

**PROCEDURE: MEASURING AND RECORDING PATIENT’S HEIGHT**

**Equipment/Supplies:** Scale with a ruler

**Standards:** Given the needed equipment and a place to work, the student will perform this skill with 80 % accuracy.

**Key: 1 = Satisfactory      0 = Unsatisfactory**

<b>Action</b>	<b>Satisfactory</b>	<b>Unsatisfactory</b>
1. Cleaned the hands. (May use hand sanitizer for this exercise if sink is unavailable.)		
2. Greeted patient and explained the process.		
3. Had patient remove the shoes and stand straight and erect on the scale with the heels together and the eyes straight ahead.		
4. Assisted patient on the scale.		
5. With measuring bar perpendicular to the ruler, slowly lowered it until it firmly touched the patient’s head.		
6. Read the measurement at the point of movement on the ruler.		
7. Provided information to patient.		
8. Assisted patient from the scale.		
9. Returned bar to appropriate state.		
10. Recorded the height measurements in the medical record document.		

Passing Grade 80% (8 out of 10)

Total Points: \_\_\_\_\_

Instructor Signature: \_\_\_\_\_

Date: \_\_\_\_\_

