

**San Joaquin Delta College  
Curriculum Change Comparison**

Course Description - SJDC Current PT Curriculum	Comparison of Course Descriptions and Summary of Changes	Course Description - SJDC Proposed PT Curriculum
<p><b>PT 001 Foundations of Nursing 8.50 Units</b></p> <p>Description This course is an introduction to the nursing profession with an emphasis on the development of a firm foundation of knowledge that will enable the student to provide safe and effective care and promote lifelong learning. The basic concepts of anatomy, physiology, nutrition, and pharmacology are integrated throughout the course with a concentration in nursing application. Fundamental health care issues and trends along with collaborative roles of the Registered Nurse, Licensed Vocational Nurse, Licensed Psychiatric Technician and Certified Nursing Assistant will also be examined. The conceptual framework of Wholism, the utilization of the nursing process and critical thinking skills are presented which will be used by the students in the identification and management of patient/client needs of the geriatric population. (CSU)</p>	<p><b>Course Name No change</b></p> <p><b>Course Number:</b> PT 001 changed to NURSPT 010 to reflect actual program among the nursing programs at the college.</p> <p><b>Units:</b> Units changed from 8.5 to 4.5. Curricular requirements for Nursing Science are 126 hours of Theory and 270 hours of clinical lab. The current curriculum for nursing science has a total of 17 units. Content from PT 001 AND PT 002 is divided among 3 nursing science courses totaling 14 units (NURSPT 010 is 4.5 units, NURSPT 011 is 5.5 units, and NURSPT012 is 4 units). The pharmacology content of 54 hours is integrated in the current and is divided that into 3 one unit courses in pharmacology in the proposed curriculum. This is a total of 17 units.</p> <p><b>The overall result is no change in units.</b></p> <p><b>Prerequisites:</b> No Change</p> <p><b>Rationale:</b> The splitting of pharmacology content allows the study of drugs during the study of nursing responses to alterations in systems where the drugs are most commonly used.</p>	<p><b>NURSPT 010 Foundations of Nursing 4.00 Units</b></p> <p>This course presents foundational concepts for nursing practice through the framework of the Client Needs model. Nursing theory and basic skills are presented that enhance a safe and effective care environment. Behaviors that promote and maintain health are taught. Psychosocial and physiological integrity are addressed through health assessment skills. The student will begin to apply the Nursing Process to develop safe and effective practices that meet client needs. This course includes supervised clinical experiences in skills labs and health care facilities.</p> <p><b>Lecture Hours: 36 Lab Hours: 108</b></p> <p><b>Prerequisites:</b> BIOL 031 Anatomy (4 Units) or BIOL 033 Anatomy and Physiology (5 Units) HS 036 Medical Terminology and Speech HS 019 Human Deve3lopment Psych 001 Introduction to Psychology</p>

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<p><b>PT 002</b> <b>Introduction to Medical and Surgical Nursing</b> <b>8.5 Units</b></p> <p>This course is a continuance of the knowledge learned in Vocational Nursing 1 and Psychiatric Technician 1. The topics of study during this course are safe and accurate medication administration, nursing care of the peri-operative patient/client and patients/clients in the acute setting with common chronic medical-surgical disorders of the hematological, neurological, cardiovascular, respiratory, gastrointestinal, genitourinary and endocrine systems. Emphasis of student is the assimilation of the concept, wholism, using the nursing process to develop critical thinking skills in order to promote and ensure safe, effective nursing care within the scope of practice of the Licensed Vocational Nurse and Licensed Psychiatric Technician. Licensed Psychiatric Technicians entering the Vocational Nursing Program may be able to have this course waived. (CSU)</p>	<p><b>Course Name:</b> <i>Introduction to Medical and Surgical Nursing is changed to Medical-Surgical Nursing I. Content from PT 001 AND PT 002 is divided among 3 nursing science courses.</i></p> <p><b>Course Number:</b> <i>PT 002 changed to NURSPT 011 to reflect actual program among the nursing programs at the college.</i></p> <p><b>Units:</b> <i>No change</i></p> <p><b>Prerequisites:</b> <i>Changed to NURSPT 010 Foundations of Nursing</i></p> <p><b>Rationale:</b> <i>Dividing the nursing science content formerly taught as PT 01 and PT 002 into three courses serves the purpose of a Foundations of Nursing course that provides the student with the basic concepts and skills needed in all three focus areas: medical-surgical nursing, psychiatric nursing and developmental disabilities. This allows us to introduce the student the content and skills specific to the role of the psychiatric technician earlier in the program as well as to maintain a focus on medical-surgical nursing content and skills throughout the program.</i></p> <p>NURSPT 010 would be a prerequisite to all other courses allowing for a new flexibility in scheduling student to accommodate placement in limited psychiatric and developmental disabilities facilities.</p>	<p><b>NURSPT 011</b> <b>Medical-Surgical Nursing I</b> <b>6.00 Units</b></p> <p>This course introduces beginning concepts of Medical-Surgical nursing through the Client Needs model. Course content includes perioperative nursing and basic principles meeting the needs of clients who are experiencing alterations in body systems. Health promotion and maintenance as well as psychosocial balance are presented. A lifespan focus on the geriatric client as well as meeting the needs of grieving and dying is offered. The student will use the Nursing Process as the vehicle for meeting client needs. This course includes supervised clinical experiences in skills labs and health care facilities.</p> <p><b>Lecture Hours: 54</b> <b>Lab Hours: 156</b></p> <p><b>Prerequisites:</b> NURSPT 010 Foundations of Nursing</p>

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		<p><b>NURSPT 012</b> <b>Medical-Surgical Nursing II</b> <b>4 Units</b></p> <p>This course introduces intermediate concepts of Medical-Surgical nursing through the Client Needs model. Course content includes nursing care of the client with common acute medical disorders of the cardiovascular, respiratory, neurological, musculoskeletal, genitourinary, and gynecological systems. The student will apply the Nursing Process to develop safe and effective practices that meet client needs. This course includes supervised clinical experiences in skills labs and health care facilities.</p> <p><b>Lecture Hours: 36</b> <b>Lab Hours: 108</b></p> <p><b>Prerequisites: NURSPT 011</b></p>

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	<p><b>Course Name:</b> <i>New course. The pharmacology content of 54 hours is integrated in the current curriculum and is divided into 3 one-unit courses in pharmacology in the proposed curriculum.</i></p> <p><b>Course Number:</b> <i>NURSPT pharmacology courses are numbered 020, 021, 022 for consistency.</i></p> <p><b>Units:</b> <i>1 unit course for a total of 3 units of pharmacology.</i></p> <p><b>Prerequisites:</b> <i>No Change</i></p> <p><b>Rationale:</b> <i>The splitting of pharmacology content allows the study of drugs during the study of nursing responses to alterations in systems where the drugs are most commonly used.</i></p>	<p><b>NURSPT 020 Pharmacology I 1 Unit</b></p> <p>This course provides the student with an understanding of the role and responsibilities of the psychiatric technician in medication administration. Content includes an overview of basic pharmacological principles, terminology, legal and safety aspects of medication administration. Dosage calculation based on dimensional analysis will be taught. Topics covered include: introduction to drug classification, medications used in the treatment of developmental disorders, principles of psychobiology, psychopharmacology, and over the counter and alternative medications.</p> <p><b>Lecture Hours: 18</b></p> <p><b>Prerequisites:</b> BIOL 031 Anatomy (4 Units) or BIOL 033 Anatomy and Physiology (5 Units) HS 036 Medical Terminology and Speech HS 019 Human Deve3lopnment Psych 001 Introduction to Psychology</p>

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	<p><b>Course Name:</b> <i>New course. The pharmacology content of 54 hours is integrated in the current curriculum and is divided into 3 one-unit courses in pharmacology in the proposed curriculum.</i></p> <p><b>Rationale:</b> <i>The splitting of pharmacology content allows the study of drugs during the study of nursing responses to alterations in systems where the drugs are most commonly use.</i></p> <p><b>Course Number:</b> <i>NURSPT pharmacology courses are numbered 020, 021, 022 for consistency.</i></p> <p><b>Units:</b> <i>1 unit course for a total of 3 units of pharmacology.</i></p> <p><b>Prerequisites:</b> <i>No Change</i></p>	<p><b>NURSPT 021 Pharmacology II 1 Unit</b></p> <p>This course provides psychiatric technician students with drug information that includes pharmacotherapeutics, pharmacodynamics, pharmacokinetics, contraindications and precautions, adverse effects, and drug interactions, as well as client variables such as health status, life span, diet, lifestyle and habits, environment, and culture in relationship to drug therapy. Emphasis is placed on nursing responsibilities, such as maximizing therapeutic drug effects and minimizing adverse effects of drug therapy, appropriate client and family teaching, and ongoing assessment of the client. Opioid analgesics, anxiolytics, sedatives, hypnotics, anti-microbials, Anti-diabetics, and gastrointestinal, respiratory, Cardiovascular and Renal Medications are highlighted.</p> <p><b>Lecture Hours: 18</b> <b>Prerequisites:</b> NURSPT 020 Pharmacology I</p>

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<p><b>PT 040 Psychiatric Technician Nursing 6.0 Units</b></p> <p>This course is designed to prepare the student to provide care to mentally ill clients in acute and chronic psychiatric settings. Emphasis is placed on current trends, legislation, stress adaptation, communication, diagnostic criteria, therapeutic techniques, cultural sensitivity, and the principles of wholism.</p>	<p><b>Course Name:</b> Name changed to correspond to the Curriculum CAPT Model. Changed from Psychiatric Technician Nursing to Psychiatric Nursing I. This name change more clearly described the course. Psychiatric Technician Nursing in an all-inclusive term including nursing science, psychiatric nursing and developmental disability nursing.</p> <p><b>Course Number:</b> PT 082 changed to NURSPT 040 to reflect actual program among the nursing programs at the college. The psychiatric Nursing courses are 040 and 041.</p> <p><b>Units:</b> Units changed from 8.0 to 6.0. Curricular requirements for Mental Disorders are 108 hours of Theory and 270 hours of clinical lab. The current curriculum for mental disorders is a total of 12.5 units. NURSPT 040 and 041 equal a total of 12.0 units. 0.5 units are transferred to PT 030 and 031.</p> <p><b>Prerequisites:</b> NURSPT 010 Foundations of Nursing</p>	<p><b>NURSPT 040 Psychiatric Nursing I 6.0 Units</b></p> <p>This course is designed to prepare the student to provide care to mentally ill clients in acute and chronic psychiatric settings, through the Client Needs model. Emphasis is placed on ethics and legal issues, history of mental health and illness, treatment modalities, DSM IV TR. group dynamics/group process, therapeutic relationships, communication and interviewing skills, documentation, assertiveness, client education, dissociative disorders, psychiatric illness associated with childhood and adolescence, social psychology, and prevention &amp; management of assaultive behavior. The student will apply the nursing process to develop safe and effective practices that meet client needs. This course includes supervised clinical experiences in skills labs and health care facilities.</p> <p><b>Lecture Hours: 54 Lab Hours: 156</b></p> <p><b>Prerequisites:</b> NURS PT 010-Foundations of Nursing</p>

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<p><b>PT 083</b> <b>Advanced Psychiatric Technician Nursing</b> <b>4.5 Units</b></p> <p>This course is designed to present mental health concepts of forensics, disorders of infancy, childhood, and adolescence, impulse control, eating disorders, substance abuse, personality disorders, violence, and sexual dysfunction. Emphasis is placed on treatment, prevention, and community resources.</p>	<p><b>Course Name:</b> <i>Changed from Advanced Psychiatric Technician Nursing to Psychiatric Nursing II to provide consistency.</i></p> <p><b>Course Number:</b> <i>PT 083 changed to NURSPT 041 to reflect actual program among the nursing programs at the college. The psychiatric Nursing courses are 040 and 041.</i></p> <p><b>Units:</b> <i>Units changed from 4.5 to 6.0. Curricular requirements for Mental Disorders are 108 hours of Theory and 270 hours of clinical lab. The current curriculum for mental disorders is a total of 12.5 units. NURSPT 040 and 041 equal a total of 12.0 units. 0.5 units are transferred to Developmental Disabilities PT 030 and 031.</i></p> <p><b>Prerequisites:</b> <i>NURSPT 040 Psychiatric Nursing I</i></p>	<p><b>NURSPT 041</b> <b>Psychiatric Nursing II</b> <b>6.0 Units</b></p> <p>This course broadens the student's understanding and knowledge of psychiatric nursing through the Client Needs model. It presents mental health concepts related to community mental health, anxiety and anxiety disorders, personality disorders, schizophrenia and other psychotic disorders, nutritional needs of the client with a psychiatric disorder, affective (mood) disorders, psychiatric health &amp; illness in the aging population, sexual and gender identity disorders, eating disorders, addiction and co-dependency, crisis intervention and suicide prevention, cultural diversity, institutionalization, forensic nursing, and criminal thinking/psychopathology. This course includes supervised clinical experiences in skills labs and health care facilities.</p> <p><b>Lecture Hours: 54</b> <b>Lab Hours: 156</b></p> <p><b>Prerequisites:</b> NURS PT 040-Psychiatric Nursing I</p>



