

SINTE GLESKA UNIVERSITY
Institute of Technologies
Nursing Department

STATUS SHEET

NAME: _____ ID NUMBER: _____
ADDRESS: _____ PHONE: _____
_____ EMAIL: _____

CERTIFICATE LICENSED PRACTICAL NURSING

YEAR I*

Recommended for Summer Semester I

<u>COURSE NUMBER & TITLE</u>	<u>HR. YR. GRADE</u>	<u>NOTES:</u>
___ Computer Technology Literacy (Per instructor recommendation)	3	_____
___LS 320 Lakota Teachings & Health	3	_____
OR		
___LS 253 Lakota History & Culture	3	_____
___BI 223 Anatomy/Physiology for Nursing	4	_____
___OE 155 Medical Terminology	2	_____
___PN 101 Overview of Practical Nursing	2	_____
___MA 120 Intro to College Algebra	3	_____
___PN 105 Certified Nursing Assistant	4	_____

TOTAL SEMESTER HOURS: 21

***All of Year 1 must be completed prior to Official Admission to the Nursing Certificate Program**

Recommended for Fall Semester

___ PN	102	Pharmacology I	3	_____
___ PN	210	Nursing Basics I	6	_____
___ PN	215	Nursing Basics II	6	_____
TOTAL SEMESTER HOURS: 15				

YEAR II

Recommended for Spring Semester

<u>COURSE NUMBER & TITLE</u>	<u>HR. YR. GRADE</u>	<u>NOTES:</u>
___ PN 202 Pharmacology II	3	_____
___ PN 220 Nursing Basics III	8	_____
___ PN 225 Nursing Basics IV	4	_____

TOTAL SEMESTER HOURS: 15

Recommended for Summer Semester II

<u>COURSE NUMBER & TITLE</u>	<u>HR. YR. GRADE</u>	<u>NOTES:</u>
___ PN 120 Professional Development for LPN	1	_____
___ PN 240 NCLEX Review	3	_____
___ PN 290 Clinical Preceptorship	6	_____

(280 or more clinical hours)

TOTAL SEMESTER HOURS: 10

TOTAL SEMESTER HOURS: 62

TOTAL SEMESTER HOURS - Nursing: 48

TOTAL SEMESTER HOURS – General Education: 14

Credit hour to clock hour conversion: Lab 1:3
Clinical 1:3
Class 1:1

REVISED: 05/14



Nursing Basics III
Spring 2015(8 credits)

Course Number: PN 220

Prerequisites: PN 120, PN 210, PN 215, PN 102, CPR certification

Time and Location: TBA, Nursing Building

Instructors: *Melody Otte, BSN, MSN, FNP-C*

Cell Phone: 605-491-0644 (use text messages as primary communication)

Email: Melody.Otte@sintegleska.edu or otte@hcinet.net

Briana Broschat, BSN-RN

Office Phone: 605-856-2964 (ex 8567) (use as secondary communication)

Cell (emergencies or time-sensitive messages only): 701-570-0508 (cell, text messages)

Email: Briana.Broschat@sintegleska.edu (use as primary communication)

All didactic questions need to be directed to the lecturer. All questions related to skills, simulation, and clinicals need to be directed to Ms. Broschat.

Office Hours: Ms. Otte: Sundays 7-8:30 pm/by appointment

Ms. Broschat: M-F 8:30-10:30 am/by appointment

Course Text and Resources:

- Rosdahl, C., Kowalski, Mary (2012). *Textbook of Nursing Basics* (10th Ed). Philadelphia, PA: Williams and Wilks.
- Tye, J., Schwab, D. (2014). *The Florence Prescription: From Accountability to Ownership* (2nd Ed). Solon, IA: Values Coach Inc.
- Assessment Technologies Institute (2013). *Fundamentals for Nursing* (8th Ed). Kansas City, KS: Assessment Technologies Institute.
- Assessment Technologies Institute (2015). *PN Adult Medical Surgical Nursing* (9th Ed). Kansas City, KS: Assessment Technologies Institute.
- Assessment Technologies Institute (2015). *Online Skills Module*. Kansas City, KS: Assessment Technologies Institute.

