

PROCEDURE: MEASURING AND RECORDING PATIENT'S BLOOD PRESSURE

Equipment/Supplies: Sphygmomanometer and stethoscope

Standards: Given the needed equipment and a place to work, the student will perform this skill with 80 % accuracy.

Key: 1 = Satisfactory 0 = Unsatisfactory

Action	Satisfactory	Unsatisfactory
1. Cleaned the hands and assembled the necessary supplies. (May use hand sanitizer for this exercise if sink is unavailable.)		
2. Greeted and identified the patient and explained the procedure.		
3. Positioned patient with the upper arm supported and level with the patient's heart exposing upper arm and		
4. Palpated the brachial pulse in the antecubital area, center the deflated cuff directly over the brachial artery and lowered the edge of the cuff to 1 to 2 inches above the antecubital area.		
5. Wrapped the cuff smoothly and snugly around the arm and secured it with the Velcro edges.		
6. Palpated the brachial pulse and inflated the cuff.		
7. Placed the stethoscope earpieces into the ear canals and placed the oval diaphragm of the stethoscope against the brachial artery and hold in place.		
8. Close the valve and inflate the cuff pumping the valve to about 30 mm Hg. a. After the cuff was inflated to proper level, released air at a rate of about 2 to 4 mm Hg/sec.		
9. a. Noted the point on the gauge at which you heard the first clear tapping sound. b. When you heard the last sound, noted the reading and quickly deflated the cuff.		
10. Removed the cuff and pressed the air from the bladder of the cuff and recorded the reading with the systolic over the diastolic pressure for both arms.		

Passing Grade 80% (8 out of 10)

Total Points: _____

Instructor Signature: _____

Date: _____