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<p><b>PT 084</b> <b>Developmental Disabilities Nursing</b> <b>6 Units</b></p> <p>This course is designed to prepare the Psychiatric Technician student to provide wholistic care to the developmentally disabled client. Emphasis is placed on diagnostic criteria, ethical issues, learning theories, language, behavior, and behavior modification. The student learns and practices basic leadership and supervisory techniques in the last week of this course.</p>	<p><b>Course Name:</b> <i>No Change</i></p> <p><b>Course Number:</b> <i>PT 082 changed to NURSPT 030 to reflect actual program among the nursing programs at the college. The Developmental Disabilities Nursing courses are 030 and 031.</i></p> <p><b>Units:</b> <i>No Change</i></p> <p><b>Prerequisites:</b> <i>NURSPT 010 Foundations of Nursing</i></p>	<p><b>NURSPT 030</b> <b>Developmental Disability Nursing</b> <b>6 Units</b></p> <p>This course provides an introduction to developmental disabilities nursing through the Client Needs model. The nursing process is used to promote psychosocial integrity within the context of the health illness continuum across the life span. Topics include: orientation to developmental disabilities, client rights, assessment and intervention, behavioral analysis, etiologies, genetics, and ethical dilemmas. Emphasis is on nursing care, habilitation, adaptation, and normalization to maximize an individuals' potential. The student will use the Nursing Process as the vehicle for meeting client needs. Clinical experiences will provide opportunities for students to participate in therapeutic activities in a variety of settings.</p> <p><b>Lecture Hours: 54</b> <b>Lab Hours: 156</b></p> <p><b>Prerequisites:</b> NURS PT 010-Foundations of Nursing</p>

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<p><b>PT 084</b> <b>Developmental Disabilities Nursing</b> <b>6 Units</b></p> <p>This course is designed to prepare the Psychiatric Technician student to provide wholistic care to the developmentally disabled client. Emphasis is placed on diagnostic criteria, ethical issues, learning theories, language, behavior, and behavior modification. The student learns and practices basic leadership and supervisory techniques in the last week of this course.</p>	<p><i>Course Name: No Change</i></p> <p><i>Course Number: PT 082 changed to NURSPT 030 to reflect actual program among the nursing programs at the college. The Developmental Disabilities Nursing courses are 030 and 031.</i></p> <p><i>Units: No Change</i></p> <p><i>Prerequisites: NURSPT 010 Foundations of Nursing</i></p>	<p><b>NURSPT 030</b> <b>Developmental Disability Nursing</b> <b>6 Units</b></p> <p>This course provides an introduction to developmental disabilities nursing through the Client Needs model. The nursing process is used to promote psychosocial integrity within the context of the health illness continuum across the life span. Topics include: orientation to developmental disabilities, client rights, assessment and intervention, behavioral analysis, etiologies, genetics, and ethical dilemmas. Emphasis is on nursing care, habilitation, adaptation, and normalization to maximize an individuals' potential. The student will use the Nursing Process as the vehicle for meeting client needs. Clinical experiences will provide opportunities for students to participate in therapeutic activities in a variety of settings.</p> <p><b>Lecture Hours: 54</b> <b>Lab Hours: 156</b></p> <p><b>Prerequisites:</b> NURS PT 010-Foundations of Nursing</p>

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Course Description - SJDC Current PT Curriculum	Comparison of Course Descriptions and Summary of Changes	Course Description - SJDC Proposed PT Curriculum
<p><b>PT 085 Advanced Developmental Disabilities Nursing 5.5 Units</b></p> <p>This course is designed to broaden the student's understanding and knowledge of developmental disabilities. The focus is on specific physical and medical problems of the developmentally disabled. Developmental syndromes, causes, characteristics, prevention, nursing care, interventions and treatment, including pharmacology, are included.</p>	<p><b>Course Name:</b> Name changed to provide consistency in course naming.</p> <p><b>Course Number:</b> PT 085 changed to NURSPT 031 to reflect actual program among the nursing programs at the college. The Developmental Disabilities Nursing courses are 030 and 031.</p> <p><b>Units:</b> Units changed from 5.5 to 6.0. 0.5 units are transferred to form the Psychiatric Nursing courses to PT 030 and 031.</p> <p><b>Prerequisites:</b> NURSPT 030 Developmental Disabilities Nursing</p>	<p><b>NURSPT 031 Developmental Disability Nursing II 6.0 Units</b></p> <p>This course broadens the student's understanding and knowledge of developmental disabilities nursing through the Client Needs model. The focus is on attention deficit and hyperactivity disorder, normalization and active treatment, technological assistance, innovations for independence, test and measurements, sensory and motor integration, nutritional needs of the Individual with developmental disabilities, associated diseases, case management, critical thinking, cultural competency, end of life care, team building, leadership, supervision, and ethical conduct. Emphasis is on nursing care, habilitation, adaptation, and normalization to maximize an individuals' potential. Clinical experiences will provide opportunities for students to participate in therapeutic activities in a variety of settings. The student will apply the nursing process to develop safe and effective practices that meet client needs.</p> <p><b>Lecture Hours: 54 Lab Hours: 156</b></p> <p><b>Prerequisites:</b> NURS PT 030-Developmental Disability Nursing</p>

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<b>Current Program</b> <b>Total Units: 41</b> <b>Lecture: 23</b> <b>Lab: 18</b>		<b>Proposed Program</b> <b>Total Units: 41</b> <b>Lecture: 22</b> <b>Lab: 19</b>

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**DEVELOPMENTAL DISABILITIES NURSING II/ NURSPT 031**  
**Curriculum Content Summary**

**WEEK 1**

**Dual Diagnosis**

1. Discuss reasons individuals with disabilities have a relatively high prevalence of psychiatric disorders.
2. Describe the types and symptoms of psychiatric disorders among people with developmental disabilities.
3. Identify interventions for individuals who have a dual diagnosis of developmental disability and psychiatric disorder.

**Pervasive Developmental Disorders**

1. Describe the features of Autism and the spectrum of Pervasive Developmental Disorders.
2. Develop an appropriate behavioral intervention plan based on the features of each disorder.
3. Discuss appropriate classroom behavioral interventions for each disorder.

**WEEK 2**

**Attention Deficit and Hyperactivity Disorder**

1. Identify the characteristics of Attention Deficit and Hyperactivity Disorder (ADHD).
2. List the causes of Attention Deficit/Hyperactivity Disorder.
3. Identify the components of the diagnostic process.
4. Discuss the different approaches to management.
5. Research the natural history and outcomes for this disorder.

**Normalization and Active Treatment**

1. Explain the principle of normalization and its impact upon individuals with a developmental disability.
2. Identify historical contributions to the principle of normalization.
3. Discuss how expectations affect normalization.
4. Discuss how the status of individuals with special needs can be improved.
5. Identify the effect of normalization on the family of the individual who is developmentally disabled.
6. Discuss aspects of education in sexuality for individuals who are developmentally disabled.
7. Identify techniques in teaching self-help skills.
8. Identify resources available in the community for individuals with developmental disabilities; discuss the services offered and what value they provide.
9. Summarize Marc Gold's 'Competence-Deviance Hypothesis.'

**WEEK 3**

**Technological Assistance Innovation for Independence**

1. Define medical technology assistance and adaptive technology.
2. Discuss the psychosocial stresses on children assisted by medical technology and their families.

3. Identify the incidence and types of medical technology assistance.
4. Identify and discuss conditions that can necessitate medical technology assistance.
5. List input and output devices appropriate for use by individuals with developmental disabilities.

### **Test and Measurements**

1. Identify basic concepts related to the purpose, value, and structure of various test instruments.
2. Discuss the purposes of assessment testing with the disabled/disturbed individual.
3. Identify components of measure for "intelligence".
4. Define and discuss adaptive behavior.
5. Identify the two basic types of personality tests and specific tests or techniques under each category.
6. Discuss the function of the "Wide Range Achievement Test".
7. List the four aptitudes and abilities measured by vocational aptitude tests.
8. Identify the function of various assessments for organic brain impairment.

### WEEK 4

#### **Sensory and Motor Integration**

1. Describe the basic concepts of sensory integration and dysfunction in sensory integration.
2. Identify and discuss the multisensory nature of the two internal senses and the five external senses.
3. Define and discuss the importance of a sensory portrait, listing the components.
4. Discuss the components of a sensory diet of daily activities and their function.
5. Apply safe activities for each of the sensory systems.

#### **Nutritional Needs of the Individual with Developmental Disabilities**

1. Outline normal nutrition for the life cycle.
2. List and discuss conditions resulting from intellectual and developmental disabilities that require in-depth assessment by a registered dietician.
3. Discuss some of the common nutritional issues for persons with intellectual and developmental disabilities.
4. Identify and discuss the significant nutritional issues that occur due to intellectual and developmental disabilities or are a cause of intellectual and developmental disabilities.
5. Describe nutritional strategies in terms of primary, secondary, and tertiary prevention and the three categorical levels of individual-focused, community-focused, and system-focused intervention approaches.

### WEEK 5

#### **Diseases Associated with Developmental Disabilities**

6. Review the infection process.
7. Identify the following diseases/conditions common to clients and describe the nursing care for each: skin conditions, intestinal infestations, enteric infections, head injuries, hepatitis, STD's, and respiratory disorders.
8. Discuss the infections, intoxications, trauma, and physical agents in the occurrence of developmental disabilities as related to prevention.

9. Identify psychosocial needs of families who are at increased risk for bearing children with genetic disorders or birth defects.

### **Case Management**

1. Describe the role of case management.
2. List the individuals who might be in attendance at an annual and/or semi-annual client evaluation.
3. Identify when reviews of individualized plans occur.
4. Discuss the needs and issues of transition.
5. Define the term "children with special health care needs" and how such a definition affects health care delivery and financing issues.
6. Discuss the complexity involved in developing a system that adequately coordinates various services and supports.
7. Identify insurance coverage issues that affect the provision of health care to these individuals.
8. List various public health care services or programs that may be of value to individuals with intellectual and/or developmental disabilities and their families.

### WEEK 6

### **Critical Thinking**

6. Identify the steps, characteristics, and process to critical thinking.
7. Identify the steps for blending quality-of-life concepts into assessment and intervention.
8. Identify the components of formal assessment in intellectual and developmental disability.
9. Apply reasoning and judgment in clinical settings for individuals with developmental disabilities.

### **Diversity and Cultural Competence**

1. Distinguish between the general definitions for diversity, culture, race, ethnicity, and language; then, explain how diversity may be manifested differently in various countries around the world.
2. Discuss the various issues involved in effective multicultural assessment.
3. Explain the impact of a culturally sensitive intervention on the way the environment is experienced, how information is processed, and on the behaviors of clients from diverse cultural backgrounds.
4. List and discuss the effects of ethnicity and race on the use of services.
5. Discuss the effects of culture and social roles on women with intellectual and developmental disabilities and their female caregivers.
6. Contrast the cultural differences in attitude towards aging and the common stereotypical views about older people with intellectual disabilities.

### **Developmental Disabilities End of Life Care**

10. Explain the legal considerations when caring for an individual at the end of life.
11. Discuss some of the ethical considerations when caring for an individual at the end of life.
12. Describe the difference between loss and grief

### **Team Building, Leadership, Supervision, and Ethical Conduct**

1. Develop an awareness of leadership skills.



2. Discuss the scope of practice of the Psychiatric Technician including the legal implications associated with practice.

