

NUR 290 RN Refresher
Clinical Practice Guidelines

Hours worked in the clinical setting as **an employee of the agency do not meet course requirements for clinical and/or practicum.**

Any student injury, no matter how minor, must be reported immediately to the course faculty or clinical supervisor/preceptor and the Director of Nursing Programs according to the Red Rocks Community College (RRCC) **Workers Compensation policy.**

RN Refresher Students Clinical Practice Guidelines

RN Refresher students must have submitted a signed Student Attestation form to the Red Rocks Community College Nurse Refresher program.

RN Refresher students are required to read and sign the Statement of Understanding and Compliance prior to attending any clinical rotation. RN Refresher students at RRCC are to base their **clinical practice on the American Nurses association Scope and Standards of Practice (2009), principles of safe practice, agency policy, and their knowledge, skill, and development as nursing students.** Therefore:

All students are expected to be familiar with:

- Agency Policies and Procedures
- Course Specific Clinical Guidelines
- The 6 ANA Standards of Practice and their sub-parts;
- The 9 ANA Standards of Professional Performance;
- The ANA Code of Ethics for Nurses; and
- The Joint Commission National Patient Safety Goals.

All students are responsible for:

- Following agency policy
- Performing in accordance with these guidelines
- Ensuring the safety of assigned patients in their care; and
- Being accountable for their own actions.

When in the clinical area as RRCC RN Refresher students, the following Clinical Practice guidelines must strictly be adhered to. **Students' roles are as Refresher Students at RRCC regardless of any previous or current certification or licensure.** All documentation is to be signed with the student's first and last names followed by initials RRCC-NS.

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Prohibited Activities

RN refresher students **may not perform any nursing skill or procedure that they have not been instructed and evaluated in doing by school or agency.** It is the nursing student's responsibility to inform faculty or designated preceptor of their ability to perform any given skill or procedure.

RN Refresher students MAY NOT perform any nursing skills or procedures listed below UNDER ANY CIRCUMSTANCES. Further limitations may be imposed at the discretion of the RRCC Director of Nursing Programs and/or assigned clinical affiliate faculty/scholar/clinical teaching associate. It is the responsibility of the clinical affiliate faculty to inform the nursing staff of the agency of such limitations. In addition, there are times when the agency registered nurse supervising the student may determine a need to set further limits given the circumstances at a given time. **A student violating any of the above restrictions may be subject to disciplinary action by Red Rocks Community College.**

1. Take verbal or telephone orders;
2. Change setting for a patient with a Patient controlled Analgesia (PCA) pump;
3. Transport clients in their cars or drive other vehicles to transport clients;
4. Ride in land, sea or air ambulances;
5. Witness or sign any consent form;
6. Recommend over-the-counter drugs, treatments or alternative therapies not prescribed or ordered by a person with prescriptive authority;
7. Package or label drug supplies for any individual;
8. Initiate administration of medications or treatments prescribed by standing orders that require diagnosis (as defined by the Professional Nurse Practice Act) **without consultation with clinical faculty or assigned preceptor** (for example, insulin, fractional dosage, calculate dopamine drip rates, etc.);
9. Administer chemotherapeutic or neuro-muscular blocking agents or any other drug that require certification;
10. Administer intrathecal medications or withdraw cerebral spinal fluid from a drain;
11. Perform endotracheal intubation;
12. Initiate administration or sign out blood or blood products;
13. Independently manipulate settings on a monitoring device needing RN expert reading and interpretation;
14. Perform ACLS or PALS interventions during a cardiopulmonary arrest situation
15. Perform cardioversion or defibrillation with monophasic or biphasic defibrillator. (Note: nursing students may use AED in an emergency.);
16. Discontinue central lines (e.g. PICC, pulmonary, arterial, femoral, etc.);
17. Perform arterial blood gas (ABG) puncture;
18. Assist a physician/provider during surgical procedure;
19. Perform any invasive procedure or skill (outside patient care settings) on any individual or animal including but not limited to another student, faculty, staff RN, clinical instructor, and personal pets;
20. Provide care for patients with known or suspected tuberculosis (TB) or other disease process requiring specialized mask fitting;
21. Administer experimental drugs;
22. Participate in containment ("Take downs") of patients whose behaviors is out of control;

For reasons of personal safety and liability, students are not permitted to ride in land, sea or air ambulances while functioning as a RRCC student.

Allowed Activities-Directly supervised

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RN Refresher students may perform the following skills and procedures **only under direct and visual supervision** of the assigned clinical facility/clinical teaching associate (CTA) or designated agency RN/preceptor for each assigned **patient if and only if it is in compliance with the agency's policy.**

1. Prepare and administer the following medications;
 - a. Oral medications, topical skin preparations, eye, ear, and nose drops, vaginal instillations; rectal suppositories; and inhalants;
 - b. Medications by IM, SQ, and ID routes;
 - c. Routine intravenous (IV) fluids;
 - d. Continuous medications infusions;
 - e. IV push medications;
 - f. IV piggyback medications; or
 - g. Controlled substances.
High alert medications, narcotic counts, and other nursing actions requiring cross checking by two registered nurses are not to consider the student to be one of these individuals under any circumstance.
2. Manage arterial line (which includes setting up pressure tubing, drawing blood from an arterial line);
3. Monitor patient during administration of blood and/or blood products;
4. Perform venipuncture for IV insertion or blood draws;
5. Perform IV buff cap flushes for peripheral and central lines;
6. Change tubing or buff caps on peripheral and central line;
7. Central line dressing change;
8. Draw blood from central lines/PICC lines;
9. Perform point of care blood glucose testing;
10. Perform complex wound care;
11. Insert and care for an enteral tube (NG, OG, NI) for decompression or feedings;
12. Monitor patient with minimal and moderate patient sedation.