

PROCEDURE: MEASURING AND RECORDING PATIENT’S WEIGHT

Equipment/Supplies: Calibrated scale, digital scale, or dial scale; paper towel

Standards: Given the needed equipment and a place to work, the student will perform this skill with 80 % accuracy.

Key: 1 = Satisfactory 0 = Unsatisfactory

Action	Satisfactory	Unsatisfactory
1. Cleaned the hands. (May use hand sanitizer for this exercise if sink is unavailable.)		
2. Ensured that the scale is properly balanced at 0.		
3. Had patient remove the shoes, heavy coats, and jackets.		
4. Placed a paper towel the scale and assisted patient on the scale facing forward.		
5. Instructed patient to stand up straight and erect on the scale with the heels together and the eyes straight ahead. a. Asked the patient to stand still without touching or holding on to anything if possible.		
6. Weighed the patient.		
7. Returned the bars on the top and bottom to 0.		
8. Assisted patient from the scale, if necessary, and discarded the paper towel.		
9. Returned bar to appropriate state.		
10. Recorded the patient’s weight in the medical record document.		

Passing Grade 80% (8 out of 10)

Total Points: _____

Instructor Signature: _____

Date: _____