Course Description:

This course is designed to provide basic understanding of the nurse's role in the care of the adult. Students are introduced to the physical, emotional, mental, and spiritual needs of the adult patient. This course further introduces the student to the pathophysiology, medical-treatment,

and nursing care of common acute and chronic illnesses in the medical-surgical and community based setting. Students will also be introduced to common psychiatric disorders and the nurse's role in care of the mentally ill.

Additionally, this course is designed to provide basic understanding of the nurse's role in care of the childbearing family. This course presents the physiology of pregnancy, labor and birth. Students study the growth, development, and needs of the family throughout prenatal, birth, postpartum, and childhood. Focus is given to family-centered care, health promotion and illness prevention, women's health issues and the growth and development of the family unit.

Course Objectives and Outcomes:

1. *Diet.* Articulate the function of nutrients and identify components in establishing a healthy diet. List how nutritional needs alter across the lifespan. Identify diet considerations unique to an individual's culture, religion, or social perspectives. List and describe various special diets and diet therapies. (Program Outcomes C and D)
2. *Cardiac.* Describe the anatomy and physiology of the heart along with the broader cardiovascular system. Identify various cardiovascular disorders and diseases, key diagnostics including laboratory values, and articulate appropriate nursing interventions. (Program outcomes C and D)
3. *Immunology; Lymphatic.* Articulate the structural and functional components of immunity. Distinguish between acquired and artificially acquired immunity. Identify major immunologic and lymphatic disorders, key diagnostics including laboratory values, and articulate appropriate nursing interventions. (Program Outcomes C and D)
4. *Hematology; Oncology.* Articulate the structural and functional components of the blood. Describe major blood related disorders. Distinguish among the major types of cancers. Identify correlating laboratory values and articulate appropriate nursing interventions. (Program Outcomes C and D)
5. *Respiratory.* Describe the anatomy and physiology of the respiratory system, including key concepts surrounding gas exchange. Identify respiratory disorders and diseases and treatments. Differentiate among the various types of respiratory therapy. (Program Outcomes C and D)
6. *Reproduction.* Describe the structure and functions of the male and female reproductive system with attention to the reproductive hormones. Identify core concepts surrounding sexuality as well as sexually transmitted infections. Identify various disorders of the male and female reproductive system and articulate appropriate nursing interventions. (Program Outcomes C and D)
7. *The Florence Prescription.* Describe the power of taking pride and ownership in the nursing profession. Furthermore articulate the importance of embodying core values such as professionalism (Program Outcome A), caring behavior (Program Outcome E), and promoting positive, emotionally healthy work environments (Program Outcome E). Articulate how Lakota virtues, such as *woohitka* (bravery), *wacantoynaka* (generosity), *woksape* (wisdom), and *wowacintanka* (fortitude), are foundational within the nursing profession (Program Outcome C).

Methods of Instruction and Learning:

The didactic portion of this course will be taught through lectures via audio recordings and the use of power point presentations, homework assignments, muddiest-point activities, and web based online learning. The skills portion of this course will be conducted through lecture, video, demonstration, and hands-on learning. Clinicals will include a simulation portion.

Disability Statement:

SGU strives to assist all students with disabilities that may impact their learning. Please consult with your instructor or academic advisor if you have any special needs. Please refer to the student handbook or catalog for more information.

Drug and Alcohol Policy:

- Sinte Gleska University is a drug free environment. The nursing program policy is zero tolerance. Any student suspected or known to be under the influence of drugs or alcohol may be dismissed. Faculty reserves the right to request a mandatory urine screen at the student's expense. If the student is dismissed, he/she will be required to participate in a drug/alcohol rehabilitation program before reapplying to the nursing program.
- The State Board of Nursing which regulates the practice of nursing and is responsible for protecting the public may deny a nursing license to anyone having a drug or alcohol problem.

