

Name:

EXAM 2

04/27/17

Score /30

This test covers information pertaining to Chapters 3, 20 and 23 in your textbook as well any information discussed during lecture in class. Be certain to not share your answers or talk during this test. You will have 45 minutes to complete this test. If you finish before the 45 min time limit, you are allowed to sit quietly or wait outside the classroom until time has expired for all. We will correct the test together in class. GOOD LUCK

**Identify whether the statement is True or False**

1. There are proven benefits to the early detection of cognitive impairments?
  - A. True
  - B. False
2. Mixed Dementia is described as a condition where changes in the brain represent more than one type of dementia that occurs at different, separate times?
  - A. True
  - B. False
3. Research has shown that alcoholics continue drinking because they love the taste of alcohol
  - a. True
  - b. False
4. Alzheimer's disease has been proven to be hereditary?
  - A. True
  - B. False
5. Psychological elder abuse does not leave evident scars but does exploit the elder who is vulnerable through cruel acts. This type of abuse has been proven difficult to prove?
  - A. True
  - B. False
6. Depression coincides with many other medical issues amongst the aging population. Depression is said to be overlooked and untreated as people age. Depression is a normal part of aging which does not necessary need intervention
  - A. True
  - B. False
7. There are special circumstances in which it is normal practice for the doctor to prescribe alcohol for consumption by a patient
  - A. True

B. False

8. Psychotherapy utilizes the approach of theatre acting techniques. It allows the person to act out their thoughts and emotions as if they were another person.
- A. True
  - B. False

**Multiple Choice. Identify the choice that best completes the statement or answers the question.**

9. Verbal Assault is described as all **except**?
- A. The act of insulting, mocking, and threatening
  - B. The act which usually occurs when no one is listening
  - C. Sexual contact which occurs without consent
  - D The most common form of emotional abuse
10. This disease is the 2<sup>nd</sup> leading cause of dementing illness. It leads to a decline in thinking, reasoning, and independent function. It has been found to be most prevalent in men age 50 years and old. Your classmates shared that this was most likely the cause of the death of actor Robin Williams. Which disease is being referred to?
- A. Frontotemporal dementia
  - B. Alzheimer's
  - C. Vascular dementia
  - D. Lewy body dementia
11. What is the best response to a male patient who touches you in a sexual way as a dirty joke?
- A. Ignore the occurrence
  - B. Look at him in the eye and tell him that such touch is unacceptable
  - C. Storm out of the building and call Professor Holland immediately
  - D. Tell your jealous mate when you return home
12. The leading cause of injury to adults age 65 years and older is:
- A. Mixed dementia
  - B. Alcohol abuse
  - C. Falls
  - D. Depression
13. Biased attitudes that play a significant role in the negative opinions toward the older population is termed?
- A. Decline
  - B. Ageism
  - C. Alzheimers
  - D. Coping

14. What is your course of action if you walk in to a room in the dementia unit and find your 74 year old patient Mr. Booker masturbating?
- A. Call 911
  - B. Stop him immediately
  - C. Give him as much safe privacy as possible
  - D. Call his responsible family member to report his expected eviction because of the incident
15. Which of the following is an example of an approach that focuses on the biological, psychological as well as the social factors that impact an individual's health and well-being? Thought of as holistic and patient centered.
- A. Biomedical
  - B. psychosocial
  - C. Biopsychosocial
  - D. Perception
16. The United States Census Bureau defines old age (elder) as?
- A. 49 years old
  - B. 65 years old
  - C. 60 ½ years old
  - D. 70 years old
17. You are assigned to work the assisted living wing of the facility. You are to give Ms. Downs, a cognitively sound resident a wake-up reminder by 0745. You walk into her apartment and find Ms. Downs naked in bed with Mr. Strong apparently having sexual relations, what is your action?
- A. Laugh and pull back covers
  - B. Stand looking in shock while shaking your finger "NO"
  - C. Call another staff member to help you separate them
  - D. Excuse yourself, report occurrence to your supervisor

**Select all that apply**

18. Elder malnutrition:
- A. Is considered an intentional act of withholding food
  - B. Thought to be the result of consistently offering nutritional meals to the elder
  - C. Is a preventable condition
  - D. Higher incidence percentage amongst elderly patients in care setting (hospital) in comparison to those in the home setting.
19. Which of the following is considered normal changes with aging?

- A. Skin more dry
- B. Urinary incontinence
- C. Teeth transparent, gums recede
- D. Decreased muscular range of motion

20. Mild Cognitive Impairment is:

- A. Commonly referred to as MCI
- B. Classified as a stage between expected cognitive decline due to aging and the more-serious decline of dementia
- C. Can be cured with specific medications
- D. Has been proven to always lead to advance dementia

**Matching, write in your matched letter next to select numbered term**

- |                           |  |
|---------------------------|--|
| 21. ___ Atypical          | A. Yearly, every year  |
| 22. ___ Polypharmacy      | B. Skin discoloration, bruising  |
| 23. ___ Multidisciplinary | C. Team to include social worker, nurse, dietician, speech therapist, doctor |
| 24. ___ Ecchymosis        | D. Evidence of physical abuse  |
| 25. ___ Biennial          | E. Taking place every other year   |
|                           | F. Use of multiple drugs to treat single ailment                             |
|                           | G. Unusual   |

**Fill in the blank with the correct answer to complete the statement:**

26. What does the acronym LBD stand for?

Answer: \_\_\_\_\_

27. What type of abuse is evident by large amounts of cash withdrawals, checks made to CASH, investments made without family knowledge, new "friend" making buying decisions?

Answer: \_\_\_\_\_

28. One of the most common emotional experiences encountered by the older population is loss. Suicide is attributed to 20% of older adult deaths yearly. Those at most risk are \_\_\_\_\_, who most often choose \_\_\_\_\_ to take their own life.

29. Name the dementia that is caused by interrupted blood supply to the brain, typically caused by a series of minor strokes which lead to worsening cognitive decline.

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30. What does the pain assessment tool acronym PAINAD stand for?

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HOC 49 EXAMPLE ONLY