San Joaquin Delta College Psychiatric Technician

Current → Proposed curriculum content comparison PT 001 → NURSPT 011 and NURSPT 012 Foundations of Nursing

CURRENT CURRICULUM PT 02-FOUNDATIONS OF NURSING	EXPLANATION OF CHANGES	PROPOSED CURRICULUM NURSPT 011 MEDICAL-SURGICAL NURSING I
<p>1. Principles of Medication Administration [Moved to NURSPT 020]</p> <ol style="list-style-type: none"> <li>Oral Medications</li> <li>Parenteral Medications</li> <li>The nursing process and pharmacology</li> </ol> <p>2. Perioperative Nursing Care [Moved to Module 1]</p> <ol style="list-style-type: none"> <li>Legal parameters associated with Perioperative care</li> <li>Diagnostic evaluation of the Perioperative patient</li> <li>Nursing care of the Perioperative patient using the nursing process</li> <li>Nutritional needs of the Perioperative patient</li> <li>Patient education necessary for the Perioperative patient</li> <li>Pain management related to the Perioperative patient</li> </ol> <p>3. Nursing care of the patient with Cardiovascular [Moved to Module 5] and Hematologic disorders [Moved to Module 3]</p> <ol style="list-style-type: none"> <li>Anatomy and physiology of the cardiovascular and Hematologic system;</li> <li>Assessment of the cardiovascular and Hematologic system;</li> <li>Age-related changes of the cardiovascular and Hematologic system and Special considerations for the elderly client with cardiac and Hematologic dysfunction;</li> <li>Diagnostic evaluation of the cardiac system and Hematologic system;</li> <li>Nursing care using the nursing process of the client with: <ol style="list-style-type: none"> <li>Coronary Artery Disease</li> <li>Hypertension</li> <li>Heart Failure</li> <li>Anemia</li> <li>Iron-deficiency anemia</li> </ol> </li> </ol>	<p><b>Name Change:</b> No change.</p> <p><b>2. Content Change:</b> There is realignment of course content, consistent with the Psychiatric Technician Curriculum Model. The content for the current PT 001 and PT 002 is divided into three courses in the proposed curriculum: NURSPT 010, NURSPT 011, and NURSPT 012. Medical surgical content is Pharmacology content is moved to separate pharmacology courses in line with the Psychiatric Technician Curriculum Model. Nutrition is integrated throughout the program. Gerontological considerations are integrated throughout.</p> <p><b>3. Units change:</b> With the realignment of course content, Foundations of Nursing in now 4.5 units. PT 001 &amp; 002 equal 17 units. NURSPT 010, 011, and 012 equal 14 units. NURSPT 020, 021, &amp; 022 [Pharmacology courses] equal 3 units. The content is redistributed resulting in no change in units.</p> <p><b>4. Program Correlation:</b> Proposed curriculum reflects the proposed program conceptual and organizational framework of Client</p>	<p><b>Module 1-Care of the Medical Surgical Patient</b></p> <ol style="list-style-type: none"> <li>Describe the application of the Nursing Process to the basic medical surgical patient.</li> <li>Describe the care of the surgical patient.</li> </ol> <p><b>Module 2-Fluid and Electrolytes</b></p> <ol style="list-style-type: none"> <li>Describe the mechanisms of fluid transport and fluid balance.</li> <li>Describe the primary function of major electrolytes.</li> <li>Identify the causes, signs and symptoms, and treatment of fluid imbalance.</li> <li>Identify the causes, signs and symptoms, and treatment of electrolyte imbalances.</li> <li>Describe the data to be collected in assessing fluid and electrolyte status.</li> <li>Describe the nursing management of patients with fluid and electrolyte imbalance.</li> </ol> <p><b>Module 3-Hematologic System</b></p> <ol style="list-style-type: none"> <li>List the components of the hematological system and describe their role in oxygenation and homeostasis.</li> <li>Describe the tests and procedures used to diagnosis disorders of the hematological system and nursing considerations for each.</li> <li>Describe the pathophysiology, signs and symptoms, and treatment for patients with disorders of the hematological system.</li> </ol> <p><b>Module 4-Immune System</b></p> <ol style="list-style-type: none"> <li>Identify the organs involved in immunity</li> <li>Describe the difference between innate and acquired immunity.</li> <li>Compare and contrast cell-mediated and humoral immune response.</li> <li>Describe the pathophysiology, signs and symptoms, and treatments for disorders of the immune system, including HIV/AIDS.</li> </ol>

CURRENT CURRICULUM PT 02-FOUNDATIONS OF NURSING	EXPLANATION OF CHANGES	PROPOSED CURRICULUM NURSPT 011 MEDICAL-SURGICAL NURSING I
<p>6) Pernicious anemia 7) Sickle-cell anemia</p> <p>g. Nutritional needs of the client with cardiovascular and hematologic dysfunction. 4. Drugs affecting the heart [Moved to NURSPT 021/ a. Antihypertensives b. Drugs for anemias</p> <p>5. Nursing care of the patient with neurologic dysfunction [Moved to Module 13] a. Anatomy and Physiology b. Assessment of the neurological and muscular system</p> <p>c. Age-related changes and special considerations for the elderly d. Diagnostic tests e. Nursing care using the nursing process for the client with: 1) Cerebrovascular Accident 2) Seizure disorders f. Nutritional needs g. Patient Education h. Pharmacology</p> <p>6. Nursing care of the client with Respiratory Dysfunction [Moved to Module 6] a. Anatomy and Physiology b. Assessment of the respiratory system c. Age-related changes of the respiratory system and special considerations for the elderly client with respiratory dysfunction d. Diagnostic evaluation related to the respiratory system Nursing care utilizing the nursing process for the client with: 1) Pneumonia 2) Tuberculosis 3) Chronic Obstructive Pulmonary Disease 4) Asthma</p>		<p><b>Module 5-Cardiovascular System</b></p> <ol style="list-style-type: none"> <li>Describe the structure and function of the cardiovascular system.</li> <li>Describe the normal changes of aging as they relate to the cardiovascular system.</li> <li>Describe the critical aspects of data collection and assessment of the patient with a cardiovascular disease or disorder.</li> <li>Describe the pathophysiology, risk factors, signs and symptoms, complications, and treatments of patients with diseases and/or disorders of the cardiovascular system.</li> <li>Describe the common diagnostic tests, procedures and related nursing responsibilities for the cardiovascular patient.</li> <li>Define the nutritional concerns of the patient with a cardiovascular disorder.</li> <li>Describe the required patient education for the individual with diseases/disorders of the cardiovascular system.</li> </ol> <p><b>Module 6-Respiratory System</b></p> <ol style="list-style-type: none"> <li>Describe the structure and function of the respiratory system.</li> <li>Identify the normal changes of aging as they relate to the respiratory system.</li> <li>Identify critical aspects of data collection and assessment of the patient with respiratory disease of disorder.</li> <li>Explain the pathophysiology, risk factors, signs and symptoms, complications and treatments of patients with diseases and/or disorders of the respiratory system.</li> </ol>

CURRENT CURRICULUM PT 02-FOUNDATIONS OF NURSING	EXPLANATION OF CHANGES	PROPOSED CURRICULUM NURSPT 011 MEDICAL-SURGICAL NURSING I AND II
<p>a. Nutritional needs</p> <p>b. Patient Education</p> <p>c. Pharmacology</p> <p>    1) Antihistamines</p> <p>    2) Bronchodilators</p> <p>    3) Anti-tuberculosis medication</p> <p>7. Nursing care of the client with Gastrointestinal (GI) dysfunction [Moved to <b>Module 8</b>]</p> <p>a. Anatomy and Physiology of the GI system</p> <p>b. Assessment of the GI system</p> <p>c. Age-related changes and special considerations for the elderly client with GI dysfunction;</p> <p>d. Diagnostic evaluation of the client with GI dysfunction</p> <p>e. Nursing care utilizing the nursing process for the client with:</p> <p>    1) Peptic Ulcer Disease (PUD)</p> <p>    2) Gastroesophageal Reflux Disease (GERD)</p> <p>    3) Hepatitis</p> <p>f. Nutritional needs</p> <p>g. Patient Education</p> <p>h. Pharmacology</p> <p>8. Nursing care of the client with Genitourinary (GU) dysfunction [<b>Module 9</b>]</p> <p>a. Anatomy and Physiology of the GU system</p> <p>b. Assessment of the GU system</p> <p>c. Age-related changes of the GU system and special considerations for the Elderly client with GU dysfunction [<i>Moved to NURSPT 012 Module 6</i>]</p> <p>e. Diagnostic evaluation of the client with GU dysfunction</p> <p>f. Nursing care utilizing the nursing process for the client with:</p> <p>    1) Renal failure</p> <p>    2) Dialysis</p>		<p>5. Identify common diagnostic tests, procedures, and related nursing responsibilities for the respiratory patient.</p> <p>6. Identify the educational needs of the patient with diseases/disorders of the respiratory system.</p> <p><b>Module 7-Diabetes Mellitus</b></p> <p>1. Describe the role of insulin in the body.</p> <p>2. Explain the pathophysiology of diabetes, the signs and symptoms of hyperglycemia and hypoglycemia, the treatment of hyperglycemia and hypoglycemia and the difference between Type 1 and Type 2 Diabetes.</p> <p><b>Module 8-Gastrointestinal System</b></p> <p>1. Describe the structure and function of the gastrointestinal system.</p> <p>2. Identify the normal changes of aging as they relate to the gastrointestinal system.</p> <p>3. Identify the critical aspects of data collection and assessment of the patient with a gastrointestinal disorder.</p> <p>4. Describe the pathophysiology, risk factors, signs and symptoms, complications and treatments of patients with diseases and/or disorders of the gastrointestinal system.</p> <p>5. Identify common diagnostic tests, procedures, and related nursing responsibilities for the patient with a gastrointestinal disorder.</p>

CURRENT CURRICULUM PT 02-FOUNDATIONS OF NURSING	EXPLANATION OF CHANGES	PROPOSED CURRICULUM NURSPT 011 MEDICAL-SURGICAL NURSING I AND II
<p>g. Nutritional needs h. Patient education i. Pharmacology</p> <p>9. Nursing care of the client with endocrine dysfunction   <b>Moved to NURSPT 012-Module 3</b>  </p> <p>a. Anatomy and physiology of the endocrine system b. Assessment of the endocrine system c. Age-related changes of the endocrine system and special considerations for the elderly client with endocrine dysfunction d. Diagnostic evaluations related to the endocrine system e. Nursing care utilizing the nursing process for the client with: 1) Thyroid disease 2) Diabetes Mellitus f. Nutritional needs g. Patient education h. Pharmacology</p>		<p>10. Identify the educational needs for the patient with diseases/disorders of the gastrointestinal system. 11. Describe the nutritional needs of the patient with a gastrointestinal disorder.</p> <p><b>Module 9-Urinary System</b></p> <p>1. Describe the structure and function of the urinary system. 2. Identify the normal changes that occur in the urinary system during the aging process. 3. Identify the critical aspects of data collection and assessment of the patient with renal disease. 4. Describe the pathophysiology, risk factors, signs and symptoms, complications, and treatments of patients with diseases and/or disorders of the urinary system. 5. Identify common diagnostic tests, procedures, and related nursing responsibilities for the urinary patient. 6. Identify the educational needs for the patient with diseases/disorders of the urinary system. 7. Describe the importance of fluid management for the patient with a urinary disorder.</p>

**San Joaquin Delta College Psychiatric Technician  
 Current → Proposed curriculum content comparison PT 001 → NURSPT 011 and NURSPT 012 Foundations of Nursing**

<p align="center"><b>CURRENT CURRICULUM PT 02-FOUNDATIONS OF NURSING</b></p>	<p align="center"><b>EXPLANATION OF CHANGES</b></p>	<p align="center"><b>PROPOSED CURRICULUM NURSPT 011 MEDICAL-SURGICAL NURSING I</b></p>
		<p><b>Module 10</b>-Musculoskeletal System</p> <ol style="list-style-type: none"> <li>1. Identify and describe the structures and functions of the musculoskeletal system.</li> <li>2. Identify the normal changes of aging as they related to the musculoskeletal system.</li> <li>3. Describe the critical aspects of data collection and assessment of the patient with a musculoskeletal disease or disorder.</li> <li>4. Describe the pathophysiology, risk factors, signs and symptoms, complications, and treatments of patients with diseases and/or disorders of the musculoskeletal system.</li> <li>5. Describe common diagnostic tests, procedures, and related nursing responsibilities for the patient with a disorder of the musculoskeletal system.</li> <li>6. Identify common problems and describe nursing interventions in caring for the immobile patient.</li> <li>7. Identify and discuss the educational needs for the patient with diseases/disorders of the musculoskeletal system.</li> <li>8. Identify and discuss the nutritional needs of the patient with a musculoskeletal disorder.</li> </ol>

San Joaquin Delta College Psychiatric Technician

Current → Proposed curriculum content comparison PT 001 → NURSPT 011 and NURSPT 012 Foundations of Nursing

CURRENT CURRICULUM PT 02-FOUNDATIONS OF NURSING	EXPLANATION OF CHANGES	PROPOSED CURRICULUM NURSPT 011 MEDICAL-SURGICAL NURSING I
		<p><b>Module 11-Integumentary System</b></p> <ol style="list-style-type: none"> <li>1. Describe the structure and function of the Integumentary System.</li> <li>2. Describe the normal changes that occur in the skin during the aging process.</li> <li>3. List the components of the nursing assessment of the skin.</li> <li>4. Define the terms used to describe the skin.</li> <li>5. Explain the tests and procedures used to diagnose skin disorders.</li> <li>6. Explain the Psychiatric Technician's responsibility regarding the tests and procedures for diagnosing skin disorders.</li> <li>7. Explain common therapeutic measures used in the treatment of skin disorders.</li> <li>8. Describe the pathophysiology, signs and symptoms, diagnostic tests, and medical treatment for selected skin disorders.</li> <li>9. Identify risk factors related to the development of pressure ulcers.</li> <li>10. Describe the stages of pressure ulcers.</li> <li>11. Describe interventions used to prevent the development of pressure ulcers.</li> </ol>