Classroom Rules:

Attendance and Participation:

- Audio lecture listening will be tracked and must be listened prior to the beginning of class on Thursday. Students who miss 3 consecutive classes or 10 total hours of physical or audio attendance may be dropped from this class. Students will clock in and out each class period. A student will be found tardy if late to class, leaves early, or is found sleeping. If a student leaves the room during class, they will not be allowed to return until the class takes a break. Skill labs and clinicals are mandatory. Any absences must be discussed prior with the instructor on record and must be made up to continue the course. Refer to SGU Student Handbook for attendance/participation policies. At the instructor's discretion, the doors may be locked if students are more than 15 minutes late. **IF** doors are locked, students will need to wait until the next break to join the class. They will also be documented as missing those hour(s).

Cheating and Plagiarism Policy:

- The Lakota concept of Wowicake (truth) is a principle life value. Academic dishonesty will not be tolerated. Refer to SGU Student Handbook.
- Examples of academic dishonesty includes but is not limited to
 - Fabrication or deceit
 - Plagiarism

Nursing Basics III, Spring 2016; Updated 1/14/16 with ATI

- Copying another student's work or partaking in unauthorized collaboration of homework
- Sharing any simulation scenario information
- Sharing quiz or test information for another student who has not taken it
- Using a supplemental answer source during a quiz or exam
- Repercussions for academic dishonesty will be a zero on that assignment with further academic discipline that may include academic probation, suspension, and termination from program.

NACTEP Stipend and AVT form:

- Instructor who taught the class will sign the sheet *after* each class. You will not have your paper signed if you are not fully present for the class or did not fully listen to the audio lecture.
- You will not be allowed to bring a stack of forms to be signed at the end of the semester
- Serious consequence will impend if you are found falsifying AVT's

Electronic Devices:

- Use of electronic devices for any purpose other than nursing research during class and clinical time will be prohibited. If a student wishes to use an electronic device during a class day or clinical, the student must ask the instructor for permission prior to use. If a student is found to be using electronic devices for personal purposes, student will be instructed to leave and receive a zero for the day. Wavoohola (respect) is foundational to our department and university. Using social media to slander the university, nursing program, students, or faculty staff will result in disciplinary action. Electronic devices include but are not limited to cell phones, IPADS, I-pods, and MP3players.

Professionalism:

- Student conduct must be congruent with the NSG Handbook as well as the ANA Code of Ethics, NAPNES Code of Ethics, Scope and Standards of Practice, and Social Policy Statements in all class, skills, or clinical related interactions. Any student displaying unprofessional behavior may be dismissed from the class/skills/clinical with subsequent disciplinary action, up to and including dismissal from program.

Course Requirements:

This course has a didactic and a skills/clinical component. Students are expected to do all readings in advance of this onsite class and come prepared for questions. Students will need to spend a minimum of 3 hours per week for each credit of this course, in order to effectively and successfully complete all assignments. Please consult the Nursing Student Handbook for all policies related to clinical experience, including dress code, attendance, and other information. Students are responsible to read and be familiar with all of these policies. Clinical performance will be graded on a Pass/Fail Basis. Any absences must be discussed in advance with the instructor on record and appropriate arrangements made to continue the course.

Course Evaluation:

Nursing Basics III, Spring 2016; Updated 1/14/16 with ATI

Students will be evaluated by weekly assignments, ATI online learning tutorials, unit quizzes, and one comprehensive final. The exams will be proctored in the nursing classroom on the indicated date. All assigned homework is due **prior to the beginning of class**. Any late assignments will result in a zero, unless prior arrangements are made with the instructor. This assists you with preparing the material so that lecture can be a productive and interactive learning environment. Students must receive a minimum of 80% in the didactic portion to pass the class. The skill portions will be graded on a pass or fail basis as determined in the objectives in the "Skills Check-Off List Evaluation" and "Clinical Evaluation" forms. Student will receive a "remediation" if he/she doesn't pass on the first skill attempt. The student will receive a "fail" if he/she doesn't pass on the second attempt. Both the didactic and clinical/skills portion must be passed to succeed the course.

Quiz Remediation:

Students will complete a "post exam analysis" after each unit quiz.

Final Exam Remediation:

Students will be expected to stay after each exam and create a remediation guide per instructor.

