

## RNSG 1911.837 - Health Assessment through the Lifespan ( version 201512L )

☐ Standard ☒ Institutionally Developed College: Southern Regional Technical College

EDGE Compatible: No

### Pre-requisites: All Required




BIOL 2113 - Anatomy and Physiology I ( 201003L )
BIOL 2113L - Anatomy and Physiology Lab I ( 201003L )
BIOL 2114 - Anatomy and Physiology II ( 201003L )
BIOL 2114L - Anatomy and Physiology Lab II ( 201003L )
ENGL 1101 - Composition and Rhetoric ( 201003L )
MATH 1111 - College Algebra ( 201003L )

### Co-requisites: None

### Course Description

This course is a study of the role of the associate degree nurse and the application of basic skills related to health history collection and physical assessment of all body systems. The course includes the consideration of nutritional, bio/psychosocial, developmental, cultural and spiritual needs, and transitional changes related to variations in health status of the client. The establishment and maintenance of a therapeutic nurse/client relationship is emphasized. Critical thinking skills are developed through activities and exercises presented in the classroom, skills lab, and computer laboratory that focus on student application of the nursing process, data collection via physical assessment, and the development of a plan of care. Guided learning experiences in the skills and computer laboratories assist the student to make a learning transition. The transition occurs as the student moves from existing skills to more advanced nursing skills. Guidance is provided to the student as the basics of data collection, health history interviewing techniques, and knowledge required to assess each body system is learned. The student applies the standards of practice in adhering to legal and ethical standards related to basic assessment of diverse clients.

### Course Length

	Minutes	Contact Hour	 Semester Credit	WLU
Lecture:	1500	30		
Lab 2:	1500	30		
Lab 3:	0	0		
Total:	3000	60	3	
Semester Credit Hours:				3
Breakout Detail of Lab 3:				105
 Practicum/Internship:	0	0		
 Clinical:	0	0		

## Competencies

Lab 3 time is broken out in detail in the Practicum/Internship and Clinical columns.

Order	Description	Lecture	Lab2	Lab3	Total Minutes	Semester Credit Hrs	Practicum/ Internship	Clinical
1	Introduction to Physical & Health Assessment	150	100	0	250		0	0
2	Physical Assessment Techniques, Specialized Assessments	200	200	0	400		0	0
3	Nutritional Assessment, General Survey, and Vital Signs (including Pain)	150	150	0	300		0	0
4	Skin, Hair & Nails Head, Neck & Regional Lymphatics	150	150	0	300		0	0
5	Eyes, Ears, Nose, Mouth & Throat	100	100	0	200		0	0
6	Respiratory System	100	100	0	200		0	0
7	Cardiovascular System	100	100	0	200		0	0
8	Peripheral Vascular & Lymphatic System; Abdomen	200	200	0	400		0	0
9	Musculoskeletal System	50	100	0	150		0	0
10	Neurologic System & Mental Status Exam	100	100	0	200		0	0
11	Putting it All Together (Head-To-Toe Exam)	200	200	0	400		0	0
12	Male and Female Genitalia Anus, Rectum & Prostate Assessment	0	0	0	0		0	0
	<b>Totals for Course RNSG 1911.837 - Health Assessment through the Lifespan ( version 201512L ):</b>	<b>1500</b>	<b>1500</b>	<b>0</b>	<b>3000</b>	<b>3</b>	<b>0</b>	<b>0</b>

## Learning Outcomes

### Introduction to Physical & Health Assessment

Order	Description	Learning Domain	Level of Learning
1	Discuss how to perform a basic interview utilizing appropriate communication techniques.	Cognitive	Comprehension

Order	Description	Learning Domain	Level of Learning
2	Discuss how to gather the necessary information to complete a health history.	Cognitive	Comprehension
3	Demonstrate knowledge of client rights as they relate to assessment.	Psychomotor	Guided Response
4	Relate assessment to the nursing process (critical thinking).	Cognitive	Analysis

### Physical Assessment Techniques, Specialized Assessments

Order	Description	Learning Domain	Level of Learning
1	Discuss the basic techniques used to perform a physical assessment.	Cognitive	Comprehension
2	List additional techniques used in the assessment of the client experiencing domestic abuse.	Cognitive	Knowledge
3	List some developmental, cultural and spiritual considerations to be aware of in the assessment process.	Cognitive	Knowledge

### Nutritional Assessment, General Survey, and Vital Signs (including Pain)

Order	Description	Learning Domain	Level of Learning
1	Discuss the basics of a nutritional assessment.	Cognitive	Comprehension
2	Perform a regional write-up (general survey) on a lab partner " to include normal & abnormal health findings.	Psychomotor	Guided Response
3	Correctly demonstrate taking a set of vital signs on a lab partner.	Psychomotor	Guided Response

### Skin, Hair & Nails Head, Neck & Regional Lymphatics

Order	Description	Learning Domain	Level of Learning
1	Demonstrate complete regional write-ups on a lab partner of the systems introduced in lecture (including normal and abnormal health findings).	Psychomotor	Guided Response

### Eyes, Ears, Nose, Mouth & Throat

Order	Description	Learning Domain	Level of Learning
1	Demonstrate complete regional write-ups on a lab partner of the systems introduced in lecture (including normals and abnormals).	Psychomotor	Guided Response

### Respiratory System

Order	Description	Learning Domain	Level of Learning
1	Demonstrate complete regional write-ups on a lab partner of the system introduced in lecture (including normal and abnormal health findings).	Psychomotor	Guided Response

### Cardiovascular System

Order	Description	Learning Domain	Level of Learning
1	Demonstrate complete regional write-ups on a lab partner of the systems introduced in lecture (including normal and abnormal health findings).	Psychomotor	Guided Response

### Peripheral Vascular & Lymphatic System; Abdomen

Order	Description	Learning Domain	Level of Learning
1	Demonstrate complete regional write-ups on a lab partner of the systems introduced in lecture (including normals and abnormals).	Psychomotor	Guided Response

### Musculoskeletal System

Order	Description	Learning Domain	Level of Learning
1	Demonstrate complete regional write-ups on a lab partner of the system introduced in lecture (including normals and abnormals).	Psychomotor	Guided Response

### Neurologic System & Mental Status Exam

Order	Description	Learning Domain	Level of Learning
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Order	Description	Learning Domain	Level of Learning
1	Demonstrate a complete regional write-up on a lab partner of the system introduced in lecture (including normal and abnormal health findings).	Psychomotor	Guided Response

### Putting it All Together (Head-To-Toe Exam)

Order	Description	Learning Domain	Level of Learning
1	Demonstrate a complete charting on Nurses Notes of the 10 Minute Student will sign up for a timed (15 minute) head-to-toe physical assessment performed on a partner in the lab.	Psychomotor	Guided Response
2	Perform a physical assessment of your a lab partner (include normal and abnormal health findings)	Psychomotor	Guided Response

### Male and Female Genitalia Anus, Rectum & Prostate Assessment

Order	Description	Learning Domain	Level of Learning
1	Discuss the steps involved in performing an assessment on the genitals.	Cognitive	Comprehension
2	Differentiate between normal and abnormal findings in the assessment of the genitals.	Cognitive	Analysis
3	Discuss ways to decrease the stress for the patient in having this assessment performed.	Cognitive	Comprehension
4	Discuss the normal and abnormal findings in the assessment of the anus, rectum, & prostate gland.	Cognitive	Comprehension

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