

# LANA GORDINEER

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## Professional Summary

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- Full time faculty with four + years' experience, Nursing Department, Lead Instructor- implemented and run new course HLH 130 Nurse Assistant Training at DTCC which is now a pre-requisite to the Nursing ADN program.
- Professionally trained Certified Diabetes Educator with experience ensuring high standards of culturally competent care for a wide variety of patients with diverse needs.
- Responsible Clinical Educator with excellent communication skills demonstrated by 30 years of experience in healthcare and education.
- 16+ years nursing experience in medical/surgical, endoscopy, skilled nursing facility, and renal dialysis.

## Licenses

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- Registered Nurse - State of Delaware L1-0016385
- BLS - Basic Life Support-Instructor/Faculty

## Skill Highlights

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- Treatment of diabetes
- Patient evaluation/intervention
- Clinical training
- Developing procedure
- Acute and rehabilitative care
- Healthy meal preparation
- Insulin medication assistance
- Chart preparation/filing
- CPR/BLS certified
- Patient and family advocacy
- Diabetes Patient Care
- Familiarity with disease management programs
- Organizational skills
- Inpatient and outpatient care
- Licensed RN in Delaware
- Lead Instructor for an accredited Nurse Assistant Training course
- Health education- Staff & Community
- Long-term care Experience
- Policy development and implementation
- Staff training/motivation/development
- Knowledgeable regarding Medicaid and Medicare requirements
- Clinical experience in Medical/surgical nursing

## Professional Experience

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### Lead Instructor- HLH 130 Nurse Assistant Training Course Delaware Technical Community College, Terry Campus Nursing Department

April 29, 2013 to Present.

- Implement actions to increase student success (graduation, retention and progression).
- Utilize Blackboard and other technology appropriately.

- Effective communicator and appropriately manage the classroom.
- Address diverse learning styles using advanced instructional techniques.
- Consistently prepared for course sessions using best practice lesson/course plans.
- Students are encouraged to participate in class/lab/clinical.
- Developed a well-organized lesson with an introduction and conclusion and emphasizing key points to ensure student success.
- Enthusiastic, knowledgeable, and up-to-date on subject matter being taught- Nurse Assistant Training.
- Maintain a good rapport with the students.
- Assist students with college admission and course success through academic advisement, recommendations and keeping on track.
- Prepare departmental reports, attendance reports, progress reports, final grades, and other deadlines.
- Inform students about Campus/College policies, procedures and services as needed.
- Participate in college programs and events such as Spring Explanation, Chocolate Lover's Run, Graduation, Pinning ceremony, Open house, and student organized activities.
- Member of the Faculty Senate and ACEN committees.
- Participate in the planning and implementation of SLOA and all Department/Campus/College meetings.
- Plan, develop, evaluate and revise new/exiting curriculums/courses as assigned and in accordance with College wide standards.
- Assist in attaining and maintaining program accreditations and program reviews.
- Interview and recommend hiring of adjunct nursing staff through application review with the adjunct and approval of the Instructional Director.
- Monitor and assist adjunct staff as outlined in policy and as needed; meeting both college and state requirements.

### **Certified Legal Nurse Consultant- Consulting Expert**

February 2013 to April 2015

- Screen or investigate cases for merit.
- Define the applicable standards of care.
- Define deviation from, and adherences to, the applicable standard of care.
- Assess the alleged damages and/or injuries.
- Identify factors that caused or contributed to the alleged damages and/or injuries.
- Organize, tab and paginate medical records.
- Summarize, translate and interpret medical records.
- Conduct literature searches and integrate the literature and standards/guidelines into the case analysis.
- Research and analyze the validity and reliability of research studies relied on by all parties.
- Identify and review relevant medical records, hospital policies and procedure, other essential documents and other tangible items.
- Consult with healthcare providers
- Review, analyze and summarize depositions, including past testimony.

### **Diabetes Educator**

May 2003 to February 2013- Retired

**Bayhealth Medical Center** – Dover, Delaware

- Medical/Surgical Clinical Educator.