Clinical Schedule: You will receive your individual group clinical schedule through your assigned clinical instructor. Clinicals (which includes simulation and online ATI skill tutorials) are mandatory. The student must arrive on time and stay the entire time schedule for that experience. The student must call the clinical instructor in advance if any changes are made to the schedule such as weather, sickness, and delay. All clinical absences must be made up, IF staffing allows and the make-up clinical is approved. A student will be dropped from the program if more than one clinical day is missed. Pre-clinical homework is due prior to the beginning of a clinical; if homework is found undone, the student will be sent home with a clinical failure for the day (also counted as an absence). Student will be evaluated by written evaluations and various clinical assignments assigned by the nursing instructor. Clinical grades are given on a pass/fail basis. Refer to the LPN handbook for further information regarding clinical expectations.

Grading Scale:	90-100%	A	4.0
	80-89	B	3.0
	<i>80% is a minimum passing grade</i>		
	70-79	C	2.0
	60-69	D	1.0
	59 or below	F	

Weekly Assignments.....	420 points
-ATI Virtual Modules x 12, minimum 1 hour spent (10 points/each).....	120 points
-Sim Homework/Concept map x 8 (15 points/each).....	120 points
-Unit Quizzes x 9 (20 points/each).....	180 points
Writing Assignment.....	50 points

Unit Exams.....900 points
 -x9 (100 points/each)

Comprehensive Exam.....200 points

 1,570 points
To calculate %, divide number of points earned by total number of points.

Date	Pre-Audio Lecture	Lecture Content (Rosdahl's Textbook of Basic Nsg)	ATI Books (Fundamentals & Med-Surg)	SIM & Virtual ATI
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Clinical Schedule:

You will receive your individual group clinical schedule through your assigned clinical instructor. Refer to the L/PN handbook for more information regarding clinical hours.

Week 1 1/7/16 (R) 9:00	Audio	<ul style="list-style-type: none"> ✓ Lecture: Cardiac Part I (Chap: 22, 81) -Identify the anatomy and physiology of the heart as well as the broader cardiovascular system -Identify the major laboratory and diagnostics tests for cardiac disorders -Distinguish among the major cardiac rhythms -Describe the major cardiovascular disorders and nursing considerations for each 	Fund: Section 29 (only cardiac); Chapter 49 (IV therapy) M/S: Unit 4 (Cardiovascular Disorders)	Simulation: Uncontrolled A-Fib ATI Learning System PN (Practice Test): Cardiovascular & Hematology ATI Skills Module: <ul style="list-style-type: none"> ▪ Physical Assessment -Step by Step Viewing: Focused Cardiac Exam (all) ▪ Medication Administration 4 (all) ▪ IV Therapy (all) ATI Skills Module: <ul style="list-style-type: none"> ▪ Central Access Devices (all)
Week 2 1/14/16 (R) 9:00	NO Audio	<ul style="list-style-type: none"> ✓ Lecture: Cardiac Part II 	Fund: None	ATI Skills Module: <ul style="list-style-type: none"> ▪ Central Access Devices (all)
Week 3 1/18/16 (M) 9:00	Audio	<ul style="list-style-type: none"> ✓ Quiz 1: Cardiac ✓ Skills Check Out: PIV insertion and Focused Cardiac Exam ✓ Lecture: Hematology System (Chap- hematology only: 23, 82- blood only) -Describe the structural and functional components of the blood -Differentiate between each type of blood and the various blood products. -Identify key blood disorders, diagnostic tests, treatments, and special nursing considerations. 	Fund: None M/S: Unit 5 (Hematologic Disorders)	Simulation: Blood Transfusion Reaction ATI Skills Module: <ul style="list-style-type: none"> ▪ Blood Administration (all)
1/20/16 (W) 9:00	N/A	<ul style="list-style-type: none"> ✓ Quiz 2: Hematology ✓ Math Quiz: Pass/Fail! 		
1/22/16 (F) 9:00	N/A	<ul style="list-style-type: none"> ✓ EXAM 1: Cardiology & Hematology~ 		
Week 4 1/28/16 (R) 9:00	Audio	<ul style="list-style-type: none"> ✓ South Dakota Board of Nursing (SDBON) Visit ✓ Quiz 3: Lymphatic & Oncology (Administered by Amber) ✓ Audio Lecture Only: Lymphatic Systems and Oncology (Chap: 23 Lymphatic only, Chap: 82- Lymph only, Chap: 83) -Describe the structural and functional components of the 	Fund: None M/S: Unit 13 (Cancer-Related Disorders)	Simulation TBA ATI Learning System PN (Practice Test): Oncology ATI Skills Module: Physical Assessment-