<p><b>CURRENT CURRICULUM</b> <b>PT 02-FOUNDATIONS OF NURSING</b></p>	<p><b>EXPLANATION OF CHANGES</b></p>	<p><b>PROPOSED CURRICULUM</b> <b>NURST 012</b> <b>MEDICAL-SURGICAL NURSING II</b></p>
<p>10. Nursing care of the patient with neurologic dysfunction [Moved to NURSPT 012-Module 1]</p> <ul style="list-style-type: none"> <li>a. Anatomy and Physiology</li> <li>b. Assessment of the neurological and muscular system</li> <li>c. Age-related changes and special considerations for the elderly</li> <li>d. Diagnostic tests</li> <li>e. Nursing care using the nursing process for the client with:                             <ul style="list-style-type: none"> <li>1) Cerebrovascular Accident</li> <li>2) Seizure disorders</li> </ul> </li> <li>f. Nutritional needs</li> <li>g. Patient Education</li> <li>h. Pharmacology</li> </ul>	<p></p>	<p><b>Module 1</b>-Nervous System-Part I</p> <ol style="list-style-type: none"> <li>1. Describe the structures and function of the nervous system.</li> <li>2. Describe common neurological changes in the older person and the implications of these changes for nursing care.</li> <li>3. Identify critical aspects of data collection and assessment of the patient with a neurological disorder.</li> <li>4. Describe the pathophysiology, risk factors, signs and symptoms, complications, and treatments of patients with diseases and/or disorders of the nervous system.</li> <li>5. Identify common diagnostic tests, procedures, and related nursing responsibilities for the neurological patient.</li> <li>6. Identify the educational needs for the patient with diseases/disorders of the nervous system.</li> </ol> <p><b>Module 2</b>-Sensory System</p> <ol style="list-style-type: none"> <li>1. Describe the structure and function of the sensory system.</li> <li>2. Identify the normal changes that occur in the sensory system during the aging process.</li> <li>3. Describe the critical aspects of data collection and assessment of the patient with a sensory disease or disorder.</li> </ol>



**San Joaquin Delta College Psychiatric Technician  
 Current → Proposed curriculum content comparison PT 001 → NURSPT 011 and NURSPT 012 Foundations of Nursing**

CURRENT CURRICULUM PT 02-FOUNDATIONS OF NURSING	EXPLANATION OF CHANGES	PROPOSED CURRICULUM NURST 012 MEDICAL-SURGICAL NURSING II
		<p>4. Describe the pathophysiology, risk factors, signs and symptoms, complications, and treatments of patients with diseases and/or disorders of the sensory system.</p> <p>5. Describe common diagnostic tests, procedures and related nursing responsibilities for the patient with a sensory system disorder.</p> <p>6. Identify and discuss the educational needs for the patient with diseases/disorders of the sensory system.</p> <p><b>Module 3—Endocrine System</b></p> <p>1. Describe the structures and various functions of the endocrine system.</p> <p>2. Identify the normal changes that occur in the endocrine system during the aging process.</p> <p>3. Describe the critical aspects of data collection and assessment of the patient with an endocrine disorder.</p> <p>4. Discuss the pathophysiology, risk factors, signs and symptoms, complications, and treatments of patients with diseases and/or disorders of the endocrine system.</p> <p>5. Identify common diagnostic tests, procedures, and related nursing responsibilities for the patient with an endocrine disorder.</p> <p>6. Identify the educational needs for the patient with disorders of the endocrine system.</p>

**San Joaquin Delta College Psychiatric Technician  
 Current → Proposed curriculum content comparison PT 001 → NURSPT 011 and NURSPT 012 Foundations of Nursing**

CURRENT CURRICULUM PT 02-FOUNDATIONS OF NURSING	EXPLANATION OF CHANGES	PROPOSED CURRICULUM NURST 012 MEDICAL-SURGICAL NURSING II
		<p><b>Module 4</b>—Reproductive System</p> <ol style="list-style-type: none"> <li>1. Describe the structure and function of the reproductive system.</li> <li>2. Identify the normal changes of aging as they relate to the reproductive system.</li> <li>3. Identify the critical aspects of data collection and assessment of the patient with a reproductive disorder.</li> <li>4. Describe the pathophysiology, risk factors, signs and symptoms, complications and treatments of patients with diseases and/or disorders of the male/female reproductive system.</li> <li>5. Describe common diagnostic tests, procedures and related nursing responsibilities for the patient with a disorder of the reproductive system.</li> <li>6. Identify and discuss the educational needs for the patient with diseases/disorders of the reproductive system.</li> </ol>

**San Joaquin Delta College Psychiatric Technician**

**Current → Proposed curriculum content comparison PT 001 → NURSPT 011 and NURSPT 012 Foundations of Nursing**

CURRENT CURRICULUM PT 02-FOUNDATIONS OF NURSING	EXPLANATION OF CHANGES	PROPOSED CURRICULUM NURSPT 011 and NURSPT 012 MEDICAL-SURGICAL NURSING I AND II
		<p><b>Module 5</b>-Sexually Transmitted Infections</p> <ol style="list-style-type: none"> <li>1. Identify and discuss infectious diseases classified as sexually transmitted infections.</li> <li>2. Describe the data when assessing a patient with a sexually transmitted infection.</li> <li>3. Describe the pathophysiology, risk factors, signs and symptoms, complications, and treatments of patients with a sexually transmitted infection.</li> <li>4. Identify and discuss the educational needs for the patient with a sexually transmitted infection.</li> </ol>

**NURSPT 022 / PHARMACOLOGY III**  
**Curriculum Content Summary**

**WEEK 1**

**Principles of Psychobiology**

1. Define terms associated with psychobiology.
2. Review anatomy and physiology of the nervous system, including parts of a neuron.
3. Differentiate between the sympathetic and parasympathetic nervous systems and their functions.
4. Identify neurotransmitters associated with each system, their functions and effects on the body, mood, and emotion.
5. List central nervous system drug classifications, identifying commonly used medications that affect the autonomic nervous system.
6. Identify drug actions at the synapse, giving specific examples of various neurotransmitters and their effects.
7. Review drug mechanisms of action, including side effects, upon the nervous system and appropriate therapeutic interventions.

**WEEK 2**

**Introduction to Psychopharmacology**

1. Discuss historical perspectives related to psychopharmacology.
2. Discuss the role and function of neurotransmitters in psychotropic medications and how psychotropic medications work.
3. Describe indications, actions, precautions, side effects, and adverse reactions for the following classifications of medications:
  - a. Antidepressants
  - b. Mood-stabilizing agents
  - c. Antipsychotics
  - d. Anxiolytics
  - e. Sedative hypnotics
  - f. Psychostimulants
  - g. Antiparkinson agents
4. Apply the nursing process to the administration of psychotropic medications.
5. Identify important concepts related to medication administration for patient/family education.

**WEEK 3**

**Antipsychotic Agents**

1. Discuss indications and uses of antipsychotic agents.
2. Differentiate between typical (first generation) and atypical (second generation) antipsychotics, their methods of action, therapeutic effects, and side effect profiles.
3. Identify drugs commonly used in each class, discussing normal dosage range, upper limits, therapeutic and adverse effects, and nursing considerations.
4. Review the indications and use of depot (long term) medications.
5. Identify and discuss symptoms of and treatment for side effects associated with antipsychotics.

- a. Anticholinergic effects
  - b. Pseudoparkinsonism
  - c. Extrapyrarnidal symptoms (EPS)
  - d. Neuroleptic Malignant Syndrome (NMS)
  - e. Agranulocytosis
  - f. Miscellaneous: GI upset, dermatological changes, sedation, orthostatic hypotension, hormonal effects, weight gain, EKG changes, decrease in seizure threshold.
6. Identify different classes of medications used as Antiparkinson agents and indications for their use.

#### WEEK 4

#### **Antidepressants and Mood Stabilizers**

1. Discuss indications and uses of antidepressant medications.
2. Identify different classes of drugs used as antidepressants (MAOI's, TCA's, SSRI's and misc. medications), their mechanisms of action, therapeutic effects and side effect profiles, precautions and toxicity and overdose considerations.
3. Identify drugs commonly used in each class discussing normal dosage range, upper limits and nursing considerations.
4. Identify symptoms and treatment for side effects associated with antidepressants:
  - a. Anticholinergic effects
  - b. Toxic effects
  - c. Serotonin Syndrome
  - d. Serotonin Discontinuation Syndrome
  - e. Hypertensive crisis
  - f. Drug-drug interactions
  - g. Potential increase in suicidal ideation
  - h. Miscellaneous side effects (sexual side effects, dermatological changes, priapism, sedation, etc.)
5. Discuss indications for the use of antimanic agents (mood stabilizers).
6. Identify different classes of drugs used as antimanic agents (mood stabilizers), giving examples of each, reviewing mechanisms of action and therapeutic/adverse effects:
  - a. Antipsychotics
  - b. Benzodiazepines
  - c. Anticonvulsants
  - d. Lithium
7. Identify important concepts related to medication administration for patient/family education.

#### **Individualizing Drug Therapy – OTC and Alternative Medications**

1. Identify factors contributing to variability in drug response, including biological factors, cultural factors, environmental factors and polypharmacy.
2. Review physiological changes that occur during the aging process that impact pharmacokinetic and pharmacodynamic processes in the elderly.
3. Discuss variability in drug response and the implications for drug therapy.

4. Review common OTC drugs and discuss important concepts related to medication administration for patient/family education.
5. Review alternative medication therapies, including herbal medications

## WEEK 6

### **Anxiolytic Agents and Sedative-Hypnotics**

1. Discuss indications for the use of anxiolytic agents.
2. Identify different classes of medications used as anxiolytic agents, giving examples of each, reviewing mechanisms of action, therapeutic effects and side effect profiles:
  - a. Benzodiazepines
  - b. Antidepressants
  - c. Antihistamines
  - d. Beta-blockers
  - e. Miscellaneous
3. Discuss indications for the use of sedative-hypnotic agents.
4. Identify different classes of medications used as sedative-hypnotic agents, giving examples of each, reviewing mechanisms of action effects on the sleep cycle and side effect profiles.
  - a. Benzodiazepines
  - b. Non-benzodiazepines
  - c. Barbiturates
  - d. Sedating antidepressants
  - e. Antihistamines
5. Identify important concepts related to medication administration for patient/family education.

CONTENT HOURS WORKSHEET BY ROTATION - PSYCHIATRIC TECHNICIAN PROGRAM																			
ROTATION NAME: PHARMACOLOGY I (FOUNDATIONS OF NURSING CO-REQUISITE)																			
WEEK	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Total Hours by Content
PT I																			
A/P																			0
NUT																			0
PSY																			0
G/D																			0
NP																			0
COM																			0
Nur Sc																			0
Fund																			0
M/S																			0
CDIS																			0
GER																			0
PE																			0
PHARM	3	3	3	3	3	3													18
DD																			0
MD																			0
LDR																			0
SUP																			0
ETH																			0
CRIT THIN																			0
CULT																			0
END-OF-LIFE																			0
<b>Total Theory Hours</b>	<b>3</b>	<b>3</b>	<b>3</b>	<b>3</b>	<b>3</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>18</b>
Skills Lab	0	0	0	0	0	0													0
Clinical	0	0	0	0	0	0													0
<b>Total Clinical Hours</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>TOTAL PROGRAM HOURS</b>	<b>3</b>	<b>3</b>	<b>3</b>	<b>3</b>	<b>3</b>	<b>3</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>18</b>

**San Joaquin Delta College Psychiatric Technician  
Current → Proposed Curriculum Content Comparison PT → NURSPT 020, 021, & 022**

CURRENT CURRICULUM	EXPLANATION OF CHANGES	PROPOSED CURRICULUM NURSPT 020 PHARMACOLOGY I
	<p><b>Name Change:</b> These are new courses named Pharmacology I, II, &amp; III.</p> <p><b>2. Content Change:</b> The current curriculum integrates pharmacology throughout the courses. The proposed curriculum moves pharmacology content to separate pharmacology courses in line with the Psychiatric Technician Curriculum Model.</p> <p><b>3. Units change:</b> With the realignment of course content, Foundations of Nursing in now 4.5 units. PT 001 &amp; 002 equal 17 units. NURSPT 010, 011, and 012 equal 14 units. NURSPT 020, 021, &amp; 022 [Pharmacology courses] equal 3 units. The content is redistributed resulting in no change in units.</p> <p><b>4. Program Correlation:</b> Proposed curriculum reflects the proposed program conceptual and organizational framework of Client Needs Model.</p>	<p><b>Module 1-Fundamentals of Pharmacology</b></p> <ol style="list-style-type: none"> <li>Describe the role and responsibilities of the Psychiatric Technician in medication administration.</li> <li>Identify and discuss the six rights of medication administration.</li> <li>Explain the terms commonly used to describe the basic principles of drug actions.</li> <li>Identify routes of medication administration.</li> <li>Define common terminology associated with medication administration.</li> <li>Identify and utilize a variety of sources of drug information.</li> <li>State the purpose of federal regulations and standards related to medications and medical products.</li> <li>Discuss cultural and life span considerations related to medication administration.</li> <li>Identify important concepts related to medication administration and patient education.</li> </ol> <p><b>Module 2-Drug Classification</b></p> <ol style="list-style-type: none"> <li>Explain how drugs are classified.</li> <li>Identify the major therapeutic drug classifications.</li> <li>Describe the teaching responsibilities related to the administration of medications.</li> </ol>



**San Joaquin Delta College Psychiatric Technician  
 Current → Proposed Curriculum Content Comparison PT → NURSPT 020, 021, 022**

