chapter 18 presentation.
2. View the video, **Night Driving - Driver Training Series** (14 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
3. View the video, **Mountains! - Extreme 7 Minute Solutions** (11 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
4. Read Chapter 19 and view Chapter 19 presentation.
5. View the video, **Extreme Weather Driving - Driver Training Series** (19 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
6. View the video, **Wind! - Extreme 7 Minute Solutions** (10 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
7. View the video, **Rain! - Extreme 7 Minute Solutions** (9 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
8. Read Chapter 20 and view Chapter 20 presentation.
9. Read Chapter 21 and view Chapter 21 presentation.
10. View the video, **City Driving - Master Driver** (24 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
11. View the video, **Hazard Perception Challenge** (60 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
12. View the video, **Hazard Perception Challenge 2** (60 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
13. View the video, **Road Work! - Extreme 7 Minute Solutions** (11 minutes) and take the exam that follows the video.
14. View the video, **Seeing Hazards - 7 Minute Solutions** (9 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
15. View the video, **Emergency Maneuvers - Driver Training Series** (23 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
16. Read Chapter 22 found in the course text and view Chapter 22 presentation.
17. View the video, **Railroad Crossing - 7 Minute Solutions** (9 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
18. Read Chapter 23 and view Chapter 23 presentation.
19. View the video, **Driving Techniques - Driver Training Series** (16 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.

20. View the video, **Defensive Driving - EYE ON** (50 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.

21. View the video, **Defensive Driving - 7 Minute Solutions** (10 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.

22. Take Module 6 Exam.

Chapter18.pdf

[Download Chapter18.pdf](#) (1.57 MB)

6-01 Night Driving - Driver Training Series Video Quiz

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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6-02 Mountains! - Extreme 7 Minute Solutions Video Quiz

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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Chapter19.pdf

[Download Chapter19.pdf](#) (1.53 MB)

6-03 Extreme Weather Driving - Driver Training Series Video Quiz

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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6-04 Wind! - Extreme 7 Minute Solutions Video Quiz

Instructions

Read each question carefully and choose the best answer

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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6-05 Rain! - Extreme 7 Minute Solutions Video Quiz

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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Chapter20.pdf

[Download Chapter20.pdf](#) (1.61 MB)

Chapter21.pdf

[Download Chapter21.pdf](#) (1.84 MB)

6-06 City Driving - Master Driver Video Quiz

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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6-07 Road Work! - Extreme 7 Minute Solutions Video Quiz

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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6-08 Seeing Hazards - 7 Minute Solutions Video Quiz

Instructions

Read each question carefully and choose the best answer

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).

3. When you have answered all the questions, click the **Submit** button.

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6-09 Emergency Maneuvers - Driver Training Series Video Quiz

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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Chapter22.pdf

[Download Chapter22.pdf](#) (1.55 MB)

6-10 Railroad Crossing - 7 Minute Solutions Video Quiz

Instructions

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

Chapter23.pdf

[Download Chapter23.pdf](#) (1.68 MB)

6-11 Driving Techniques - Driver Training Series Video Quiz

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.

2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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6-12 Defensive Driving - EYE ON Video Quiz

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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6-13 Defensive Driving - 7 Minute Solutions Video Quiz

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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6-14 Milestone 5 Exam

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).

- When you have answered all the questions, click the **Submit** button.

Milestone 7 Introduction

You been dispatched to New York City for delivery from Salt Lake City. Using the road atlas and understanding the hours of service and completing a daily log book will be essential to making your appointment on time by planning your trip and driving your plan.

When you have completed **Milestone 7**, you should be able to:

- Identify course objectives, testing and grading methods.
- Describe the qualification for a commercial driver license.
- Identify professional behaviors required of professional drivers.

As you read through each chapter in your manual pay particular attention to special features designed to help you better understand.

- Objectives:** Objectives are listed at the beginning of each chapter. They provide clear direction to students as to what they should understand when they have completed the chapter.
- Introduction:** It gives a summary of the content that will be covered in the chapter and the key concepts and topics that will be taught.
- Color Blocks: "Traffic Lights"**
 - RED** "STOP!" draw the students' attention to the most serious safety concerns.
 - YELLOW** "CAUTION!" highlights information on concepts or techniques that, for reasons of safety, require the student to exercise caution when putting them into practice.
 - GREEN** "GO!" highlights information that helps make students ready to go once they have a clear understanding.
- Other help items:**
 - Chapter Summary
 - Key Terms
 - Supplemental Learning Activities

You must complete all items in Milestone 7 before you will be able to access Milestone 8.

Milestone 7 Checklist

Instructions:

Follow the checklist for correct sequence for completing each assignment. Your instructor will e-mail you videos which will help you understand each chapter. You will be required to pass a test for each video in sequence as the next test is locked until previous one is passed with 80% or higher.

Assignment Checklist:

- Read Chapter 11 found in the course text and view Chapter 11 presentation.
- Read Chapter 27 found in the course text and view Chapter 27 presentation.

3. View the video, **Tanker Driving Techniques** (21 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
4. View the video, **Tanker Vehicle Inspection** (23 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
5. View the video, **Yard Spotting - 7 Minute Solutions** (10 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
6. Read Chapter 29 and view Chapter 29 presentation.
7. Read Chapter 31 and view Chapter 31 presentation.
8. Read Chapter 30 and view Chapter 30 presentation.
9. Take Module 6 Exam.