		<p>the lymphatic systems</p> <ul style="list-style-type: none"> -Identify key lymph disorders, diagnostic tests, treatments, and special nursing considerations. -Describe the various types of cancers, prevention methods, diagnostics, treatments, and special nursing considerations 		<p>Child</p> <ul style="list-style-type: none"> ▪ Accepting Practice: Ped Perspective, General Patient Survey, Vital Signs ▪ Step-By-Step Viewing: Vital Signs, Height/Weight ▪ Practice Challenges: All
2/1/16 (M)	N/A	<p align="center">~EXAM 2: Lymphatic & Oncology~</p>		
<p>Week 5 2/2/16 (T) 9:00</p>	Audio	<ul style="list-style-type: none"> ✓ Skills Check Out: <i>Central Line Dressing Change and IV Therapy (priming primary and secondary tubing; reconstituting & diluting vials)</i> ✓ Quiz 4: Respiratory ✓ Lecture: Respiratory (Chap: 25, 86, 87) <ul style="list-style-type: none"> -Describe the anatomy and physiology of the respiratory system, including the influencers of age -Identify the various types of respiratory disorders along with their diagnostics, treatments, and special nursing considerations -Describe indications for oxygen therapy and respiratory care. the various types of oxygen, concepts in its use, and the responsibilities of the nurse 	<p>Fund: Unit 2, Section 29 (only thorax)</p> <p>M/S: Unit 3 (Respiratory Disorders)</p>	<p>Simulation: CHF/COPD</p> <p>ATI Learning System PN (Practice Test): Respiratory</p> <p>ATI Skills Module:</p> <ul style="list-style-type: none"> ▪ Physical Assessment: Step-by-step viewing (Focused Respiratory Exam) ▪ Airway Management: Accepted Practice (Airway Management Types, Chest Physiotherapy)
2/8/16 (M)	N/A	<p align="center">~EXAM 3: Respiratory~</p> <ul style="list-style-type: none"> ✓ Skill Check Out: Child VS Quiz 		
<p>Week 6 2/11/16 (R) 9:00</p>	Audio	<ul style="list-style-type: none"> ✓ Lecture: Endocrine Part I (Chap: 20, 79) <ul style="list-style-type: none"> -Describe the structural and functional components of the endocrine system -Identify and distinguish among the various hormones and their functions -Describe how age affects hormones -Describe the major types of endocrine disorders, diagnostics, treatments, and special nursing considerations 	<p>Fund: Unit 4, Section 52 (Specimen Collection for Glucose Monitoring)</p> <p>M/S: Unit 12 (Endocrine Disorders)</p>	<p>Simulation: DKA</p> <p>ATI Skills Module:</p> <ul style="list-style-type: none"> ▪ Diabetes Management (all)
<p>Week 7 2/18/16 (R) 9:00</p>	NO Audio	<ul style="list-style-type: none"> ✓ Quiz 5: Endocrine ✓ Lecture: Endocrine Part II 		<p>ATI Learning System PN (Practice Test): Endocrine</p>