CURRENT CURRICULUM	EXPLANATION OF CHANGES	PROPOSED CURRICULUM NURSPT 020 PHARMACOLOGY I
		<p><b>Module 3-</b>Calculation of Medication Dosages</p> <ol style="list-style-type: none"> <li>1. Define common abbreviation symbols used to communicate medication orders.</li> <li>2. Review basic math skills</li> <li>3. Review the metric system</li> <li>4. Review the apothecary system</li> <li>5. Review household system</li> <li>6. Demonstrate conversion between systems,</li> <li>7. Calculate medication dosages using Dimensional Analysis.</li> </ol> <p><b>Module 4-</b>Analgesics, Anti-inflammatory and Anti Rheumatoid Agent Medications</p> <ol style="list-style-type: none"> <li>1. Describe the physiology of pain and different types of pain.</li> <li>2. Describe the use of opioid analgesics.</li> <li>3. Identify opioid analgesics according to dosages and strengths.</li> <li>4. Describe the most common opioid antagonists and how they are used.</li> <li>5. Describe indications, uses and precautions for non-steroidal anti-inflammatory agents (NSAIDs).</li> <li>6. Identify various chemical classes of non-opioid, non-steroidal anti-inflammatory agents (NSAIDs).</li> <li>7. Identify and discuss selected medications included in the classification of NSAIDs and how they are used.</li> </ol>

**San Joaquin Delta College Psychiatric Technician  
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CURRENT CURRICULUM	EXPLANATION OF CHANGES	PROPOSED CURRICULUM NURSPT 020 PHARMACOLOGY I
		<p><b>Module 5-Individualizing Drug Therapy and Over the-Counter Medications-Part I</b></p> <ol style="list-style-type: none"> <li>1. Identify factors contributing to variability in drug response, including biological factors, cultural factors, environmental factors and polypharmacy.</li> <li>2. Review physiological changes that occur during the aging process that impact pharmacokinetic and pharmacodynamics processes in the elderly.</li> <li>3. Discuss the variability in drug response and the implications for drug therapy.</li> <li>4. Review common OTC drugs and discuss important concepts related to medication administration for patient/family education.</li> <li>5. Review alternative medication therapies, including herbal medications.</li> </ol>

**San Joaquin Delta College Psychiatric Technician  
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CURRENT CURRICULUM	EXPLANATION OF CHANGES	PROPOSED CURRICULUM NURSPT 021 PHARMACOLOGY II
		<p><b>Module 1-Immunizing Agents, Immunosuppression Therapy and Cancer Medication</b></p> <ol style="list-style-type: none"> <li>1. Discuss the principles of immunosuppressive therapy.</li> <li>2. List and identify commonly used immunosuppressants.</li> <li>3. Differentiate between active and passive immunity.</li> <li>4. Explain the pharmacodynamics, pharmacokinetics, and pharmacotherapeutics of immunizing agents.</li> <li>5. List, identify and outline schedules of administration and describe active immunizing agents.</li> <li>6. List, identify and outline schedules of administration and describe passive immunizing agents.</li> <li>7. Define common terminology used to describe cancer and its pharmacological treatment.</li> </ol>

**San Joaquin Delta College Psychiatric Technician  
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CURRENT CURRICULUM	EXPLANATION OF CHANGES	PROPOSED CURRICULUM NURSPT 021 PHARMACOLOGY II
		<p><b>Module 2-Antimicrobial Medication</b></p> <ol style="list-style-type: none"> <li>1. Differentiate and explain the major classifications of antimicrobial drugs.</li> <li>2. Recognize common antibiotic-resistant microbes.</li> <li>3. Outline general considerations of antimicrobial therapy selection.</li> <li>4. State the pharmacodynamics, pharmacotherapeutics and pharmacokinetics of antibiotics.</li> <li>5. Identify drugs used to treat urinary tract infections.</li> <li>6. Identify drugs used to treat Mycobacterial Infections.</li> <li>7. Identify appropriate treatment for each of the following viral infections.</li> <li>8. Identify appropriate drug treatment for each of the selected fungal infections.</li> <li>9. Describe parameters that govern the choice of antiretroviral drug therapy.</li> </ol>

**San Joaquin Delta College Psychiatric Technician  
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CURRENT CURRICULUM	EXPLANATION OF CHANGES	PROPOSED CURRICULUM NURSPT 021 PHARMACOLOGY II
		<p>10. Identify the pharmacotherapeutics, pharmacodynamics and pharmacodynamics of drugs used to treat HIV and AIDS.</p> <p>11. Describe the pathophysiology of protozoan, parasitic, helminthic and ectoparasitic diseases/infections and discuss appropriate drug therapy for each.</p> <p><b>Module 3-Cardiovascular and Renal Medications</b></p> <ol style="list-style-type: none"> <li>1. Identify and describe the actions, side effects, contraindications, nursing implications and patient education of drugs used to treat congestive heart failure.</li> <li>2. Describe the action, side effects, contraindications, nursing implications and patient education of drugs used to treat a client with angina pectoris.</li> <li>3. Identify and describe the actions, uses, contraindications side effects, nursing implications and patient education used to treat a client with hypertension.</li> <li>4. Identify and describe the actions, uses, contraindications, side effects nursing implications and patient education used to treat a client receiving anticoagulation therapy.</li> </ol>

San Joaquin Delta College Psychiatric Technician  
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CURRENT CURRICULUM	EXPLANATION OF CHANGES	PROPOSED CURRICULUM NURSPT 021 PHARMACOLOGY II
		<p>5. Identify and describe the actions, uses, contraindications, side effects, nursing implications and patient education used to treat a client receiving diuretic therapy.</p> <p><b>Module 4-Respiratory Medications</b></p> <ol style="list-style-type: none"> <li>1. Restate the pathophysiology involved with upper respiratory system diseases/disorders.</li> <li>2. Describe the pharmacokinetics, pharmacotherapeutics, and pharmacodynamics of antitussive drugs.</li> <li>3. Describe the use of oral and nasal decongestants.</li> <li>4. Summarize the use of first and second generative antihistamines in relieving symptoms of allergies.</li> <li>5. Restate the pathophysiology involved with disease/conditions of the lower respiratory system.</li> <li>6. Describe the pharmacokinetics, pharmacotherapeutics and pharmacodynamics of mucolytic drugs.</li> <li>7. Describe the use of bronchodilators.</li> <li>8. Identify anti-inflammatory agents used in the management of respiratory disorders.</li> </ol>

San Joaquin Delta College Psychiatric Technician  
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CURRENT CURRICULUM	EXPLANATION OF CHANGES	PROPOSED CURRICULUM NURSPT 021 PHARMACOLOGY II
		<p><b>Module 4-Endocrine Medications</b></p> <ol style="list-style-type: none"> <li>1. Identify and describe medications used for individuals receiving treatment for pituitary disorders including indications, methods of action, side effects, contraindications and patient education.</li> <li>2. Identify and describe medications used for individuals receiving treatment for thyroid disorders including methods of action, side effects, contraindications and patient education.</li> <li>3. Identify the different types of insulin and describe the indications, methods of action, side effects, contraindications and patient education related to insulin administration.</li> <li>4. Identify the different types of oral anti-diabetic agents, indications, method of action, side effects contraindications and patient education receiving oral anti-diabetic agents.</li> </ol>

San Joaquin Delta College Psychiatric Technician  
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CURRENT CURRICULUM	EXPLANATION OF CHANGES	PROPOSED CURRICULUM NURSPT 021 PHARMACOLOGY II
		<p><b>Module 5:</b> Central Nervous System Drugs</p> <ol style="list-style-type: none"> <li>1. Differentiate between sedative and hypnotic agents.</li> <li>2. Discuss barbituates and their use as a sedative.</li> <li>3. List and identify selected barbituates.</li> <li>4. Discuss benzodiazepines and their use as a sedative-hypnotic.</li> <li>5. List and identify selected benzodiazepines.</li> <li>6. List and discuss non-barbituate, non-benzodiazepine sedative hypnotic agents and their use.</li> <li>7. Discuss musculoskeletal relaxants and their use.</li> <li>8. List and identify musculoskeletal relaxants.</li> <li>9. Describe the pathophysiology of epilepsy and seizure disorders.</li> <li>10. Discuss the use of anti-convulsants.</li> <li>11. List and identify anti-epileptic agents.</li> <li>12. Identify various classes of drugs and medications in each class used as Anti-Parkinson agents.</li> </ol>



**Psychiatric Nursing I / NURSPT 040**  
**Curriculum Content Summary**

**WEEK 1**

**Introduction and Orientation to Psychiatric Nursing**

At the completion of this module, the learner will be able to:

1. Identify and discuss the objectives of the Psychiatric Nursing portion of the Psychiatric Technician Program.
2. Identify behavioral expectations of the student, and state where information can be found concerning requirements for student performance, attendance, semester assignments, make-up work, etc.
3. Define and discuss professionalism.
4. Define and discuss leadership roles of a psychiatric technician.

**History of Mental Health and Illness**

1. Identify trends relating to the treatment of mental illness throughout history.
2. Identify significant events and individuals relating to the history of mental health treatment.
3. Define and discuss various treatment modalities in different time periods.
4. Review current trends that affect delivery of mental health treatment.

**Nursing Process Related to Psychiatric Patients**

1. Review and discuss the concept of critical thinking.
2. Discuss the use of the nursing process in the psychiatric setting including assessment, nursing diagnoses, outcome identification, planning, intervention and evaluation.
3. Utilize the nursing process in the care of patients with mental health problems.
4. Utilize problem-solving techniques to provide individualized nursing care for patient with mental health problems.

**Cultural Diversity in Mental Health**

1. Define the terms culture, acculturation, and ethnicity
2. Identify characteristics present in all cultures and how these characteristics differ in various cultures.
3. Identify cultural groups to which the student belongs and values derived from each group.
4. Identify cultural beliefs affecting health and healing that are associated with various cultures.

**WEEK 2**

**Cultural Diversity in Mental Health (con't)**

5. Describe ways to communicate with non-English speaking clients.
6. List ways to provide culturally sensitive care to psychiatric clients.
7. Use the nursing process to provide culturally competent care for individuals from various cultural groups

### **Institutionalization**

1. Define institutionalization and identify the characteristics of total institutions.
2. Identify the process of deindividuation, factors that promote it and the ways in which individuals adapt to it.
3. Identify the dominant themes of inmate culture.
4. Identify and discuss problems related to institutionalization that may be encountered by individuals as they adjust to society.
5. Discuss institutionalization and deindividuation as they relate to implications for nursing care.

### **Ethics and Legal Issues in Psychiatric Nursing**

1. Differentiate between ethics, morals, values, and rights.
2. Define and discuss ethical theories and principles and the process of ethical decision making.
3. Review and discuss the Psychiatric Technician Code of Ethics.
4. Identify and discuss ethical and legal issues relevant to psychiatric/mental health nursing.
5. Define and discuss the Short-Doyle Act.
6. Define and discuss the involuntary civil commitment law – Lanterman-Petris-Short Act.
7. Define and discuss the concept of gravely disabled and conservatorship.
8. Differentiate between voluntary v. involuntary admissions (5150, 5250).
9. Define and discuss court commitment codes, penal code and civil code commitments.
  - a. 1026, 1370, 2684, 2962, 6600.
10. Review and discuss Patient's Rights.
11. Discuss the process of denial of rights for good cause.

### **Community Mental Health**

1. Identify events that led to the establishment of comprehensive Community Mental Health Centers as the system of mental health delivery.
2. Describe services available in a comprehensive community mental health center.
3. Discuss the concept of deinstitutionalization and its impact on mental health services.
4. Explain the concept of the 'revolving-door syndrome' and 'transinstitutionalization' as it relates to community mental health services.
5. Discuss factors contributing to homelessness among the mentally ill and identify community resources available for the homeless.
6. Define and discuss the public health model (primary prevention, secondary prevention and tertiary prevention).
7. Identify and discuss community mental health resources available in the community.
8. Identify populations at risk for mental illness within the community.

## WEEK 3

### **Treatment Modalities**

1. Define basic concepts of Cognitive Therapy including schemas, cognitive distortions, and the components of treatment.

2. Define therapeutic milieu, identify examples of milieu therapy and discuss the concept of the Interdisciplinary Team and its function in the therapeutic milieu.
3. Describe conditions that characterize a therapeutic community

### **DSM IV TR**

1. Explain the DSM multiaxial diagnostic system, including the meaning of each axis.
2. Identify conditions in Axis I.
3. Identify conditions in Axis II.
4. Identify conditions in Axis III.
5. Identify how Axis IV is used.
6. Identify how Axis V is used.

### **Therapeutic relationships**

1. Identify and discuss basic concepts involved in developing a therapeutic relationship.
  - a. Discuss the difference between a social and therapeutic relationship.
  - b. Discuss the concepts of a “dual relationship” and “secondary gain”.
  - c. Identify the five positive characteristics necessary for a therapist to maintain a therapeutic relationship.
  - d. Discuss specific techniques that help to develop a trusting relationship with the patient.
2. Identify and discuss the significance of self-awareness in the development of a therapeutic relationship.
  - a. Discuss methods of increasing self-awareness.
  - b. Identify your own strengths and weaknesses as an individual and identify areas of personal growth within yourself.
3. Identify and discuss the phases involved in developing a therapeutic relationship.
  - a. Identify the primary tasks of each phase.
4. Define and discuss problems that may arise in the therapeutic relationship.
  - a. Define transference and countertransference.
  - b. Identify and discuss healthy boundaries when working with psychiatric patients.
  - c. Identify appropriate interventions for dealing with these issues.

