

Los Angeles Trade-Technical College
Health and Exercise Sciences Department

Course Name: Fundamentals of Elder Care (HOC 49)

Instructor: Dyana Bradley **Email:** bradled@lattc.edu

Units: 5 **Section:** 6841

Semester: Fall **Year:** 2016

Class Dates: 10/24/2016 – 12/15/2016

Class Days and Hours: Monday - Thursday / 3:00 PM – 6:55 PM

Lab Hours: 5:15 p.m. - 6:55 p.m.

Location: Redwood Hall 201

Course Description: This course is an introduction to the concepts and skills that serve as a foundation for the health care professional providing care to patients ages 65 and older. This course will also introduce students to the information about the aging process and related medical, psychological and cognitive changes that are needed to effectively care for the elderly person in a long-term care center or at home. Topics will include organ system changes during aging, therapeutic and caregiver communication, elder abuse, personal care for the elderly, commonly prescribed medications etc.

Course Textbook: Healthy Aging: Principles and Clinical Practice for Clinicians by Virginia Burggraf, Kye Y. Kim, Aubrey L. Knight, Wolters Kluwer Health 2014

Student Learning Outcome: Student will demonstrate an understanding of basic principles and skills required to provide quality patient care to geriatric patients. Student will perform basic skills to assist in providing care with activities of daily living.

Course Theory Objectives: At the completion of the course students will be able to:

1. Identify organ system changes to various body systems during aging.
2. Define and describe therapeutic and effective communication with the elderly.
3. Identify and describe common types of assisted living communities.
4. Define and describe code of ethics and HIPPA regulations pertaining to confidentiality with the elderly.
5. Define and describe indicators of elder abuse in senior care centers.



6. Demonstrate an understanding of oral hygiene, personal care, and cognitive impairments for the elderly client etc.

Course Clinical Objectives: At the completion of the course students will be able to:

1. Demonstrate and practice techniques for promoting infection control with the elderly client.
2. Demonstrate and practice oral hygiene.
3. Provide assistance to elderly client with ADL's. (Activities of Daily Living)
4. Demonstrate and practice techniques for promoting safety while providing personal care for the elderly.
5. Demonstrate and practice vital sign assessment.
6. Demonstrate and practice therapeutic communication.
7. Demonstrate and practice reporting and recording of patient data.

Grading: Total points possible: 170

Theory: 4 Exams @ 25 points each =100 points

Class Participation: =10 points

Clinical: 5 Skills Demonstrations @ 10 points each = 50 points

Clinical Summary Paper: 10 points

* To pass the course students must achieve 70% of the total possible points (120)*

Attendance: Students are expected to arrive on time. Three late arrivals will be counted as one absence. Three absences are permitted for the duration of the semester. Any absences beyond that amount of time may be made up only at the discretion of the instructor. If the absences cannot be made up in a satisfactory way then the student will be dismissed from the course.

Dropping this Class: IT IS THE STUDENT'S RESPONSIBILITY TO DROP FROM THE CLASS. Instructors will not change grades for those students who do not drop successfully. If you do drop a class, please double check to make sure you have been successful.

Digital Badges: A digital badge will be awarded to the student who earns 80% or more on one or all of the competency quizzes. Grading for badges is as follows: 80-89% Effective and 90-100% Highly Effective.

Exams and Competency Quizzes: All exams & quizzes will be taken in class at assigned date by Instructor.

Discriminatory Behavior: Behavior while on a college campus or at a college-sponsored function, inconsistent with the District's Non-discrimination Policy, which requires that all programs and activities of the Los Angeles Community College District be operated in a manner which is free of "Prohibited Discrimination," defined as discrimination or harassment in violation of state or federal law on the basis of actual or perceived ethnic group identification, race, color, national origin, ancestry, religion, creed, sex (including gender-based sexual harassment), pregnancy, marital status, cancer-related medical condition of an employee, sexual orientation, age, physical or mental disability, or veteran status.

