

PROCEDURE: APPLYING STERILE GLOVES

Equipment/Supplies: One package of sterile gloves in the appropriate size

Standards: Given the needed equipment and a place to work, the student will perform this skill with 80 % accuracy.

Key: 1 = Satisfactory

0 = Unsatisfactory

Action	Satisfactory	Unsatisfactory
1. Removed rings and other jewelry		
2. Washed your hands		
3. Placed prepackaged gloves on a clean, dry, flat surface with the cuffed end toward you: a. Pulled the outer wrapping apart to expose the sterile inner wrap. b. With the cuffs toward you, folded back the inner wrap to expose the gloves.		
4. Grasping the edges of the outer paper, opened the package out to its fullest.		
5. Used your nondominant hand to pick up the dominant hand glove: a. Grasped the folded edge of the cuff and lifted it up and away from the paper b. Curled your fingers and thumb together and inserted them into the glove c. Straightened your fingers and pulled the glove on with your nondominant hand, still grasping the cuff.		
6. Unfolded the cuff by pinching the inside surface and pulled it toward your wrist.		
7. Placed the fingers of your gloved hand under the cuff of the remaining glove: a. Lifted the glove up and away from the wrapper b. Slid your ungloved hand carefully into the glove with your fingers and thumb curled together. c. Straightened your fingers and pulled the glove up and over your cuff.		
8. Settled the gloves comfortably onto your fingers by lacing your fingers together.		
9. Removed contaminated sterile gloves and discarded them appropriately		
10. Washed your hands.		

Passing Grade 80% (8 out of 10)

Total Points: _____

Instructor Signature: _____

Date: _____

