

## Common Course Numbering System

<b>Course:</b>	NUA 121
<b>Title:</b>	Bereavement and Spiritual Care
<b>Long Title:</b>	Bereavement and Emotional /Spiritual Aspects of Hospice
<b>Course Description:</b>	Prepares health care professionals to work in the fields of hospice and/or palliative care. The course addresses grief and bereavement, as well as cultural, emotional, and spiritual aspects of hospice care
<b>Min Credit:</b>	1

### STANDARD COMPETENCIES:

1. Describe emotional responses commonly seen in hospice patients and their families
2. Demonstrate cultural competency in providing hospice and palliative care.
3. Identify spiritual aspects of dying and the impact on patients and families.
4. Demonstrate effective communication techniques used with hospice and palliative care patients and families.
5. Discuss the nature of grief and bereavement.
6. Identify self-care strategies for health care professionals.
7. Discuss medical ethics pertaining to end-of-life.
8. Compare and contrast different types of advance directives.

### TOPICAL OUTLINE:

- I. Emotional and spiritual aspects of dying.
- II. Professional boundaries, moral distress, compassion fatigue.
- III. Self-care strategies for health care professionals.
- IV. Grief and bereavement.
- V. Cultural aspects and funeral practices.
- VI. Communication strategies and techniques.