### **WEEK 5**

#### **Anxiety and Anxiety Disorders**

1. Define anxiety and differentiate among stress, fear, and anxiety.
  - a. Identify several characteristics of anxiety.
  - b. Identify and discuss the four levels of anxiety.
2. Discuss the impact of stress on mental health.
3. Identify physiological responses to stress.
4. Define “diseases of adaptation” and how they relate to stress.
5. Differentiate between adaptive and maladaptive responses to stress.
6. Discuss ways of preventing and coping with “burnout”.
7. Define and differentiate between various anxiety disorders
8. Discuss treatment for individuals with anxiety disorders.
9. Apply the nursing process to clients experiencing anxiety disorders and describe nursing diagnoses and nursing interventions used for people with anxiety disorders.

### **Assertiveness**

1. Identify and discuss examples of nonassertive, assertive, aggressive, and passive aggressive behaviors in themselves and in clients

### WEEK 6

### **Affective (Mood) Disorders**

1. Define and differentiate between various mood disorders (a.k.a. affective disorders), identifying the DSM IV criteria and symptoms that are associated with each.
2. Identify predisposing factors for mood disorders.
3. Discuss treatment modalities for individuals with mood disorders.
4. Apply the nursing process to clients diagnosed with a mood disorder and describe appropriate nursing diagnoses and nursing interventions used for individuals with mood disorders.

### **Crisis Intervention and Suicide Prevention**

1. Define crisis and describe the sequential phases in the development of a crisis.
2. Identify and discuss five characteristics of a crisis.
3. Identify the goal of crisis intervention and the four steps involved in the technique of crisis intervention.
4. Describe the different types of crises and give examples of each.
5. Discuss epidemiologic statistics and risk factors related to suicide.
6. Identify and discuss behavioral and verbal indicators of suicidal intent.
7. Describe use of the Nursing Process for patients at risk for suicide or self-harm and identify appropriate nursing diagnoses and nursing interventions used for suicide or self-harm.

## **Psychiatric Nursing II / NURSPT 041 Curriculum Content Summary**

### **WEEK 1**

#### **Personality Disorders**

1. Define the terms personality, personality trait and personality disorder.
2. Review stages of personality development according to Freud, Sullivan and Erikson.
3. Identify predisposing factors for personality disorders.
4. Define and differentiate between various personality disorders, discussing the diagnostic criteria specified by the DSM IV, and describe the symptoms that are associated with each.
  - a. Identify behaviors grouped into Cluster A, B and C, and which disorders are classified under each cluster.
5. Describe treatment for individuals with a personality disorder.
6. Apply the nursing process to clients with a personality disorder and describe nursing diagnoses and nursing interventions used for individuals with personality disorders.

#### **Criminal Thinking/Psychopathology**

1. Identify and discuss the components of the criminal personality.
2. Identify and discuss behaviors related to the criminal personality.
3. Identify myths and theories associated with the causation of the criminal personality.
4. Identify and discuss cognitive distortions associated with criminal thinking.
5. Differentiate between affective and predatory aggression, organized and disorganized offenders, the different types of rapists, and types of pedophiles.
6. Identify and discuss the sociopathic and criminal personalities in respect to manipulative behaviors that lead to staff being set-up by clients.
7. Identify specific behaviors seen in clients with manipulative personalities.
8. Discuss ways staff can recognize these behaviors and deal therapeutically with them.
9. Identify and discuss the components of the gang culture, gang identifiers and symbols, traditional prison gangs and their characteristics as well as gang membership structure.
10. Discuss the purpose and function of gangs, identifying common gang charges.
11. Discuss various attempts to curb the gang propensity for disruptive behavior and prison violence.

#### **Introduction to Forensic Nursing**

1. Define the term forensic and discuss the concept of forensic nursing.
2. Define the role of the psychiatric technician in the forensic setting.
3. Differentiate between prison culture versus hospital culture and discuss how it may impact the therapeutic relationship.
4. Discuss the rates of mental illness and suicide in prison.
5. Identify and discuss the stigma carried by the forensic psychiatric patient as a result of the co-mingling of criminality and mental illness.
6. Identify and discuss ethical issues and conflicts that may be encountered by psychiatric technicians when working with a forensic population.

7. Define the term “cold threat” and discuss methods of diffusing a cold threat.
8. Define boundary, boundary crossings, boundary violation and zone of helpfulness.
9. Identify and discuss the concept of “relationship security” and the clinical risks and pitfalls associated with breaches in relationship security.
10. Discuss the nursing implications associated with dangerous forensic clients including weapons making and weapons use.
11. Discuss various issues related to inappropriate nursing staff -patient relationships.
12. List and describe elements for establishing an effective therapeutic relationship with the forensic client.

## WEEK 2

### **Introduction to Forensic Nursing (cont.)**

7. Define the term “cold threat” and discuss methods of diffusing a cold threat.
8. Define boundary, boundary crossings, boundary violation and zone of helpfulness.
9. Identify and discuss the concept of “relationship security” and the clinical risks and pitfalls associated with breaches in relationship security.
10. Discuss the nursing implications associated with dangerous forensic clients including weapons making and weapons use.
11. Discuss various issues related to inappropriate nursing staff -patient relationships.
12. List and describe elements for establishing an effective therapeutic relationship with the forensic client.

### **Addiction and Co-dependency**

1. Differentiate between substance abuse and substance dependence, using criteria identified in the DSM-IV TR.
2. Discuss and define addiction, tolerance, dependence, withdrawal, Wernicke’s encephalopathy, Korsakoff’s psychosis, ascites, esophageal varices, and hepatic encephalopathy.
3. Discuss predisposing factors in the etiology of substance abuse or dependency disorders.
4. Identify common substances of abuse and associated patterns of abuse and dependency.
5. Identify nutritional deficits and health risks associated with substance abuse disorders.
6. Identify symptoms associated with substance abuse disorders and substance-induced disorders and use the information in assessment of clients with various substance abuse disorders and deficits.
7. Define codependency and identify behavioral characteristics demonstrated by the codependent individual
8. Describe the use of the nursing process to provide care for patients with substance abuse disorders or codependent behaviors and describe appropriate nursing diagnoses and nursing interventions used for persons with substance related disorders.
9. Discuss various treatment modalities for individuals with substance abuse disorders and related deficits

## WEEK 3

### **Treatment Modalities**

1. Define basic concepts of Cognitive Therapy including schemas, cognitive distortions, and the components of treatment.
2. Define therapeutic milieu, identify examples of milieu therapy and discuss the concept of the Interdisciplinary Team and its function in the therapeutic milieu.
3. Describe conditions that characterize a therapeutic community

### **DSM IV TR**

1. Explain the DSM multiaxial diagnostic system, including the meaning of each axis.
2. Identify conditions in Axis I.
3. Identify conditions in Axis II.
4. Identify conditions in Axis III.
5. Identify how Axis IV is used.
6. Identify how Axis V is used.

### **Therapeutic relationships**

1. Identify and discuss basic concepts involved in developing a therapeutic relationship.
  - a. Discuss the difference between a social and therapeutic relationship.
  - b. Discuss the concepts of a “dual relationship” and “secondary gain”.
  - c. Identify the five positive characteristics necessary for a therapist to maintain a therapeutic relationship.
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2. Identify and discuss the significance of self-awareness in the development of a therapeutic relationship.
  - a. Discuss methods of increasing self-awareness.
  - b. Identify your own strengths and weaknesses as an individual and identify areas of personal growth within yourself.
3. Identify and discuss the phases involved in developing a therapeutic relationship.
  - a. Identify the primary tasks of each phase.
4. Define and discuss problems that may arise in the therapeutic relationship.
  - a. Define transference and countertransference.
  - b. Identify and discuss healthy boundaries when working with psychiatric patients.
  - c. Identify appropriate interventions for dealing with these issues.

## WEEK 4

### **Schizophrenia and Other Psychotic Disorders**

1. Define schizophrenia, psychosis, delusion, hallucination and other terms related to psychotic disorders.
2. Discuss predisposing factors for schizophrenia and theories related to causative factors.
3. Identify and discuss the phases of schizophrenia.
4. Describe the DSM IV criteria for schizophrenia and the five subtypes of schizophrenia, and discuss the symptoms that are associated with each.

5. Identify other psychotic disorders and discuss the symptoms that are associated with each one.
6. Identify treatment modalities for individuals with psychotic disorders.
7. Discuss the use of antipsychotic medication (therapeutic as well as adverse effects).
8. Apply the nursing process to clients diagnosed with schizophrenia and describe appropriate nursing diagnoses and nursing interventions used for persons with schizophrenia.

### **Dissociative Disorders**

1. Define and differentiate between the major dissociative disorders, discussing the diagnostic criteria specified by the DSM IV, and describe the symptoms that are associated with each.
2. Identify predisposing factors for dissociative disorders.
3. Describe treatment for individuals with dissociative disorders.
4. Apply the nursing process to clients with a dissociative disorder and describe nursing diagnoses and nursing interventions used for persons with dissociative disorders.

### WEEK 5

#### **Anxiety and Anxiety Disorders**

1. Define anxiety and differentiate among stress, fear, and anxiety.
  - a. Identify several characteristics of anxiety.
  - b. Identify and discuss the four levels of anxiety.
2. Discuss the impact of stress on mental health.
3. Identify physiological responses to stress.
4. Define “diseases of adaptation” and how they relate to stress.
5. Differentiate between adaptive and maladaptive responses to stress.
6. Discuss ways of preventing and coping with “burnout”.
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### WEEK 6

#### **Affective (Mood) Disorders**

1. Define and differentiate between various mood disorders (a.k.a. affective disorders), identifying the DSM IV criteria and symptoms that are associated with each.
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3. Discuss treatment modalities for individuals with mood disorders.
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### **Crisis Intervention and Suicide Prevention**

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7. Describe use of the Nursing Process for patients at risk for suicide or self-harm and identify appropriate nursing diagnoses and nursing interventions used for suicide or self-harm.

5.

### **Crisis Intervention and Suicide Prevention**

8. Define crisis and describe the sequential phases in the development of a crisis.
9. Identify and discuss five characteristics of a crisis.
10. Identify the goal of crisis intervention and the four steps involved in the technique of crisis intervention.
11. Describe the different types of crises and give examples of each.
12. Discuss epidemiologic statistics and risk factors related to suicide.
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# Comparison: Current and Proposed Course Descriptions San Joaquin Delta College PT0811

Course Description - SJDC Current PT Curriculum	Comparison of Course Descriptions and Summary of Changes	Course Description - SJDC Proposed PT Curriculum
<p><b>PT 001</b>  <b>Foundations of Nursing</b>  <b>8.50 Units</b>  <b>Description:</b>                      This course is an introduction to the nursing profession with an emphasis on the development of a firm foundation of knowledge that will enable the student to provide safe and effective care and promote lifelong learning. The basic concepts of anatomy, physiology, nutrition, and pharmacology are integrated throughout the course with a concentration in nursing application. Fundamental health care issues and trends along with collaborative roles of the Registered Nurse, Licensed Vocational Nurse, Licensed Psychiatric Technician and Certified Nursing Assistant will also be examined. The conceptual framework of Holism, the utilization of the nursing process and critical thinking skills are presented which will be used by the students in the identification and management of patient/client needs of the geriatric population. (CSU)</p>	<p><b>Course Name No change</b>  <b>Course Number:</b> PT 001 changed to NURSPT 010 to reflect actual program among the nursing programs at the college.  <b>Units:</b> Units changed from 8.5 to 4.5. Curricular requirements for Nursing Science are 126 hours of Theory and 270 hours of clinical lab. The current curriculum for nursing science has a total of 17 units. Content from PT 001 AND PT 002 is divided among 3 nursing science courses totaling 14 units (NURSPT 010 is 4.5 units, NURSPT 011 is 5.5 units, and NURSPT012 is 4 units). The pharmacology content of 54 hours is integrated in the current curriculum. In the proposed curriculum pharmacology is divided that into 3 one unit courses in pharmacology. This is a total of 17 units.  <b>The overall result is no change in units.</b>   <b>Prerequisites:</b> No Change  <b>Co-requisites:</b> NURSPT 020 is a one-unit Pharmacology course that will be required.  <b>Rationale:</b> Dividing the content nursing science content into three courses allows nursing science, psychiatric nursing, and developmental disabilities to be taught throughout the program.                      Placing the pharmacology content in three units allows for the study of drugs concurrent with the study of alterations in systems where the drugs are most commonly used.</p>	<p><b>NURSPT 010</b>  <b>Foundations of Nursing</b>  <b>4.50 Units</b>  <b>Description:</b>                      This course presents foundational concepts for nursing practice through the framework of the Client Needs model. Nursing theory and basic skills are presented that enhance a safe and effective care environment. Behaviors that promote and maintain health are taught. Psychosocial and physiological integrity are addressed through health assessment skills. The student will begin to apply the Nursing Process to develop safe and effective practices that meet client needs. This course includes supervised clinical experiences in skills labs and health care facilities.   <b>Lecture Hours: 36</b>  <b>Lab Hours: 136</b>   <b>Co-requisite:</b> NURSPT 020 Pharmacology I  <b>Prerequisites:</b>                      BIOL 031 Anatomy (4 Units) or                      BIOL 033 Anatomy and Physiology (5 Units)                      HS 036 Medical Terminology and Speech                      HS 019 Human Development                      Psych 001 Introduction to Psychology</p>