Student Code of Conduct: Students will be expected to follow the LACCD student code of conduct as it relates to student dishonesty (Board Rule 9803.28) as follows: "Violations of academic integrity of any type by a student provides grounds for disciplinary action by the instructor or college. Violations of Academic Integrity include, but are not limited to, the following actions: cheating on an exam, plagiarism, working together on an assignment, paper or project when the instructor has specifically stated students should not do so, submitting the same term paper to more than one instructor, or allowing another individual to assume one's identity for the purpose of enhancing one's grade. For more information on the Standards of Student Conduct refer to the college catalogue

Disability Support Services (DSS) Accommodation Statement: Students with disabilities who seek academic accommodations should first promptly contact the Disabled Students Programs and Services (DSPPS) office, Mariposa Hall, Room 100, (213) 763-3773, or dspslattc@lattc.edu, to make a request for accommodations.

Syllabus and class schedule are subject to change at Instructor's discretion

Course Schedule:

Week	<u>Monday</u> October 24 th , 2016- December 15 th , 2016 3:00pm-6:55pm Lab: 5:00pm-6:55pm	<u>Tuesday</u> October 24 th , 2016- December 15 th , 2016 3:00pm-6:55pm Lab: 5:00pm-6:55pm	<u>Wednesday</u> October 24 th , 2016- December 15 th , 2016 3:00pm-6:55pm Lab: 5:00pm-6:55pm	<u>Thursday</u> October 24 th , 2016- December 15 th , 2016 3:00pm-6:55pm Lab: 5:00pm-6:55pm
1	October 24 th , 2016 Class Introduction Review Syllabus Canvas Introduction Begin Chapter 3 LAB: Clinical review	October 25 th , 2016 Chapter 3 Cont'd Begin Chapter 4 LAB: Clinical review	October 26 th , 2016 Chapter 4 Cont'd Begin Chapter 6 LAB: Clinical review	October 27 th , 2016 Questions Chapter review LAB: Clinical review
2	October 31 st , 2016 Chapter 6 Cont'd Begin Chapter 7	November 1 st , 2016 Chapter 7 Cont'd Begin Chapter 9	November 2 nd , 2016 Prep for Exam # 1 Chapter 9 Cont'd Begin Chapter 10	November 3 rd , 2016 Exam # 1 Questions Chapter review LAB: Clinical review
3	November 7 th , 2016 Chapter 10 Cont'd Begin Chapter 11	November 8 th , 2016 Chapter 11 Cont'd Begin Chapter 14	November 9 th , 2016 Caregiver/Therapeutic Communication & Effective Communication Techniques for the Elderly	November 10 th , 2016 Questions Chapter review LAB: Clinical review
4	November 14 th , 2016 Chapter 14 Cont'd Begin Chapter 15	November 15 th , 2016 Chapter 15 Cont'd Begin Chapter 17	November 16 th , 2016 Prep for Exam # 2 Chapter 17 Cont'd Begin Chapter 18	November 17 th , 2016 Exam # 2 Questions Chapter review LAB: Clinical review

5	November 21 st , 2016 Chapter 18 Cont'd Begin Chapter 20	November 22 nd , 2016 Chapter 20 Cont'd Begin Chapter 23	November 23 rd , 2016 LAB: Patient Education for Various Tests for the Elderly...UTI's etc.	November 24 th , 2016 THANKSGIVING HOLIDAY-NO CLASS
6	November 28 th , 2016 Chapter and Patient Education review	November 29 th , 2016 Chapter 23 Cont'd Begin Chapter 26	November 30 th , 2016 Prep for Exam # 3 Chapter 26 Cont'd Begin Chapter 29	December 1 st , 2016 Exam #3 Questions Theory Review LAB: Clinical review
7	December 5 th , 2016 Socialization Needs of the Elder & Commonly Prescribed Medications for Geriatric Patients	December 6 th , 2016 Different Assisted Living Communities for the Elder. What does each type of facility offer? Oral Care and Personal Care for the Elderly & Ethics and Elder Abuse Confidentiality & HIPPA	December 7 th , 2016 Sensory Impairment with Aging Normal vs. Abnormal & Memory Loss Caregiver and Family Approach to Coping	December 8 th , 2016 Students Receive Study Guide for Final Exam and Begin!
8	December 12 th , 2016 Review for Final Exam and Cumulative Chapter Review & Final Skills Assessments Practice and Final Clinical Review	December 13 th , 2016 Review for Final Exam and Cumulative Chapter Review & Final Skills Assessments Practice and Final Clinical Review	December 14 th , 2016 Final Skills Assessment Clinical Summary Paper Due	December 15 th , 2016 Final Written Exam & Make-ups for Final Skills Assessment & Exams