2/22/16 (M)	N/A	<p align="center">~EXAM 4: Endocrine~</p> <ul style="list-style-type: none"> ✓ <i>Skill Check Out: Focused Respiratory Exam and Identifying Lung Sounds</i> 		
<p>Week 8 2/24/16 (W) 9:00</p>	NO Audio	<ul style="list-style-type: none"> ✓ ~Quiz 6: Immunology, HIV & AID ✓ Lecture: Immunology & HIV/AIDS (Chap: 24, 84, 85) -Describe the structural and functional components of the immune system -Differentiate among the various types of immunity and factors influencing immunity -Identify the various types of allergic, immune, and autoimmune disorders along with their diagnostics, treatments, and special nursing considerations -Define and describe HIV and AIDS, the use of the EIA and Western blot in diagnosing, the role of CD4 cells, the major antiretroviral drugs, and opportunistic infections common with HIV/AIDS <p align="center">~EXAM 5: Immunology, HIV & AIDS~</p>	<p>Fund: None</p> <p>M/S: Unit 13, sections 73-75 (Immune System Disorders)</p>	<p>Simulation TBA</p> <p>ATI Learning System PN (Practice Test): Immune and Infectious</p> <p>ATI Skills Module:</p> <ul style="list-style-type: none"> ▪ Closed-Chest Drainage: Accepted Practice (Indications, Applying Nsg Process, Maintaining, Complications); Step-By-Step Viewing (Suctioning, Tracheostomy Care)
2/29/16 (M)	N/A	<ul style="list-style-type: none"> ✓ ~Quiz 7: Digestive ✓ Lecture: Digestive (Chap: 26, 88) -Describe the anatomy and physiology of the digestive system -Identify various digestive disorders along with their diagnostics, treatments, and special nursing considerations <p align="center">~EXAM 6: Digestive~</p>	<p>Fund: Unit7, Section 43 (p. 425 Ostomy Care)</p> <p>M/S: Unit 7 (Gastrointestinal Disorders)</p>	<p>Simulation: Intestinal Obstruction</p> <p>ATI Learning System PN (Practice Test): Gastrointestinal</p> <p>ATI Skills Module:</p> <ul style="list-style-type: none"> ▪ Ostomy Care (all)
3/9/16 (W)	N/A	<p align="center">~EXAM 6: Digestive~</p>		

<p>Week 10 3/11/16 (F) 9:00</p>	<p>NO Audio</p> <p>✓ Skill Check Out: Ostomy Care</p> <p>✓ Quiz 8: Male Reproductive & Urinary</p> <p>✓ Lecture: Male Reproductive System (Chap: 28, 90), STI's, and Urinary (Chap: 27, 89)</p> <p>-Describe the anatomy and physiology of the male reproductive system</p> <p>-Identify various male reproductive disorders along with their diagnostics, treatments, and special nursing considerations</p>	<p>Fund: None</p> <p>M/S: Unit 9, Sections 57-58 (Male Reproductive Disorders); Unit 8 (Renal Disorders)</p>	<p>Simulation: TBA</p> <p>ATI Learning System PN (Practice Test): Renal and Urinary</p> <p>ATI Skills Module: Health Care Fraud, Waste, and Abuse (all)</p>
<p>Week 11 NO CLASS</p>	<p>Audio Only & Case Study</p> <p>✓ Lecture: Female Reproductive System and Fertility (Chap: 29, 70, 91)</p> <p>-Articulate key concepts in human sexuality</p> <p>-Identify causes and treatments for infertility</p> <p>-Describe the various types of contraceptive methods and sterilizations</p> <p>-Describe the anatomy and physiology of the female reproductive system</p> <p>-Differentiate among the major STIs and core concepts in providing nursing education</p> <p>-Identify various female breast and reproductive disorders along with their diagnostics, treatments, and special nursing considerations</p>	<p>Fund: None</p> <p>M/S: Unit 9, Section 54-56 (Female Reproductive Disorders)</p>	<p>Simulation: TBA</p> <p>ATI Learning System PN (Practice Test): Fundamentals 1</p>
<p>Tentatively 3/21/16 (M)</p>	<p>N/A</p> <p>✓ Quiz 9: Female Reproductive and Fertility</p>		<p>Writing Project Due</p>
<p>Week 12 3/24/16 (R) 9:00</p>	<p>NO Audio</p> <p>~EXAM 7: Reproductive & Urinary~</p> <p>~Practice Assessment Adult Medical-Surgical Online Practice A~</p>		<p>ATI Learning System PN (Practice Test): Fundamentals 2</p> <p>ATI Learning System PN (Practice Test): Gerontology</p>