Comparison: Current and Proposed Course Descriptions San Joaquin Delta College PT0811

<p><b>PT 002</b>  <b>Introduction to Medical and Surgical Nursing</b>  <b>8.5 Units</b>  <b>Description:</b>                  This course is a continuance of the knowledge learned in Vocational Nursing 1 and Psychiatric Technician 1. The topics of study during this course are safe and accurate medication administration, nursing care of the peri-operative patient/client and patients/clients in the acute setting with common chronic medical-surgical disorders of the hematological, neurological, cardiovascular, respiratory, gastrointestinal, genitourinary and endocrine systems. Emphasis of student is the assimilation of the concept, holism, using the nursing process to develop critical thinking skills in order to promote and ensure safe, effective nursing care within the scope of practice of the Licensed Vocational Nurse and Licensed Psychiatric Technician. Licensed Psychiatric Technicians entering the Vocational Nursing Program may be able to have this course waived. (CSU)</p>	<p><b>Course Name:</b> <i>Introduction to Medical and Surgical Nursing is changed to Medical-Surgical Nursing I. Content from PT 001 AND PT 002 is divided among 3 nursing science courses.</i></p> <p><b>Course Number:</b> <i>PT 002 changed to NURSPT 011 to reflect actual program among the nursing programs at the college.</i></p> <p><b>Units:</b> <i>No change</i></p> <p><b>Prerequisites:</b> <i>Changed to NURSPT 010 Foundations of Nursing</i></p> <p><b>Co-requisites:</b> <i>NURSPT 021Pharmacology II</i></p> <p><b>Rationale:</b> <i>Dividing the content nursing science content into three courses allows nursing science, psychiatric nursing, and developmental disabilities to be taught throughout the program.</i></p>	<p><b>NURSPT 011</b>  <b>Medical-Surgical Nursing I</b>  <b>5.5 Units</b>  <b>Description:</b>                  This course introduces beginning concepts of Medical-Surgical nursing through the Client Needs model. Course content includes perioperative nursing and basic principles meeting the needs of clients who are experiencing alterations in body systems. Health promotion and maintenance as well as psychosocial balance are presented. A lifespan focus on the geriatric client as well as meeting the needs of grieving and dying is offered. The student will use the Nursing Process as the vehicle for meeting client needs. This course includes supervised clinical experiences in skills labs and health care facilities.</p> <p><b>Lecture Hours: 54</b>  <b>Lab Hours: 136</b></p> <p><b>Co-requisite:</b> NURSPT 021Pharmacology II  <b>Prerequisites:</b> NURSPT 010 Foundations of Nursing</p>
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Comparison: Current and Proposed Course Descriptions San Joaquin Delta College PT0811

**NURSPT 012**

**Medical-Surgical Nursing II**

**4 Units**

**Description:**

This course introduces intermediate concepts of Medical-Surgical nursing through the Client Needs model. Course content includes nursing care of the client with common acute medical disorders of the cardiovascular, respiratory, neurological, musculoskeletal, genitourinary, and gynecological systems. The student will apply the Nursing Process to develop safe and effective practices that meet client needs. This course includes supervised clinical experiences in skills labs and health care facilities.

**Lecture Hours: 36**

**Lab Hours: 108**

**Co-requisite:** NURSPT 022 Pharmacology III

**Prerequisites:** NURSPT 011

Comparison: Current and Proposed Course Descriptions San Joaquin Delta College PT0811

	<p><b>Course Name:</b> New course. The pharmacology content of 54 hours is integrated in the current curriculum and is divided into 3 one-unit courses in pharmacology in the proposed curriculum.</p> <p><b>Course Number:</b> NURSPT pharmacology courses are numbered 020, 021, and 022 for consistency.</p> <p><b>Units:</b> 1 unit course for a total of 3 units of pharmacology.</p> <p><b>Prerequisites:</b> No Change</p> <p><b>Co-requisites:</b> Corresponds with NURSPT concurrent course content</p> <p><b>Rationale:</b> The splitting of pharmacology content allows the study of drugs during the study of nursing responses to alterations in systems where the drugs are most commonly used.</p> <p><b>Course Name:</b> New course. The pharmacology content of 54 hours is integrated in the current curriculum and is divided into 3 one-unit courses in pharmacology in the proposed curriculum.</p>	<p><b>NURSPT 020</b>  <b>Pharmacology I</b>  <b>1 Unit</b>  <b>Description:</b>                  This course provides the student with an understanding of the role and responsibilities of the psychiatric technician in medication administration. Content includes an overview of basic pharmacological principles, terminology, legal and safety aspects of medication administration. Dosage calculation based on dimensional analysis will be taught. Topics covered include: introduction to drug classification, medications used in the treatment of developmental disorders, principles of psychobiology, psychopharmacology, and over the counter and alternative medications.  <b>Lecture Hours: 18</b></p> <p><b>Prerequisites:</b>                  BIOL 031 Anatomy (4 Units) or                  BIOL 033 Anatomy and Physiology (5 Units)                  HS 036 Medical Terminology and Speech                  HS 019 Human Deve3lopment                  Psych 001 Introduction to Psychology</p> <p><b>NURSPT 021</b>  <b>Pharmacology II</b>  <b>1 Unit</b>  <b>Description:</b>                  This course provides psychiatric technician students with drug information that includes</p>
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## Comparison: Current and Proposed Course Descriptions San Joaquin Delta College PT0811

	<p><b>Course Number:</b> NURSPT pharmacology courses are numbered 020, 021, and 022 for consistency.</p> <p><b>Units:</b> 1 unit course for a total of 3 units of pharmacology.</p> <p><b>Prerequisites:</b> No Change</p> <p><b>Co-requisites:</b> Corresponds with NURSPT concurrent course content</p> <p><b>Rationale:</b> The splitting of pharmacology content allows the study of drugs during the study of nursing responses to alterations in systems where the drugs are most commonly used.</p>	<p>pharmacotherapeutics, pharmacodynamics, pharmacokinetics, contraindications and precautions, adverse effects, and drug interactions, as well as client variables such as health status, life span, diet, lifestyle and habits, environment, and culture in relationship to drug therapy. Emphasis is placed on nursing responsibilities, such as maximizing therapeutic drug effects and minimizing adverse effects of drug therapy, appropriate client and family teaching, and ongoing assessment of the client. Opioid analgesics, anxiolytics, sedatives, hypnotics, anti-microbials, Anti-diabetics, and gastrointestinal, respiratory, Cardiovascular and Renal Medications are highlighted.</p> <p><b>Lecture Hours: 18</b></p> <p><b>Prerequisites:</b> NURSPT 020 Pharmacology I</p>
<p><b>Course Name:</b> New course. The pharmacology content of 54 hours is integrated in the current curriculum and is divided into 3 one-unit courses in pharmacology in the proposed curriculum.</p> <p><b>Course Number:</b> NURSPT pharmacology courses are numbered 020, 021, and 022 for consistency.</p> <p><b>Units:</b> 1 unit course for a total of 3 units of pharmacology.</p> <p><b>Prerequisites:</b> No Change</p> <p><b>Co-requisites:</b> Corresponds with NURSPT</p>	<p><b>NURSPT 022 Pharmacology III</b></p> <p><b>1 Unit</b></p> <p><b>Description:</b> This course provides psychiatric technician students with the more complex dosage calculations using dimensional analysis. Content includes general principles of pharmacology, legal, ethical, and safety aspects of medication administration. Drug information includes pharmacotherapeutics, pharmacodynamics, pharmacokinetics, contraindications and precautions, adverse effects, and drug interactions, as well as client variables such as health status, life span and gender, diet, lifestyle and habits, environment, and culture in relationship to drug therapy. Emphasis is placed on nursing</p>	<p><b>NURSPT 022 Pharmacology III</b></p> <p><b>1 Unit</b></p> <p><b>Description:</b> This course provides psychiatric technician students with the more complex dosage calculations using dimensional analysis. Content includes general principles of pharmacology, legal, ethical, and safety aspects of medication administration. Drug information includes pharmacotherapeutics, pharmacodynamics, pharmacokinetics, contraindications and precautions, adverse effects, and drug interactions, as well as client variables such as health status, life span and gender, diet, lifestyle and habits, environment, and culture in relationship to drug therapy. Emphasis is placed on nursing</p>

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<p><b>PT 082</b>  <b>Psychiatric Technician Nursing</b>  <b>8.0 Units</b>  <b>Description:</b>                  This course is designed to prepare the student to provide care to mentally ill clients in acute and chronic psychiatric settings. Emphasis is placed on current trends, legislation, stress adaptation, communication, diagnostic criteria, therapeutic techniques, cultural sensitivity, and the principles of holism.</p>	<p><i>concurrent course content</i></p> <p><b>Rationale:</b> <i>The splitting of pharmacology content allows the study of drugs during the study of nursing responses to alterations in systems where the drugs are most commonly used.</i></p>	<p>responsibilities such as maximizing therapeutic effects and minimizing, adverse effects of drug therapy, appropriate client and family teaching, and ongoing assessment of the client.</p> <p>Drugs highlighted include: central nervous system medications, non-steroidal anti-inflammatory drugs, endocrine, antiviral, immunosuppressants and cancer medications, antipsychotics, antidepressants, mood stabilizers, and drugs of abuse.</p> <p><b>Lecture Hours: 18</b>  <b>Prerequisites: NURSPT 021 Pharmacology II</b></p>
<p><b>NURSPT 040</b>  <b>Psychiatric Nursing I</b>  <b>6.0 Units</b>  <b>Description:</b>                  This course is designed to prepare the student to provide care to mentally ill clients in acute and chronic psychiatric settings, through the Client Needs model. Emphasis is placed on ethics and legal issues, history of mental health and illness, treatment modalities, DSM IV TR. group dynamics/group process, therapeutic relationships, communication and interviewing skills, documentation, assertiveness, client education, dissociative disorders, psychiatric illness associated with childhood and adolescence, social psychology, and prevention &amp; management of assaultive behavior. The student will apply the nursing process to develop safe and effective practices that meet client needs. This course includes supervised clinical experiences in</p>	<p><b>Course Name:</b> <i>Name changed to correspond to the Curriculum CAPT Model. Changed from Psychiatric Technician Nursing to Psychiatric Nursing I. This name change more clearly described the course. Psychiatric Technician Nursing in an all-inclusive term including nursing science, psychiatric nursing and developmental disability nursing.</i></p> <p><b>Course Number:</b> <i>PT 082 changed to NURSPT 040 to reflect actual program among the nursing programs at the college. The psychiatric Nursing courses are 040 and 041.</i></p> <p><b>Units:</b> <i>Units changed from 8.0 to 6.0. Curricular requirements for Mental Disorders are 108 hours of Theory and 270 hours of clinical lab. The current curriculum for mental disorders is a total of 12.5 units. NURSPT 040 and 041 equal a total of 12.0 units. 0.5 units are transferred to</i></p>	<p><b>NURSPT 040</b>  <b>Psychiatric Nursing I</b>  <b>6.0 Units</b>  <b>Description:</b>                  This course is designed to prepare the student to provide care to mentally ill clients in acute and chronic psychiatric settings, through the Client Needs model. Emphasis is placed on ethics and legal issues, history of mental health and illness, treatment modalities, DSM IV TR. group dynamics/group process, therapeutic relationships, communication and interviewing skills, documentation, assertiveness, client education, dissociative disorders, psychiatric illness associated with childhood and adolescence, social psychology, and prevention &amp; management of assaultive behavior. The student will apply the nursing process to develop safe and effective practices that meet client needs. This course includes supervised clinical experiences in</p>

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	<p>PT 030 and 031.</p> <p><b>Prerequisites:</b> NURSPT 010 Foundations of Nursing</p> <p><b>Co-requisites:</b> NURSPT 020 is a one-unit Pharmacology course that will be required.</p> <p><b>Rationale:</b> Foundations of Nursing and Pharmacology 1 include knowledge and skills useful for the introductory course in Psychiatric Nursing. Medical-Surgical Nursing concepts are not essential.</p>	<p>skills labs and health care facilities.</p> <p><b>Lecture Hours: 54</b> <b>Lab Hours: 156</b></p> <p><b>Corequisites:</b> NURSPT 020 Pharmacology I <b>Prerequisites:</b> NURS PT 010 Foundations of Nursing</p>
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Comparison: Current and Proposed Course Descriptions San Joaquin Delta College PT0811