- Certified Diabetes Educator
- Experience with various medical conditions including Parkinson's, Dementia, Diabetes, Cancer, Alzheimer and Paget's disease.
- Prepared for HIPAA and JCAHO reviews, ensuring required brochures and pamphlets were available to patients in all clinics.
- Demonstrated ability to lead and motivate outstanding healthcare teams.
- Provided patient education.
- Ensured HIPAA compliance.
- Basic Rhythm Recognition instructor.
- Created, coordinated and instructed High Risk Medications Award winning course.
- Educated patients about their treatments.
- Supported patients with customized patient teaching tools.
- Evaluated health education needs of patients and provided necessary training and instruction.
- Maintained patient privacy and confidential patient information.
- Maintained all confidential personnel files, licensing and CPR compliance records.
- Processed monthly reports for department performance.
- Served as a liaison between patients and physicians to assist patients in understanding their treatment plans.
- Instructed patients and family members on proper discharge care.
- Provided necessary health education training for patients.

### **Endoscopy Staff Nurse**

November 1999 to May 2003

**Bayhealth Medical Center** – Dover, Delaware

- Maintained up to date knowledge regarding Basic Rhythm Recognition.
- Assisted doctors with surgeries and non-invasive procedures.
- Provided on-call care at all times of day and night when scheduled.
- Prepared for HIPAA and JCAHO reviews, ensuring required brochures and pamphlets were available to patients in all clinics.
- Contributed substantially to successful department JCAHO accreditation.
- Provided patient education.
- Ensured HIPAA compliance.
- Educated patients about their treatments.
- Coordinated the review, revision and creation of Operational Policies within Endoscopy Department.
- Documented patient information obtained from interviews.
- Performed basic physical assessments of all Endoscopy patients.
- Followed infection control procedures.
- Delegated staff nurse duties.
- Administered medications and assisted in diagnostic testing for patients undergoing a colonoscopy, EGD, ERCP, or Bronchoscopy.
- Assessed patients and documented their medical histories.
- Evaluated patient care needs, prioritized treatment, and maintained patient post procedure.
- Provided treatment within scope of practice as defined by state law.
- Trained new staff on quality control procedures.
- Maintained patient privacy and confidential patient information.
- Took and recorded patients' temperature, pulse and blood pressure.
- Ensured safety and well-being of patients.
- Partnered with team of registered nurses to achieve overall well-being of all patients.
- Cleaned and sterilized instruments and disposed of contaminated supplies.
- Collected blood, tissue and other laboratory specimens and prepared them for lab testing.
- Helped physicians examine and treat patients by assisting with

- instruments, injections and equipment needed for Endoscopy procedures.
- Processed monthly reports for department performance.
- Managed care for post-operative patients through discharge.
- Instructed patients and family members on proper discharge care.
- Monitored patients with acute conditions.
- Accurately documented all elements of nursing assessment, treatments, medications, discharge instructions, and follow-up care.

### **Medical/Surgical Staff Nurse**

June 1992 to May 1999

#### **Kent General Hospital – Dover, Delaware**

- Accurately documented all elements of nursing assessment, treatments, medications, discharge instructions, and follow-up care.
- Provided necessary health education training for patients.
- Developed patient care plans, including assessments, evaluations, and nursing diagnoses.
- Monitored patients with acute conditions.
- Oversaw implementation of patient management plans.
- Evaluated patients suffering from multiple conditions such as; asthma, appendicitis and hernias.
- Instructed patients and family members on proper discharge care.
- Served as a liaison between patients and physicians to assist patients in understanding their treatment plans.
- Managed care for post-operative patients through discharge.
- Implemented new floor assignments based on evaluation of staffing requirements.
- Managed caseload of up to 8 clients, providing education, treatments, IV therapy, venipuncture and wound care each work day.
- Recorded patients' medical history, vital statistics and test results in medical records.
- Performed vitals/glucose testing and assisted in administering injections and urinalysis.
- Maintained all confidential personnel files, licensing and CPR compliance records.
- Helped residents with bathing, dressing, feeding, lifting and transferring.
- Interviewed patients to obtain medical information, weight and height measurements and vital signs.
- Helped physicians examine and treat patients by assisting with instruments, injections and suture removal.
- Partnered with team of registered nurses to achieve overall well-being of all patients.
- Transported patients to and from different departments.
- Worked as part of team to execute proper care of body mechanics and safety of patient.
- Utilized strong assessment skills to determine necessary patient care.
- Maintained patient privacy and confidential patient information.
- Provided treatment within scope of practice as defined by state law.
- Ensured efficacy of treatments through monitoring of treatment regimens.
- Achieved departmental goals and objectives by instituting new processes and standards for in-patient care.
- Delegated staff nurse duties.
- Followed infection control procedures.

