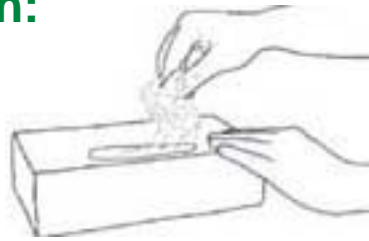


Proper Technique for Putting on and Removing Gloves

Putting Gloves on:



1. Clean hands.



2. Take a glove from its box.



3. Handle glove carefully to avoid contamination.



4. Put on the first glove.



5. Take the second glove with the bare hand and handle carefully to avoid contamination.



6. Try to avoid touching the skin of the forearm with the gloved hand as you put it on.

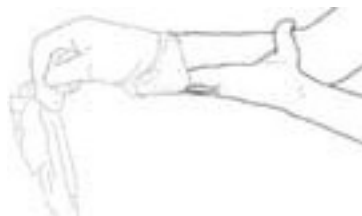


7. Once gloved, hands should not touch objects or pieces of equipment that are not needed for the task.

Removing Gloves:



1. Pinch one glove at the wrist, without touching the skin of the forearm. Peel glove away from the hand, allowing the glove to turn inside out.



2. Hold the removed glove in the gloved hand. Slide fingers of the ungloved hand inside between the glove and the wrist. Remove the second glove by rolling it down the hand and fold over the first glove.



3. Discard the removed gloves into the garbage.



4. Clean hands.