

## RNSG 1920.837 - Theoretical and Technical Foundations for Nursing Practice ( version 201003L )

Standard  Institutionally Developed College: Southern Regional Technical College

EDGE Compatible: No

### Pre-requisites: All Required

Program Admission
BIOL 2113 - Anatomy and Physiology I ( 201003L )
BIOL 2113L - Anatomy and Physiology Lab I ( 201003L )
ENGL 1101 - Composition and Rhetoric ( 201003L )
MATH 1111 - College Algebra ( 201003L )




### Co-requisites: All Required

BIOL 2117 - Introductory Microbiology ( 201003L )
BIOL 2117L - Introductory Microbiology Lab ( 201003L )
RNSG 1911.837 - Health Assessment through the Lifespan ( 201512L )
RNSG 1931.837 - Introduction to Nursing Principles of Pharmacy ( 201512L )

### Course Description

This course is designed to facilitate the acquisition of foundational concepts, knowledge, and essential psychomotor skills related to providing nursing care to a variety of clients experiencing transitions of health status. The following concepts are introduced and integrated throughout subsequent courses: wellness and health promotion; caring; communication and collaboration; ethical and legal implications; cultural diversity; the teaching/learning process; notification; pharmacology; life transitions; the nursing process and critical thinking; and roles of the associate degree nurse.

### Course Length

	Minutes	Contact Hour	 Semester Credit	WLU
Lecture:	2250	45		
Lab 2:	1500	30		
Lab 3:	2250	45		
Total:	6000	120	5	
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Semester Credit Hours:			5	183.75
Breakout Detail of Lab 3:				
 Practicum/Internship:	0	0		
 Clinical:	2250	45		

## Competencies

Lab 3 time is broken out in detail in the Practicum/Internship and Clinical columns.

Order	Description	Lecture	Lab2	Lab3	Total Minutes	Semester Credit Hrs	Practicum/ Internship	Clinical
1	Theoretical Foundations of Nursing	350	150	0	500		0	0
2	Introduction to Basic Nursing Practice	400	400	0	800		0	0
3	Psychological Aspects of Basic Nursing Practice	500	300	0	800		0	0
4	Physiological Aspects of Basic Nursing Practice	500	300	0	800		0	0
5	Physiological Aspects of Basic Nursing Practice	500	350	0	850		0	0
6	Clinical Experience	0	0	2250	2250		0	2250
	<b>Totals for Course RNSG 1920.837 - Theoretical and Technical Foundations for Nursing Practice ( version 201003L ):</b>	<b>2250</b>	<b>1500</b>	<b>2250</b>	<b>6000</b>	<b>5</b>	<b>0</b>	<b>2250</b>

## Learning Outcomes

### Theoretical Foundations of Nursing

Order	Description	Learning Domain	Level of Learning
1	Identify initial (personal) definition of nursing, components and concepts of holistic nursing practice, caring, health, and the client and environment.	Cognitive	Knowledge
2	Describe the historical background of the nursing profession.	Cognitive	Comprehension
3	Describe the importance of nursing codes & standards of practice as guidelines for providing nursing care.	Cognitive	Comprehension
4	Identify the roles of the associate degree nurse within the scope of nursing practice in diverse health care settings.	Cognitive	Knowledge
5	Describe the philosophy and the current scope of practice of the Associate Science Registered Nurse according to the SRTC's A.S.N. program.	Cognitive	Comprehension
6	Discuss the utilization of effective & appropriate communication techniques when providing nursing care.	Cognitive	Comprehension
7	Apply effective verbal and nonverbal communication techniques. .	Cognitive	Application

Order	Description	Learning Domain	Level of Learning
8	Utilize basic professional communication for problem solving.	Cognitive	Application
9	Relate Maslow's Hierarchy in care to the nursing care of diverse clients.	Cognitive	Analysis
10	Discuss ways to apply evidence based practice.	Cognitive	Comprehension

### Introduction to Basic Nursing Practice

Order	Description	Learning Domain	Level of Learning
1	Identify components of the nursing process.	Cognitive	Knowledge
2	Apply the nursing process to various client situations.	Cognitive	Application
3	Discuss various forms of documentation and their applications to the nursing process.	Cognitive	Comprehension
4	Develop self-awareness regarding possible pre-conceptions and biases related to various cultures and ages.	Cognitive	Application
5	Discuss the interaction of growth, development and culture upon provision of nursing care.	Cognitive	Comprehension
6	Discuss and review legal and ethical practices in nursing.	Cognitive	Comprehension
7	Describe characteristics of critical thinking skills used in nursing practice.	Cognitive	Comprehension
8	Discuss principles to follow in the appropriate delegation of client care activities.	Cognitive	Comprehension

### Psychological Aspects of Basic Nursing Practice

Order	Description	Learning Domain	Level of Learning
1	Identify developmental changes in sleep and rest patterns.	Cognitive	Knowledge
2	Identify and implement measures to prevent threats to sleep and rest related to bed rest, age, health status, or inadequate self-care.	Cognitive	Knowledge
3	Discuss common stressors and reactions to stressors of illness, loss, grief, hospitalization and unmet needs in clients.	Cognitive	Comprehension
4	Relate the concepts of stress and adaptation to health and illness transitions.	Cognitive	Analysis
5	Discuss nursing interventions to promote positive self-concept and stress adaptation during hospitalization and loss/grief issues.	Cognitive	Comprehension
6	Discuss the interrelatedness of human needs, sexuality, spirituality and health/wellness.	Cognitive	Comprehension
7	Implement identified preventive and restorative nursing measures to enhance well-being in the elderly population.	Cognitive	Application

Order	Description	Learning Domain	Level of Learning
8	Identify nursing interventions related to physiological, cognitive, and psychosocial changes of aging.	Cognitive	Knowledge
9	Discuss components of pain management.	Cognitive	Comprehension

### Physiological Aspects of Basic Nursing Practice

Order	Description	Learning Domain	Level of Learning
1	Apply knowledge of bowel and bladder function to the needs of well and immobilized clients.	Cognitive	Application
2	Identify developmental changes in bowel and bladder functioning.	Cognitive	Knowledge
3	Assess clients for bowel and bladder status.	Cognitive	Evaluation
4	Identify and implement measures to prevent threats to elimination related to bed rest, age, health status, or inadequate self-care.	Cognitive	Knowledge
5	Identify basic problems of fluid and electrolyte problem.	Cognitive	Knowledge
6	Describe the teaching/learning concepts associated with providing client care.	Cognitive	Comprehension
7	Assess a client's readiness to learn new information and skills.	Cognitive	Evaluation
8	Describe methods to evaluate interventions designed to maintain and promote client safety.	Cognitive	Comprehension

### Physiological Aspects of Basic Nursing Practice

Order	Description	Learning Domain	Level of Learning
1	Explain factors contributing to conditions of risk for common nutritional problems.	Cognitive	Comprehension
2	Describe the roles of major nutrients in health and illness.	Cognitive	Comprehension
3	Support corrective or preventive dietary measures for common health problems, based upon the food pyramid and USDA dietary recommendations.	Cognitive	Evaluation
4	List nursing interventions, which promote dietary compliance in clients on therapeutic diets.	Cognitive	Knowledge
5	Describe nursing responsibilities for clients receiving enteral feedings and total parenteral nutrition.	Cognitive	Comprehension
6	Identify nutrients in food that are essential to our health and well being.	Cognitive	Knowledge
7	Calculate Kcalories in macronutrients.	Cognitive	Application

### Clinical Experience

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