<p><b>PT 083</b>  <b>Advanced Psychiatric Technician Nursing</b>  <b>4.5 Units</b>  <b>Description:</b>                  This course is designed to present mental health concepts of forensics, disorders of infancy, childhood, and adolescence, impulse control, eating disorders, substance abuse, personality disorders, violence, and sexual dysfunction. Emphasis is placed on treatment, prevention, and community resources.</p>	<p><b>Course Name:</b> Name changed to correspond to the Curriculum CAPT Model. Changed from Psychiatric Technician Nursing to Psychiatric Nursing I. This name change more clearly described the course. Psychiatric Technician Nursing in an all-inclusive term including nursing science, psychiatric nursing and developmental disability nursing.</p> <p><b>Course Number:</b> PT 082 changed to NURSPT 040 to reflect actual program among the nursing programs at the college. The psychiatric Nursing courses are 040 and 041.</p> <p><b>Units:</b> Units changed from 8.0 to 6.0. Curricular requirements for Mental Disorders are 108 hours of Theory and 270 hours of clinical lab. The current curriculum for mental disorders is a total of 12.5 units. NURSPT 040 and 041 equal a total of 12.0 units. 0.5 units are transferred to PT 030 and 031.</p> <p><b>Prerequisites:</b> NURSPT 010 Foundations of Nursing</p> <p><b>Co-requisites:</b> NURSPT 020 is a one-unit Pharmacology course that will be required. Rationale: Foundations of Nursing and Pharmacology 1 include knowledge and skills useful for the introductory course in Psychiatric Nursing. Medical-Surgical Nursing concepts are not essential.</p>	<p><b>NURSPT 041</b>  <b>Psychiatric Nursing II</b>  <b>6.0 Units</b>  <b>Description:</b>                  This course broadens the student's understanding and knowledge of psychiatric nursing through the Client Needs model. It presents mental health concepts related to community mental health, anxiety and anxiety disorders, personality disorders, schizophrenia and other psychotic disorders, nutritional needs of the client with a psychiatric disorder, affective (mood) disorders, psychiatric health &amp; illness in the aging population, sexual and gender identity disorders, eating disorders, addiction and co-dependency, crisis intervention and suicide prevention, cultural diversity, institutionalization, forensic nursing, and criminal thinking/psychopathology. This course includes supervised clinical experiences in skills labs and health care facilities.</p> <p><b>Lecture Hours: 54</b>  <b>Lab Hours: 156</b></p> <p><b>Corequisites:</b> NURSPT 022 Pharmacology III  <b>Prerequisites:</b> NURS PT 401 Psychiatric Nursing I</p>
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## Comparison: Current and Proposed Course Descriptions San Joaquin Delta College PT0811

<p><b>PT 084</b>  <b>Developmental Disabilities Nursing</b>  <b>6 Units</b>  <b>Description:</b>                  This course is designed to prepare the Psychiatric Technician student to provide wholistic care to the developmentally disabled client. Emphasis is placed on diagnostic criteria, ethical issues, learning theories, language, behavior, and behavior modification. The student learns and practices basic leadership and supervisory techniques in the last week of this course.</p>	<p><b>Course Name:</b> Name changed to correspond to the Curriculum CAPT Model. Changed from Psychiatric Technician Nursing to Psychiatric Nursing I. This name change more clearly described the course. Psychiatric Technician Nursing in an all-inclusive term including nursing science, psychiatric nursing and developmental disability nursing.</p> <p><b>Course Number:</b> PT 082 changed to NURSPT 040 to reflect actual program among the nursing programs at the college. The psychiatric Nursing courses are 040 and 041.</p> <p><b>Units:</b> Units changed from 8.0 to 6.0. Curricular requirements for Mental Disorders are 108 hours of Theory and 270 hours of clinical lab. The current curriculum for mental disorders is a total of 12.5 units. NURSPT 040 and 041 equal a total of 12.0 units. 0.5 units are transferred to PT 030 and 031.</p> <p><b>Prerequisites:</b> NURSPT 010 Foundations of Nursing</p> <p><b>Co-requisites:</b> NURSPT 020 is a one-unit Pharmacology course that will be required. Rationale: Foundations of Nursing and Pharmacology 1 include knowledge and skills useful for the introductory course in Psychiatric Nursing. Medical-Surgical Nursing concepts are not essential.</p>	<p><b>NURSPT 030</b>  <b>Developmental Disability Nursing</b>  <b>6 Units</b>  <b>Description:</b>                  This course provides an introduction to developmental disabilities nursing through the Client Needs model. The nursing process is used to promote psychosocial integrity within the context of the health illness continuum across the life span. Topics include: orientation to developmental disabilities, client rights, assessment and intervention, behavioral analysis, etiologies, genetics, and ethical dilemmas. Emphasis is on nursing care, habilitation, adaptation, and normalization to maximize an individuals' potential. The student will use the Nursing Process as the vehicle for meeting client needs. Clinical experiences will provide opportunities for students to participate in therapeutic activities in a variety of settings.</p> <p><b>Lecture Hours: 54</b>  <b>Lab Hours: 156</b></p> <p><b>Corequisites:</b> NURSPT 022 Pharmacology III  <b>Prerequisites:</b> NURS PT 010 Foundations of Nursing</p>
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<p><b>PT 085</b>  <b>Advanced Developmental Disabilities Nursing</b>  <b>5.5 Units</b>  <b>Description:</b>                  This course is designed to broaden the student's understanding and knowledge of developmental disabilities. The focus is on specific physical and medical problems of the developmentally disabled. Developmental syndromes, causes, characteristics, prevention, nursing care, interventions and treatment, including pharmacology, are included.</p>	<p><b>Course Name:</b> Name changed to correspond to the Curriculum CAPT Model. Changed from Psychiatric Technician Nursing to Psychiatric Nursing I. This name change more clearly described the course. Psychiatric Technician Nursing in an all-inclusive term including nursing science, psychiatric nursing and developmental disability nursing.</p> <p><b>Course Number:</b> PT 082 changed to NURSPT 040 to reflect actual program among the nursing programs at the college. The psychiatric Nursing courses are 040 and 041.</p> <p><b>Units:</b> Units changed from 8.0 to 6.0. Curricular requirements for Mental Disorders are 108 hours of Theory and 270 hours of clinical lab. The current curriculum for mental disorders is a total of 12.5 units. NURSPT 040 and 041 equal a total of 12.0 units. 0.5 units are transferred to PT 030 and 031.</p> <p><b>Prerequisites:</b> NURSPT 010 Foundations of Nursing</p> <p><b>Co-requisites:</b> NURSPT 020 is a one-unit Pharmacology course that will be required. Rationale: Foundations of Nursing and Pharmacology 1 include knowledge and skills useful for the introductory course in Psychiatric Nursing. Medical-Surgical Nursing concepts are not essential.</p>	<p><b>NURSPT 031</b>  <b>Developmental Disability Nursing II</b>  <b>6.0 Units</b>  <b>Description:</b>                  This course broadens the student's understanding and knowledge of developmental disabilities nursing through the Client Needs model. The focus is on attention deficit and hyperactivity disorder, normalization and active treatment, technological assistance, innovations for independence, test and measurements, sensory and motor integration, nutritional needs of the individual with developmental disabilities, associated diseases, case management, critical thinking, cultural competency, end of life care, team building, leadership, supervision, and ethical conduct. Emphasis is on nursing care, habilitation, adaptation, and normalization to maximize an individuals' potential. Clinical experiences will provide opportunities for students to participate in therapeutic activities in a variety of settings. The student will apply the nursing process to develop safe and effective practices that meet client needs.</p> <p><b>Lecture Hours: 54</b>  <b>Lab Hours: 156</b></p> <p><b>Corequisites:</b> NURSPT 022 Pharmacology III  <b>Prerequisites:</b> NURS PT 030 Developmental Disability Nursing</p>
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CONTENT HOURS WORKSHEET BY ROTATION - PSYCHIATRIC TECHNICIAN PROGRAM																			
ROTATION NAME: Psychiatric Nursing -DD I																			
WEEK	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Total Hours by Content
DD I																			
A/P																			0
NUT																			0
PSY																			0
G/D																			0
NP																			0
COM	1	1	1	1	1	0													5
Nur Sc																			0
Fund																			0
M/S																			0
CDIS																			0
GER																			0
PE	0.5	0.5	0.5	0.5	0.5	0.5													3
PHA																			0
DD	6.5	6	6	6	6	2													32.5
MD																			0
LDR				0.5	0.5	0.5													1.5
SUP						0.5													0.5
ETH						4													4
CRIT THIN	1	1	1	1	1	0.5													5.5
CULT		0.5	0.5				1												2
END-OF-LIFE																			0
<b>Total Theory Hours</b>	<b>9</b>	<b>9</b>	<b>9</b>	<b>9</b>	<b>9</b>	<b>9</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>54</b>
Skills Lab																			0
Clinical	26	26	26	26	26	26													156
<b>Total Clinical Hours</b>	<b>26</b>	<b>26</b>	<b>26</b>	<b>26</b>	<b>26</b>	<b>26</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>156</b>
<b>TOTAL PROGRAM HOURS</b>	<b>35</b>	<b>35</b>	<b>35</b>	<b>35</b>	<b>35</b>	<b>35</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>210</b>

CONTENT HOURS WORKSHEET BY ROTATION - PSYCHIATRIC TECHNICIAN PROGRAM																			
ROTATION NAME: <u>Nursing Science/Med Surg nursing - MS II</u>																			
WEEK	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Total Hours by Content
<b>MS II</b>																			
A/P	1	1	1	1	1	1													6
NUT																			0
PSY																			0
G/D	1	1	1	1	1	1													6
NP	2.5	2.5	2.5	2	2	1.5													13
COM																			0
Nur Sc																			0
Fund	1	1	1	1	1	1													6
M/S																			0
CDIS																			0
GER																			0
PE	0.5	0.5	0.5	0.5	0.5	0.5													3
PHA																			0
DD																			0
MD																			0
LDR				0.5	0.5	0.5													1.5
SUP						0.5													0.5
ETH																			0
CRIT THIN																			0
CULT																			0
END-OF-LIFE																			0
<b>Total Theory Hours</b>	<b>6</b>	<b>6</b>	<b>6</b>	<b>6</b>	<b>6</b>	<b>6</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>36</b>
Skills Lab																			0
Clinical	18	18	18	18	18	18													108
<b>Total Clinical Hours</b>	<b>18</b>	<b>18</b>	<b>18</b>	<b>18</b>	<b>18</b>	<b>18</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>108</b>
<b>TOTAL PROGRAM HOURS</b>	<b>24</b>	<b>24</b>	<b>24</b>	<b>24</b>	<b>24</b>	<b>24</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>144</b>

CONTENT HOURS WORKSHEET BY ROTATION - PSYCHIATRIC TECHNICIAN PROGRAM																					
ROTATION NAME: Psychiatric Nursing - PT I																					
WEEK	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Total Hours by Content		
PTI																					
A/P																				0	
NUT																				0	
PSY																				0	
G/D																				0	
NP																				0	
COM	1	1	1	1	1	1														6	
Nur Sc																				0	
Fund																				0	
M/S																				0	
CDIS																				0	
GER																				0	
PE	0.5	0.5	0.5	0.5	0.5	0.5														3	
PHARM																				0	
DD																				0	
MD	5.5	5	5	5	5	5														30.5	
LDR				0.5	0.5	0.5														1.5	
SUP						0.5														0.5	
ETH	1	1	1	1	1															5	
CRIT THIN	1	1	1	1	1	0.5														5.5	
CULT		0.5	0.5				1													2	
END-OF-LIFE																				0	
<b>Total Theory Hours</b>	<b>9</b>	<b>9</b>	<b>9</b>	<b>9</b>	<b>9</b>	<b>9</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>54</b>	
Skills Lab	4	4	4	4	4	4														24	
Clinical	22	22	22	22	22	22														132	
<b>Total Clinical Hours</b>	<b>26</b>	<b>26</b>	<b>26</b>	<b>26</b>	<b>26</b>	<b>26</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>156</b>	
<b>TOTAL PROGRAM HOURS</b>	<b>35</b>	<b>35</b>	<b>35</b>	<b>35</b>	<b>35</b>	<b>35</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>210</b>	

CONTENT HOURS WORKSHEET BY ROTATION - PSYCHIATRIC TECHNICIAN PROGRAM																			
ROTATION NAME: <u>Psychiatric Nursing - PT II</u>																			
WEEK	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	Total Hours by Content
<b>PT II</b>																			
A/P																			0
NUT				3															3
PSY																			0
G/D																			0
NP																			0
COM			1																1
Nur Sc																			0
Fund																			0
M/S																			0
CDIS																			0
GER																			0
PE			0.5	2	0.5														3
PHA																			0
DD																			0
MD	7	7	5.5	2	6.5	7													35
LDR																			0
SUP																			0
ETH	1	1	1	1	1	1													6
CRIT THIN	1	1	1	1	1	1													6
CULT																			0
END-OF-LIFE																			0
<b>Total Theory Hours</b>	9	9	9	9	9	9	0	0	0	0	0	0	0	0	0	0	0	0	54
Skills Lab	4	4	4	4	4	4													24
Clinical	22	22	22	22	22	22													132
<b>Total Clinical Hours</b>	26	26	26	26	26	26	0	0	0	0	0	0	0	0	0	0	0	0	156
<b>TOTAL PROGRAM HOURS</b>	35	35	35	35	35	35	0	0	0	0	0	0	0	0	0	0	0	0	210



7	7	5.5	2	6.5	7
2	2	3.5	7	2.5	2

FOUNDATIONS OF NURSING  
PHARMACOLOGY I

MED-SURG I	MED-SURG II	DEV DIS I PHARM II	DEV DIS II	PSYCH NURS I PHARM III	PSYCH NURS II
PSYCH NURS I PHARM III	PSYCH NURS II	MED-SURG I	MED-SURG II	DEV DIS I PHARM II	DEV DIS II
DEV DIS I PHARM II	DEV DIS II	PSYCH NURS I PHARM III	PSYCH NURS II	MED-SURG I	MED-SURG II

