## Syllabus SPRING 2014

# PN 105 Certified Nursing Assistant Course (4 Semester Hours) Prerequisites: None

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Location/Time: Earth Bldg ~ Tuesday-Wednesday. 9am-4pm

## Required Texts:

Hartman's Nursing Assistant Care. The Basics. (text only). Hartman Publishing, Inc. with Jetta Fuzy, RN, MS. 3<sup>rd</sup> Edition. ISBN: 978-1-60425-014-5

<u>Hartman's Nursing Assistant Care. The Basics. (workbook)</u> Hartman Publishing, Inc. 3<sup>rd</sup> edition. ISBN: 978-1-60425-015-2

**Student Responsibilities:** The instructor will adhere to the attendance policies as stated in the SGU Student Handbook and per nursing program policies. Class preparation and attendance is extremely important to successfully pass a nursing course. Course content will progress very quickly. Students must attend all class, labs and clinicals as scheduled.

**Disability Services:** If you have a disability for which you are or may be requesting accommodation, you are encouraged to contact your instructor within the first two weeks of the course. Every effort will be made to provide a fair opportunity for involvement and success in this class. Please see the instructor if you require an accommodation for a recognized disability while enrolled in this class.

Course Overview: This course is everything that is needed to pass the state competency evaluation and become the best nursing assistant. The course will focus on how to provide quality care to residents in long term facilities. This course teaches not only the technical skills needed to provide care but teaches the qualities that are needed to really care for another human being. Besides supporting the resident with their activities of daily living the nursing assistant will become the voice of advocacy for the resident. The course will teach the culture of caring, the positive values needed in caring, the themes of caring, and the knowledge to why one is caring the particular way.

**Course Description:** The Nursing Assistant Course is divided into units of study which include the roles of the nursing assistant, the philosophy of mindfulness, the quality of life issues, the quality of care issues, the individual environments of long term care, and nursing assistant personal and professional promotion.

## Course Outcomes/Objectives:

## Major Outcomes:

- 1. After 76 hours of class/clinical presentation, lecture, skills training, and clinical practice, the C.N.A. student will practice a caring attitude and mindfulness towards Geriatric patients as evaluated by clinical nurse instructor.
- 2. After 76 hours of class/clinical presentation, lecture, skills training, and clinical practice, the C.N.A. student will apply the 8 themes of caring for clients as evaluated by clinical nurse instructor.
- 3. After 76 hours of class/clinical presentation, lecture, skills training, and clinical practice, the C.N.A. student will pass a written exam with 85% proficiency on knowledge learned from the class reading, lecture and online practice.

#### Course Minor Outcomes:

After studying and discussing **Units One and Two** in the C.N.A study manual the C.N.A student will role play caring attitudes and beginning quality of life issues as evidenced by care takers of the geriatric client.

#### Assessment Task:

The C.N.A. student will demonstrate caring by role playing the caretaker of another student who is pretending to be a geriatric client. The student will demonstrate caring attitudes while asking 10 questions to learn about the resident's daily routine.

## Minor Outcomes:

After studying and discussing **Unit Three** in the C.N.A study manual the C.N.A student will state the principles and techniques for advanced quality care of the geriatric client as evaluated by objective written exams.

#### Assessment Task:

After reading and discussing Unit Three in the C.N.A study manual the C.N.A student will list the resident's bill of rights on paper with 90% accuracy.

## Minor Outcomes:

After studying and discussing **Unit Three** in the C.N.A study manual the C.N.A student will state oral examples of the Themes of Caring.

#### Assessment Task:

The C.N.A. student will list the 8 themes of caring for geriatric patients with 85% accuracy and list examples of their use.

#### Minor Outcomes:

After studying and discussing **Unit Four** in the C.N.A study manual the C.N.A student will simulate client home care issues including safety, positioning, communication and personal care.

#### Assessment Task:

Given, demonstrated, and practiced skills during skills labs, the C.N.A. student will physically demonstrate (simulate or role play) safely positioning a geriatric client as well as communicating to the client her procedure.

#### Minor Outcomes:

After studying and discussing **Unit Four** in the C.N.A study manual the C.N.A student will write a test of a knowledge base in nutrition, elimination, restorative activity, skin integrity, pain management, sleep and comfort, and dementia related illness as evaluated by objective written exams.

#### Assessment Task:

Given lecture in nutrition, the C.N.A. student will recite the major food groups while naming at least 3 foods in each group.

## Minor Outcome & Task:

After studying and discussing the study manual the C.N.A student will discuss End of Life issues and caring attitudes toward clients and families as evidenced by the clinical instructor, other clients and client families.

#### Course Outline:

January 21	Chapter 1
January 22	Chapter 2
January 28	Chapter 3
January 29	Chapter 4
February 4	Chapter 5
February 5	Chapter 6
February 11	Chapter 7
February 12	Chapter 8
February 18	Chapter 9
February 19	Chapter 10
February 25	CLINICALS (Pineview Good Samaritan, Valentine, NE)
February 26	Final Testing