## **Staff Nurse**

May 1991 to June 1992

### **Renal Center of DE – Dover, Delaware**

- Coordinated with doctors and registered nurses to develop care plans for patients.
- Assisted doctors with surgeries and non-invasive procedures.
- Prepared for HIPAA and JCAHO reviews, ensuring required brochures and pamphlets were available to patients in all clinics.
- Acted as patient advocate and implemented total patient care as part of a nursing team covering 8-10 high acuity renal dialysis patients per shift.
- Provided patient education on hemodialysis, graft care and CAPD
- Provided emotional support and supervision for those with renal failure requiring life sustaining hemodialysis.
- Coordinated the review, revision and creation of Operational Policies within the Endoscopy Department.
- Ensured efficacy of treatments through monitoring of treatment regimens.
- Maintained patient privacy and confidential patient information.
- Tested patients' blood glucose levels.
- Cleaned and sterilized instruments and disposed of contaminated supplies.
- Performed vitals/glucose testing and assisted in administering injections and urinalysis.
- Accurately documented all elements of nursing assessment, treatments, medications, discharge instructions, and follow-up care.

## **Staff Nurse/Charge Nurse**

June 1985 to May 1991

### **Delaware Hospital for the Chronically III – Smyrna, DE**

- Provided necessary health education training for patients.
- Developed patient care plans, including assessments, evaluations, and nursing diagnoses.
- Monitored patients with acute conditions.
- Processed monthly reports for department performance.
- Recorded patients' medical history, vital statistics and test results in medical records.
- Performed vitals/glucose testing and assisted in administering injections and urinalysis.
- Maintained all confidential personnel files, licensing and CPR compliance records.
- Helped residents with bathing, dressing, feeding, lifting and transferring.
- Provided primary resident care and assistance with daily living activities.
- Engaged patients with games, crafts, cooking, music, reading and other activities.
- Provided caring companionship to elderly and developmentally disabled patients.
- Partnered with team of registered nurses to achieve overall well-being of all patients.
- Worked as part of team to execute proper care of body mechanics and safety of patient.
- Completed all daily living tasks to enhance the quality of life of elderly patients.
- Ensured safety and well-being of patients.
- Provided quality nursing care in accordance with resident care policies and procedures.
- Utilized strong assessment skills to determine necessary patient care.
- Maintained patient privacy and confidential patient information.
- Trained new staff on quality control procedures.
- Provided treatment within scope of practice as defined by state law.

- Developed patient care plans, including assessments, evaluations, and nursing diagnoses.
- Assisted patients with multiple chronic diagnoses, including COPD and asthma.
- Provided behavioral/emotional support and supervision for those with dementia and Alzheimer's.
- Implemented necessary changes based on evaluation of staffing requirements and floor assignments.
- Experience with various medical conditions including Parkinson's, Dementia, Diabetes, Cancer, Alzheimer and Paget's disease.

## **Education and Training**

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### **Wesley College 2004**

Dover, DE, US

Nursing

Master of Science

Health and Wellness Across the Human Lifespan.

Clinical Nurse Specialist

### **Delaware State College 1994**

Dover, DE, US

Nursing

Bachelor of Science

Concentration in nursing.

### **Wesley College 1985**

Dover, DE, US

Nursing

Associate of Science

Concentration in Nursing.

### **Wesley College 1983**

Dover, DE, US

General Science

Associate of Science

Concentration on biology and chemistry.

2008 Certified Diabetes Educator

2013 Certified Legal Nurse Consultant

## **Professional Affiliations**

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- American Nurses Association
- Delaware Nurses Association
- Adviser- DTCC Student Nurse Christian Fellowship

### **PERSONNEL AFFILIATIONS:**

- Delaware Medical Reserve Corp
- Certified Emergency Response Team
- Nurses Christian Fellowship