Chapter11.pdf

[Download Chapter11.pdf](#) (1.88 MB)

Chapter27.pdf

[Download Chapter27.pdf](#) (2.09 MB)

7-1 Tanker Driving Techniques Video Quiz

Instructions

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

7-2 Tank Vehicle Inspection Video Quiz

Instructions

Read each question carefully and choose the best answer

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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7-3 Yard Spotting - Seven-Minute Solutions Video Quiz

Instructions

Read each question carefully and choose the best answer

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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Chapter29.pdf

[Download Chapter29.pdf](#) (1.36 MB)

Chapter31.pdf

[Download Chapter31.pdf](#) (1.36 MB)

Chapter30.pdf

[Download Chapter30.pdf](#) (1.17 MB)

7-4 Milestone 6 Exam

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

Milestone 8 Introduction

You are driving a heavy load. You hope that the load is safely loaded and secured. The last thing you want is to lose your load and be the cause of an accident or worse.

When you have completed **Milestone 8**, you should be able to:

- Identify course objectives, testing and grading methods.

- Describe the qualification for a commercial driver license.
- Identify professional behaviors required of professional drivers.

As you read through each chapter in your manual pay particular attention to special features designed to help you better understand.

- **Objectives:** Objectives are listed at the beginning of each chapter. They provide clear direction to students as to what they should understand when they have completed the chapter.
- **Introduction:** It gives a summary of the content that will be covered in the chapter and the key concepts and topics that will be taught.
- **Color Blocks: "Traffic Lights"**
 - **RED** "STOP!" draw the students' attention to the most serious safety concerns.
 - **YELLOW** "CAUTION!" highlights information on concepts or techniques that, for reasons of safety, require the student to exercise caution when putting them into practice.
 - **GREEN** "GO!" highlights information that helps make students ready to go once they have a clear understanding.
- **Other help items:**
 - Chapter Summary
 - Key Terms
 - Supplemental Learning Activities

You must complete all items in Milestone 8 before you will be able to access Milestone 9.

Milestone 8 Checklist

Instructions:

Follow the checklist for correct sequence for completing each assignment. Your instructor will e-mail you videos which will help you understand each chapter. You will be required to pass a test for each video in sequence as the next test is locked until previous one is passed with 80% or higher.

Assignment Checklist:

1. Read Chapter 25 found in the course text and view Chapter 25 presentation.
2. View the video, **Cargo Securement Flatbeds** (25 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
3. View the video, **Dry Van Cargo Securement** (22 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
4. View the video, **Ins & Outs of Loading Dock and Warehouse Safety** (19 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
5. View the video, **Ups & Downs of Material Handling Equipment Safety** (21 minutes) and take the exam that follows the video. Your instructor will email you the link. Check your email.
6. Read Chapter 26 found in the course text and view Chapter 26 presentation.
7. Read Chapter 32 and view Chapter 32 presentation.

8. Take Module 7 Exam.

Chapter25.pdf

[Download Chapter25.pdf](#) (2.11 MB)

8-1 Cargo Securement Flatbeds Video Quiz 1

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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8-2 Cargo Securement Flatbeds Video Quiz 2

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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8-3 Dry Van Cargo Securement Video Quiz 1

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.

2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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8-4 Dry Van Cargo Securement Video Quiz 2

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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8-5 Ins & Outs of Loading Dock and Warehouse Safety Video Quiz

Instructions

Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

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Chapter26.pdf

[Download Chapter26.pdf](#) (2.14 MB)

Chapter32.pdf

[Download Chapter32.pdf](#) (1.58 MB)

8-6 Milestone 7 Exam

Instructions



Read each question carefully and choose the best answer.

Some questions may require you to select more than one answer.

To take a quiz:

1. Click **Take this Quiz** link.
2. Read each question and choose the best answer(s).
3. When you have answered all the questions, click the **Submit** button.

Milestone 9 Introduction

In this Milestone, you will be watching some videos to help you put it all together. In this milestone, you will put into practice what you have learned. If your instructor feels you are ready, you will be able to take the final exam to earn your CDL.

When you have completed **Milestone 9**, you should be able to:

- Pass CDL Pre-trip, Backing, and Road Driving Skills tests according to State and Federal standards.

Complete all the items in the checklist. Once you have completed the checklist, schedule an appointment to meet with your instructor.

You must complete all items in Milestone 9 before you meet with your instructor.

End of Course Checklist

Milestone 9

Assignment:

1. Review the Hours of Service presentation.
2. Demonstrate understanding of the "Hours of Service Regulations" by maintaining a legal daily logbook as required while enrolled in the Truck Driving Program. Show your instructor your log to ensure that your daily log book is in good order.
3. Review the Commercial Driver's License presentation.
4. Review the videos: Vehicle Inspection, Basic Control Skills, CDL Road Test.
5. Practice Pre-trip vehicle inspections
6. Practice Basic Control Skills (backing)
7. Practice On-Road driving
8. Take the Commercial Driver's License (CDL) pre-trip, backing skills and road tests.

Final Road Exam for License

Student must pass the final CDL exam areas listed below. Students must pass each exam before progressing to the next.

1. Pre-Trip Inspection



**SCHOOL OF APPLIED TECHNOLOGY &
TECHNICAL SPECIALTIES
TRUCK DRIVING/CLASS "A" CDL (KPDR)**

2. Basic Skills Test
3. Road Test